

The Central Oregon Flyfisher

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RANDOM CAST

The first North American Casting Competition took place on the Orvis 18-hole casting course in the Old Mill District September 18 through 20. It was a blast! World-class casting champions were in Bend for the weekend, and dozens of Central Oregon Flyfishers participated, volunteered or just observed a great event.

My wife, Vivian, reluctantly agreed to participate in the amateur casting clinic/competition on Friday afternoon. Vivian, like many other anglers, feels timid about having others watch while she casts. Vivian has a wonderful cast, and when the event ended, she admitted that she had a great time. In fact, she returned on Saturday as a volunteer for the Men's Pro competition. On Sunday, she and I watched the Women's Pro competition. On Monday, Vivian returned once again to play the course for the first time! I have played the course several times, so I know how much fun it can be and how much the course challenges one's skill. Vivian is now hooked on practicing at the course. The course has been available to the public for nearly a year, but it has seen light use. Since the casting competition, usage has increased dramatically! The course is challenging and fun regardless of your casting ability. There are three levels of casting difficulty, so beginners and experts are challenged.

In August, I suggested that members meet at the new Pine Nursery on Wednesday evenings to work on their casting skills. A few members have participated. The educational program for October will be held at the Orvis 18-hole casting course. I hope you show up and try out the course. I know you'll have fun. Maybe practicing at the course will become a regular COF event.

COF is offering some excellent fishing opportunities in October. The annual lower Deschutes steelhead trip will be held October 8 through 10. This year is a fantastic one for steelhead fishing, so this trip should be a great opportunity to hook into a steelhead or two. During the same weekend, there will be an outing to Diamond Lake. Diamond Lake has been producing some very healthy and athletic fish over the past couple of years; October can be a good month to hook up with these fat, feisty footballs. I've been hearing some great reports from all over Central Oregon this fall. October is a wonderful month for fishing. Get out there.

— Dennis Rockwell



GENERAL MEETING

Rain forest cutthroat–rain shadow cutthroat

Oct 21 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Doug Rose is an outdoor writer and fly-fishing guide based on Washington's Olympic Peninsula. He has written three fly fishing books: *Olympic Peninsula Fly Fishing*, *The Color of Winter–Steelhead Fly Fishing on the Olympic Peninsula*, and most recently, the *Fly-Fishing Guide to the Olympic Peninsula*. His articles have appeared in *Fly Fisherman*, *American Angler*, *Fly Fishing and Tying Journal*, *Wildfowl*, *Traveling Wingshooter* and *Northwest Fly Fishing*. He posts regularly on Olympic Peninsula fly fishing on the blog of his website www.dougroseflyfishing.com. His guiding focuses on steelhead and sea-run cutthroat on the rivers that drain the West End of the Olympic Peninsula and the saltwater cutthroat beaches of the peninsula's northeast "rain shadow."

Doug's talk will be "Rain Forest Cutthroat–Rain Shadow Cutthroat." It will profile the Olympic Peninsula's productive and diverse sea-run cutthroat fisheries. Although they are only about two hours apart, the saltwater beaches of northern Hood Canal and Admiralty Inlet and the rain forest rivers on the coast provide very different settings and fishing. The saltwater fishery, which is open year-round and most productive between March and November, targets cutthroat as they roam the nearshore oyster bars and estuaries. On the West End, the best fishing occurs in the Hoh, Queets, Sol Duc, Bogachiel and Calawah rivers, and it takes place when the fish return from the salt, typically between mid-summer and November, with a mid-September through early October peak.

OUTINGS

Want to lead a trip? Have questions or comments? Please contact me.

