

CONTENTS

General meeting

- 1 Angling for steelhead
- 1 December meeting
- 1 Programs for 2013

Outings

- 2 September outings
- 2 Elk River, Fernie, B.C.
- 2 Wild Women of the Water – Metolius River
- 2 Deschutes R. steelhead trip

Education

- 3 Fall fishing
- 3 Tour the Round Butte Dam fish passage facility

Other News

- 3 August BBQ
- 3 Please help track COF volunteer efforts

Membership

- 4 Welcome new members

Kokanee Karnival

- 4 Second call for volunteers
- 4 Angler Education instructor class

Library News

- 5 Skagit Master 1
- 5 Skagit Master 2
- 5 Morris and Chan on Fly Fishing Trout Lakes

Legislative Update

- 5 Crooked River bill

Conservation

- 6 Fish mortality and warm water temperatures

Tyers Corner

- 7 Hot Pink Cougar

Next Cast Flyfishers

- 7 Volunteer for REALMS

Classified

- 7 For Sale: Beulah switch rod

RANDOM CAST

Summer is ending, days are shorter, nights are cooler, and the steelhead are making their way up the Deschutes. (Yea!) Fall fishing is different, and Kathleen has set up a class with Peter Bowers of the Patient Angler to help us figure out all of it. In addition, Damien Nurre will talk about angling for steelhead at the September program.

September is a big month for volunteering to support our community. I encourage everyone to pick a date and time to help COF with the Kokanee Karnival program for our local school children. I'll be at Spring Creek and hope to see some of you there – I could use the help.

– Eric Steele, President

GENERAL MEETING

Sep 19 | 6:30P.M. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Angling for steelhead

Damien Nurre of Deep Canyon Outfitters will present a program about angling for steelhead. Last fall, Göran Andersson (pronounced Yo-Rawn) of LOOP joined Damien on a float trip down the Deschutes River. Göran invented underhand casting (also called Scandinavian casting) in the middle of the last century. He has been perfecting the techniques and associated gear ever since. His ability to fish with little to no back cast space, in addition to his near superhuman oneness with the fly, has earned him the nickname “Magic Man.” Göran is a master Atlantic salmon angler who has landed over 5000 salmon. Many of his techniques for catching Atlantic salmon can be used while fishing for steelhead. Damien will share the experience of fishing with Göran for three days, and he will discuss the techniques he has been incorporating into his steelhead angling. If you're a steelhead angler, this program is a “can't miss” event.

December meeting

The December general meeting will continue the tradition of having local fly tiers demonstrate their techniques. Sherry Steele has graciously agreed to bring a few of her vices to the December general meeting and teach simple fly-tying techniques to beginners. Sherry's table was a big hit at last year's meeting. Come early to get a seat.

There will also be a gear swap during the meeting. Bring whatever you would like to sell. If you plan to tie, please contact Mike Tripp (programs@coflyfishers.org) so he can have enough tables available.

Programs for 2013

Our best programs are a result of member suggestions. If you have suggestions for next year's programs, let Mike Tripp (programs@coflyfishers.org) know as soon as possible. We are now scheduling programs for next year.

OUTINGS

2012 outings for September

As the 2012 outings season comes to a close, I encourage members to think about leading an outing in 2013. Think of fishing locations that you always look forward to visiting and consider offering a COF outing to that location. If the size of a group is a limiting factor, simply put a maximum participation cap on the trip. Members are always grateful when fellow COF members share their time, knowledge and expertise on an outing.

The September outing to Gold Lake has been canceled for this year. Brook trout have taken over the lake; the fantastic rainbow trout fishing the lake has been known for is a thing of the past. This outing will be considered in the future when reports indicate a rebound in the size and number of rainbow trout in the lake.

Keep in mind the fantastic trip to Fernie B.C that Randy Hill has organized for the week of September 8. For details, see page 2.

The September 27 Wild Women of the Water outing to the Metolius is currently full. For details about this outing, see page 2.

The grand finale of the outing season will be the annual trip to the Deschutes River below Maupin to angle for those wonderful, wild (hatchery too!) steelhead that swim into the river this time of year. If interested, contact Eric Steele.

– John Tackmier, Outings Coordinator
(outings@coflyfishers.org or 541-549-6252)

Elk River fishing trip, Fernie, B.C.

Sep 8-15 | Randy Hill (541-306-6591 or randy.hill24@gmail.com)

For details about this outing, see the July or August issue of the newsletter or contact Randy Hill (541-306-6591 or randy.hill24@gmail.com).

Wild Women of the Water – Metolius River

September 27 | 11:00 AM | The Fly Fisher's Place

Meet at The Flyfishers's Place (151 W Main Avenue, Sisters) at 11:00 A.M. on Thursday, Sep 27. We will caravan to the Wizard Falls Fish Hatchery in Camp Sherman. The outing is scheduled to end at 5:00 P.M., but be prepared to stay longer depending on conditions. Bring a rod and reel, waders, boots, leader, tippet and other fishing supplies plus lunch or snacks and beverage.

If you have any questions, contact Kris Tackmier (541-549-6252 or tack@bendbroadband.com).

This outing is full. If you wish to be placed on a waiting list, please contact Kris Tackmier (541-549-6252 or tack@bendbroadband.com).

OUTINGS 2012

Month	Date	Leader	Destination
Sep	8-15	Randy Hill	Fernie, B.C.
Sep	27	Kris Tackmier	Wild Women of the Water - Metolius River
Oct	7-10	Eric Steele	Lower Deschutes Steelhead

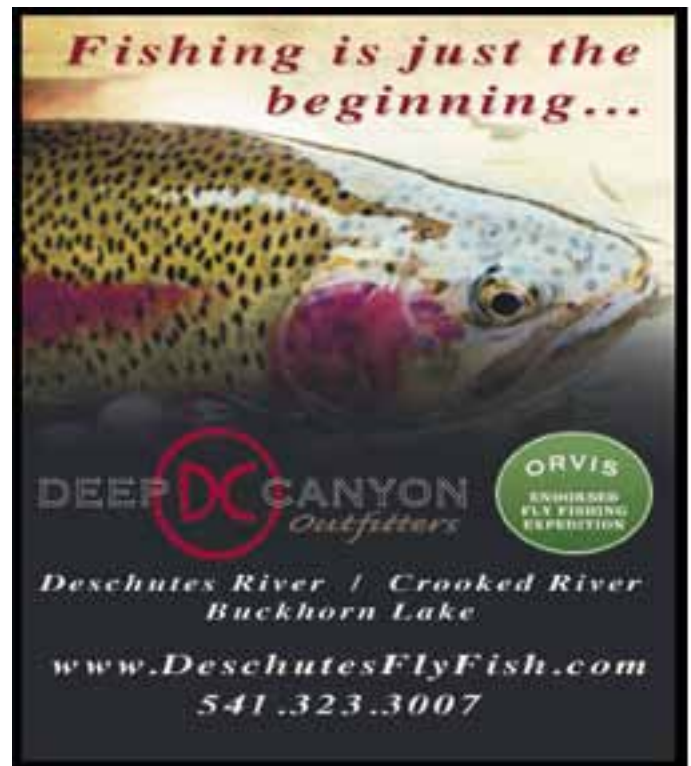
Deschutes River steelhead trip

Oct 7 to 10 | Beavertail campground

The COF annual steelhead trip to the lower Deschutes River will be Sunday, October 7 through Wednesday, October 10. Plan to camp at the large camping area at Beavertail campground. To ensure space at the campground and have shuttle support for your boat, you must sign up in advance.

There is a \$25 per night camping fee for the group campground, and the cost will be shared among campers. Everyone is responsible for their own meals. Those who will be floating down to Mack's Canyon will need to help with the car pool shuttle (14 miles round trip) each night. On Monday Oct 8, Tuesday Oct 9 and Wednesday Oct 10, The Fly Fisher's Place has graciously offered to provide guided trips for participants at a reduced rate of \$350 for two COF member fly fisher's per boat. There are currently two guides available for Monday, Tuesday and Wednesday. Interested COF members must contact Eric Steele directly for the additional important details and to reserve a COF-sponsored slot. All messages are date and time stamped – first come first served starting Aug 3. There will be a waiting list.