– Yancy Lind, Outings Coordinator
yancy_lind@ml.com or 788-5514

Outings 2009			
Month	Day	Leader	Destination
Oct	10-11	Scott Robertson	Diamond Lake
Oct	8-11	Larry Godfrey	Lower Deschutes (steelhead)
Nov	21	Bill Seitz	Crooked R. cleanup & outing

Diamond Lake outing

October 10-11

The Diamond Lake outing has been rescheduled for the weekend of October 10 to 11, weather permitting. Sarah and I plan to take our trailer to Broken Arrow Campground on Friday, October 9 and come home in the evening on Sunday. If you want to camp, join us there. If you want to come out for just the day, meet at the South Shore Boat Ramp at 8:00 a.m. on Saturday and Sunday. Sarah and I will have bowls of stew and Sarah's famous Dutch oven cobbler available for whoever wants to join us at our camp at 4:00 p.m. on Saturday.

Please RSVP (541-598-7983 or scottrobertson@writeme.com) so we can have enough stew and cobbler available for everyone.

Gear to bring: float tube, pontoon boat or other type of boat; slow-sinking line (intermediate, ghost tip or hover line); 4x and 3x fluorocarbon tippet; leech patterns in black, brown and olive, size 10 to 6; Cary Special, size 10 to 6 or your favorite dragon fly nymph pattern

NOTE: If the weather is questionable, please contact me to make sure the trip is still scheduled.

Scott and Sarah Robertson
sarahrobertson@writeme.com or scottrobertson@writeme.com
541-598-7983

Maps of Diamond Lake

Five maps of Diamond Lake (bathymetry, base map with contours, topographical map, area map and orthophoto map) are available from: http://www.dfw.state.or.us/fish/diamond_lake/maps/

All maps may be downloaded and printed.

– Lee Ann Ross

Lower Deschutes (steelhead)

Oct 8 to 11 | Beavertail campground

Steelhead are on their way up the Deschutes River. So far, there have been record-breaking counts of migrating steelhead. The COF annual trip to the lower Deschutes will be Thursday, October 8 through Sunday, October 11. For the past four years, we have camped at the large camping area at Beavertail campground, which is about 20 miles below

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www.carbonesflyfishing.com

Maupin. (There is a \$25 per night camping fee for this site. The cost will be shared among all campers.) Everyone is responsible for their own meals. We will get together in the evenings to swap stories. If you plan to boat the river on any boat, including a pontoon boat, you'll need a boater's permit. To obtain a permit, go to www.boaterpass.com. If you plan to attend, contact Larry Godfrey (382-5860 or lgodfrey@bendbroadband.com).

- Larry Godfrey

Third annual Crooked River Cleanup and outing

Nov 21 | Big Bend Campground | 9:00 a.m.

The Central Oregon Flyfishers will hold its third annual Crooked River Cleanup on Saturday, November 21. Last year's cleanup effort on the 12 miles of river below the Bowman Dam was a big success due to volunteer effort by more than 50 COF members. Like last year, we'll meet at Big Bend Campground (the campground just downstream from Bowman Dam) at 9:00 a.m. Around 1 p.m., we'll meet at the campground again for lunch. Dave Dunahay has agreed to cook hamburgers with all the fixings. After lunch, the club will have an outing on the river. Members will be available to provide instructions for nymphing. This cleanup is a good opportunity to volunteer for a club conservation activity, get a free lunch and catch a few rainbows and lots of whitefish. If you would like to help, email me (wseitz@bendbroadband.com) so we can we can get a head count for lunch.

- Bill Seitz

EDUCATION

Improve your casting technique

Oct 14 | Orvis Casting Course | 5:30 p.m.

Many of the volunteers at the Orvis casting competition asked if we could organize an evening of casting at the Orvis course. This month's educational activity will be on Wednesday, October 14 at the Orvis Casting Course. Kevney will be available to provide casting tips. Meet at the Orvis store at 5:30 p.m. I found the single best rod was a 7 weight. Come on down and have some fun.

For more information, contact Lee Ann Ross (rossleeann@yahoo.com or 312-2568).

VOLUNTEER OPPORTUNITIES

Salmon Watch!

Get outdoors and teach kids about native fish and their home waters during a one-day streamside field trip. Salmon Watch will be held during the first two weeks in October. For more information, contact Kolleen Yake.

- Kolleen Yake

kolleen@thefreshwatertrust.org or 541-382-6103 X33

www.thefreshwatertrust.org