Questions and suggestions encouraged; contact trip leader Eric Steele (steelefly2@msn.com or cell 541-420-8108 or home 541-549-2072).



EDUCATION

Fall fishing

Sep 12 | 6:00 PM | Patient Angler

Peter Bowers of the Patient Angler has agreed to give a talk on fall fishing (the season, not the river). He will discuss steelhead, trout and the flies to use. He will also field questions. Meet at the Patient Angler fly shop at 6:00 P.M. on September 12. Please RSVP to Kathleen Schroeder (education@coflyfishers.org).

Tour the Round Butte Dam fish passage facility

Led by a PGE fisheries biologist, COF members will view the 80 to 100 million dollar facility that is designed to bring steelhead, Chinook and other salmon species back to their ancestral spawning grounds. If you have followed the habitat restoration at the Camp Polk Meadow Preserve, this field trip will give you a look at the facility that allows the fish to return to the meadow, along with the Crooked River and the Metolius River. For details about this process, visit the PGE website available at: www.deschutespassage.com

Biologists expect fish to arrive in good numbers during the end of October. The actual date of their arrival is sketchy, so the tour date of October 26 is tentative.

The tour is approximately two hours long. Snacks and warm clothing are encouraged. If you would like to join the tour, please send email to Kathleen Schroeder (education@coflyfishers.org).

Please help track COF volunteer efforts

How many hours and miles have COF members reported as volunteers so far this year?

2,125 hours and 10,326 miles!

Volunteer records are very important when we apply for grant money to maintain or improve programs such as Kokanee Karnival. These records provide a firm measure of performance that helps donors decide whether to award a grant. We also use these records every year to award a prize to each member who has volunteered 30 hours for the first time.

But, we don't think all the hours and miles are reported, so we're hoping to improve. When there's a volunteer sign-in sheet at an event, please remember to sign in and submit the hours you worked (including travel time to get there and back home) and round-trip mileage if you drove. If you were a passenger, just put zero miles. The event coordinator will submit the sign-in sheet for recording.

If no sign-in sheet was available, or you forgot to sign in at a volunteer event, just email the following information to Dick Olson (Fishingfool.Olson@gmail.com):

- Your Name
- Event Name
- Date
- Hours
- Miles You Drove (Round trip)

If you don't have email, simply write a note and give it to Dick at the next meeting or call (541-383-4412).

Thank you all for your efforts!

OTHER NEWS

August BBQ

Thanks to everyone who participated in the August BBQ/Picnic at Aspen Hall. So many people, more than we can mention, helped to set up, cook and clean. And members contributed a variety of delicious side dishes and desserts. Attendance was excellent. My count was 75 people.

Hope everyone had a good time and went home stuffed. If you have suggestions for next year's picnic, please let me know.

—Herb Blank



FLY FISH
CENTRAL OREGON
WITH THE EXPERTS FROM
THE FLY FISHER'S PLACE.

FULL-SERVICE SHOP, GUIDED TRIPS,
INDIVIDUAL AND GROUP LESSONS.
PRIVATE LAKE ACCESS AND THE
BEST FLY SELECTION IN THE NORTHWEST!

The Fly Fisher's Place

FIRST CLASS IN SERVICE,
SELECTION & KNOWLEDGE

541-549-FISH | 151 W. MAIN AVE., SISTERS | OPEN 7 DAYS A WEEK
GREENDRAKEHATCH@GMAIL.COM | WWW.FLYFISHERSPPLACE.COM

MEMBERSHIP

To join, go to coflyfishers.org to print a form. Current rosters are available by request, so please contact me at the next meeting or send email to membership@coflyfishers.org with ROSTER as the subject.

– Gary Meyer, Membership Chair

Welcome New Members

David Lawrence

Catherine & Cameron M. Peterson

Gary & Susan Hood

Troy Jordan & Amy Howes

Tami Marshall

Patrick & Linda Martin



Mike Tripp with a nice rainbow caught on the Wood River. PHOTO: Yancy Lind



Kokanee Carnival Fall Streamside

September 24 through 28 2012

Second call for volunteers

We need more volunteers to adequately staff the program at Spring and Brown's creek. We need COF members with experience to lead a station, and we need volunteers with no experience to assist the leaders. New volunteers will be teamed with an experienced volunteer. The Kokanee Carnival stations are not complicated, and the material is easy to learn. Kokanee Carnival can provide an outline for each station.

To volunteer, contact

Frank Turek (waldo1ft@msn.com or 541318-7507)

OR

Jen Luke (Jennifer.a.luke@state.or.us or 541 633-1113)

OR

Sign up at the COF general meeting.

Angler Education instructor class

A great way to volunteer and feel empowered to teach kids as well as adults is to get involved with the ODFW Angler Education program. The course entails filling out an application and attending a one-day session held at ODFW in Bend. ODFW will provide lunch and all the course materials.

To sign up for the fall class, contact Dan Pebbles (206-618-8917 or pebbles@tyeeinl.com)

or Jen Luke (Jennifer.a.luke@state.or.us or 541-633-1113)
or Frank Turek (waldo1ft@msn.com or 541-318-7507).

Fly + Field
OUTFITTERS

NEW Website - www.flyandfield.com

- Up to date fishing reports
- Real-time river & weather conditions

Guided Fly-Fishing Adventures

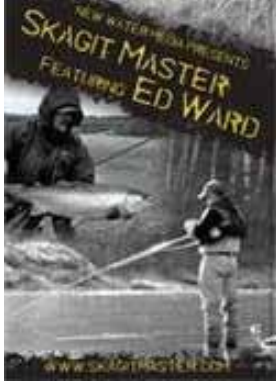
- Deschutes, Crooked and Fall rivers
- Cascade Lakes
- Trout and steelhead

Full-Service Fly Shop

35 SW Century Dr., Bend OR 97702 ■ 541-318-1616 ■ www.flyandfield.com

LIBRARY NEWS

Three excellent new items will be added to the library this month. At the September general meeting, each item will be available on the library table, which is in front of the library cabinet. During the September COF general meeting, stop and look at these new items and other library items.

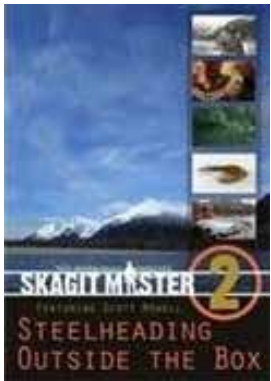


Skagit Master 1

tutorial DVD featuring Ed Ward, about 120 minutes

From the back cover of Skagit Master 1: “Ed Ward has many nicknames. Zen Master. Laser Jedi Knight. Obi Wan. The Skagit Guru. To all he humbly says ‘Hey, I’m just a guy who likes to fish’. Yeah right. From the remote steelhead rivers of Kamchatka, to his home waters on

the Skagit and beyond, Ed goes fishing and draws on-lookers in the process. Ed’s reputation as an innovative steelheader and fly tier is global. He has advised rod and line manufacturers in the development of products designed to compliment Skagit Casting and make steelhead fishing with a two-handed rod the most efficient, effective and pleasurable experience possible. *Skagit Master – Featuring Ed Ward* finally presents Skagit Casting Ed’s way.”



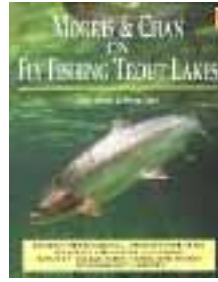
Skagit Master 2

tutorial DVD featuring Scott Howell, about 120 minutes

“Filmed in British Columbia and Oregon, *Steelheading Outside the Box* is the most insightful, technique-focused steelhead film in over twenty years. There are no indicators or dead drifted nymphs in this film, just deeply sunk swinging flies jacked by Skagit Flight and Skagit Short

shooting heads, wicked looking custom Intruders and water spitting popping bugs chugging behind the latest high tech Scandi heads; it’s steelheading Scott’s way. Whether he’s dropping a cone head Prom Dress through 10 feet of cold inter flow to a short piece of holding water or popping a foam flipped Ska-opper over a roily boulder patch, Scott knows where fish live and how to make them respond.

Few other “how to” films deliver the goods. From the intimate coastal streams of Northern B.C. to his home waters in Oregon, Scott Howell goes fishing and shares techniques he developed throughout his career and lands over a dozen wild steelhead in the process.



Morris and Chan on Fly Fishing Trout Lakes

Finally a book that can easily be called “the classic,” “a gem,” “the best,” etc. is a superb source of information about trout fishing on lakes. Skip Morris and Brian Chan’s book is as good as it gets. Scope of content, clear writing, illustrations, charts, graphs and photographs make this text a precise, and easily understood, presentation of all knowledge you would ever reasonably need to become a successful stillwater angler.

– John Tackmier, librarian, outings@coflyfishers.org

LEGISLATIVE UPDATE

Crooked River bill

On August 2 Senators Jeff Merkley and Ron Wyden introduced a bill in the US Senate called the “Crooked River Collaborative Water Security Act.” This bill is of significance to all COF members and is due in part to work that many of us undertook with direct lobbying and letter writing. A big thank you to all COF members who took the time to write a letter. I heard from Senator Merkley’s office that it really did make a difference.

Rep. Greg Walden introduced a similar measure in the House earlier this year. Merkley’s bill incorporates and builds on many elements from Walden’s bill. One element is to allocate water from Prineville Reservoir to the City of Prineville. Everyone acknowledges that Prineville needs more water.

Another broadly supported element is to move the Wild and Scenic boundary from the top of Bowman Dam one quarter mile downstream. While no plans are firmly in place, this boundary move may allow for a hydro power plant to be installed. Both bills allow for the long process of review and permitting to begin.

Both bills allow for farmland bordering McKay Creek to be incorporated into the Ochoco Irrigation District and provide various contract changes that will allow OID to participate in water conservation programs in the future.

continued on next page

LIND | WHITE GROUP

Yancy Lind & Eric White

Financial Planning & Investment Management



Merrill Lynch
Wealth Management®

PROUD SUPPORTERS OF COF

541-312-6821 | yancy_lind@ml.com

One element of Rep. Walden's bill, however, was of concern to COF. Specifically, Walden's bill provided even greater control of the water in Prineville Reservoir to Crook County irrigators. In some scenarios there would not be enough water in the Crooked River to support fish. The survival of resident trout and whitefish, as well as newly reintroduced salmon and steelhead, could be imperiled. To be fair, Walden's bill does provide for improved flows in McKay Creek, a historically important spawning ground for steelhead, but it does so at the expense of water in the Crooked River.

For this reason, a coalition of local, state, and national angling and conservation groups banded together to ask that negotiations continue. Local organizations included Central Oregon Flyfishers, Deschutes Trout Unlimited, Sunriver Anglers and Deschutes Basin NW Steelheaders. State and national groups included WaterWatch, American Rivers, Trout Unlimited, Association of NW Steelheaders, Native Fish Society and National Wildlife Federation.

Senator Jeff Merkley heard our concerns, took a strong leadership role, and worked diligently for many months to build on Rep. Walden's bill. Senator Merkley ultimately crafted a compromise solution that is acceptable to all stakeholders: the City of Prineville, hydro power operators, Crook County irrigators, the Confederated Tribes of Warm Springs, as well as angling and conservation organizations.

Senator Merkley's bill alleviates concerns by most in the conservation community by providing a major breakthrough for fish and wildlife. It legislates that all water in Prineville Reservoir not allocated to the City of Prineville or currently allocated to irrigators be managed for the benefit of downstream fish and wildlife. Water will now be stored for the benefit of fish and wildlife and released when they need it most.

The nature of compromise means that the bill does not completely satisfy everyone and some COF members do not think it goes far enough. In low water years irrigators still get all their water and there may be a negative impact on fish as is the case today. But with the ability to store and release water specifically for the benefit of fish, managers should be able to make adequate plans to alleviate most drought impacts. This is a significant step forward from the current status quo.

This story is not over. The bill must make its way through the Senate and be accepted by the House. That process will begin in September.

While many COF members helped in this effort, several individuals spent considerable time on this issue: Bill Seitz, Mike Tripp, John Anderson, Dave Dunahay and myself. Some represented COF, others wore the hats of other organizations in these negotiations, but it is through our joint history as COF members that we were able to effectively work together and achieve this accomplishment.

– Yancy Lind

CONSERVATION

Fish mortality and warm water temperatures: How you play and land a fish is a matter of life and death

This article appeared in the September 2011 COF newsletter. However, it is useful to new and old members to keep in mind the impact of angling on trout in warm waters.

As I write this article, it is 100° F outside. As I have stated in previous articles, catching and releasing trout in streams with warm temperatures increases fish mortality. A recent article in American Angler provides a good summary. The Colorado Division of Wildlife (DOW) has developed a program to help anglers better understand the causes of mortality in fish that have been caught and released. The variables that DOW considered include water temperature, length of fight and the amount of time the fish was kept out of the water. (The control fish was an 18-inch trout.) There was no distinction made between lures and flies, and the chart below applies only for "superficially hooked" fish. If the hook is swallowed or buried in the gills, the chances that the fish will die certainly go up, and statistics for fish caught with bait showed significantly higher mortality. What is clear from the numbers below is that the faster you land a fish, the better. And leaving the fish in the water while you unhook it can double its chances of survival. These rules become increasingly important as water temperature rises.

Variables Affecting Fish Mortality			
Water Temp (degrees)	Playing Time (minutes)	Time out of Water (minutes)	Probability of Death
60	4	1.5	10%
70	4	1.5	17%
60	2	1	5%
70	2	1	8%
60	2	0	3%
70	2	0	5%
60	4	0	5%

So, COFers here is the take home message: Carry a stream thermometer so you can determine the water temperature, try to play the fish a short time (might want to use a 5-weight instead of a 3-weight rod) and never take the fish out of the water.

– Bill Seitz, conservation chair

TYERS CORNER

As the popularity of the Lights Out (LO) fly pattern spreads, I get more and more requests for the pattern. (See the October 2011 COF Newsletter.) My fishing partners and I have used this fly all spring and summer this year on the Crooked River, and we have caught hundreds of redbands and mountain whitefish. I have been using various versions of the LO this summer with great success. The original LO recipe has evolved with changes in material and color for the tail, body and collar. Try substituting chartreuse Uni-wire for the rib and fluorescent chartreuse thread for the collar.

Other patterns that have worked great on the Crooked this summer are the Frenchie (basically a pheasant tail nymph with a fluorescent shell pink Ice Dub thorax) and the Prince nymph. I have included a photo of a fly that I call the Hot Pink Cougar (Cougar). This pattern combines the components of the LO, the Frenchie and the Prince. The fly is basically a LO with hot pink wire, fluorescent pink collar and a wing of UV Angel Hair. Tie all patterns on a size 16 nymph hook, 1X heavy, 1X long. All versions use hot spot collars, UV dubbing and wings. Rainbows and whitefish love hot spots and UV material. Tie a few of these versions and give them a try.

– Bill Seitz

Hot Pink Cougar



Lights Out



Hook: #16, 1X heavy, 1X long, nymph hook

Bead: 2 mm glass or metal bead, black

Thread: Uni-thread, 8/0, black

Tail: 12 to 20 strands tan Fluorofiber and two strands peacock Krystal Flash

Rib: hot pink Uni-wire

Body: Ice Dub UV Black

Wing: UV Angel Hair

Collar: fluorescent thread, pink (Danville's 100 or other brand)

1. Pinch the barb and place a small black glass bead on the hook. (Or substitute a 2 mm black metal bead.) Start the thread.
2. Tie in a tail of 12 to 20 strands of tan Fluorofiber and two strands of peacock Krystal Flash. The tail should equal the body length.
3. Tie in a two-inch piece of small, hot pink Uni-wire; dub the body.
4. Tie in a wing of UV Angel Hair and trim wing so it is even with body. Whip finish with the black thread.
5. Wrap a collar of pink fluorescent thread, whip finish and treat with head cement. (I use Fusion glue diluted to 50:50 with water.)

NEXT CAST FLYFISHERS

Volunteer for REALMS

Youth fly-fishing classes at the local Bend charter school REALMS will begin in September and continue through December. Add these classes to your calendar before you take off to warmer climates! Classes will be held on Friday afternoons from 1:15 P.M. to 2:40 P.M. Classes are listed on the COF calendar, including the topic and the session leader and contact information. Please contact Karen Kreft (next-cast@coflyfishers.org) or the individual session leader for any details.

Sep 14	Introduction to fly fishing
Sep 21	Fly-fishing equipment, leaders, lines, tippets, knots
Sep 28	Fly casting
Oct 5	Fly casting at Orvis casting ponds
Oct 19	Fly fishing at Bend Pine Nursery
Oct 26	Insect identification
Nov 2	Conservation
Nov 9	Field trip for insect collection and identification and conservation
Nov 30 & Dec 14	Fly tying
Dec 21	Wrap up

CLASSIFIED

FOR SALE - Beulah switch rod, 7/8 weight, 10 feet 6 inches, never been used, asking \$175. Contact: Tom Philiben (541-390-8179).

Central Oregon Flyfishers Upstream Events 2012

Date	Time	Activity	Location	Contact
SEPTEMBER				
Sep 6	6:30 pm	monthly board mtg.	Environmental Center	Eric Steele (president@coflyfishers.org)
Sep 8-15		OUTING	Fernie, B.C.	Randy Hill (randy.hill24@gmail.com)
Sep 12	6:00 pm	EDUCATION	Patient Angler	Kathleen Schroeder (education@coflyfishers.org)
Sep 14, 21, 28	1:15 pm	REALMS	REALMS Charter School	Karen Kreft (nextcastflyfishers.org)
Sep 19	7:00 pm	general meeting	Bend Senior Center	
Sep 24-28		Kokanee Karnival		Frank Turek (waldo1ft@msn.com)
Sep 27		Wild Women of the Water	Metolius River	Kris Tackmier (tack@bendbroadband.com)
IN THE FUTURE				
Oct 5, 19, 26		REALMS	REALMS Charter School	Karen Kreft (nextcastflyfishers.org)
Oct 7-10		OUTING	steelhead on the Deschutes R.	Eric Steele (president@coflyfishers.org)
Oct 26		EDUCATION	Round Butte Dam	Kathleen Schroeder (education@coflyfishers.org)
NON-CLUB ACTIVITIES & FYI 2012				
Sep 22, 9:00 am to 4:30 pm, North Umpqua Fall Fly Tying Festival, Glide, OR, www.uvff.org				
Oct 18 to 21, National Team USA Competition, Bend, OR, Matt Paluch (mattpaluch@gmail.com)				

2012 COF Board Members: Eric Steele PRESIDENT Dave Dunahay VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY Mike Tripp Programs
 Howard Olson Banquet John Tackmier Outings Karen Kreft Next Cast Flyfishers Lee Ann Ross Past President Gary Meyer Membership Bill Seitz Conservation
 Debbie Norton Raffle Kathy Schroeder Education Frank Turek Kokanee Karnival

Membership application available from: <http://www.coflyfishers.org>
 For advertising information, call Mike Shadrach at 541-678-5717.



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active member club

For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm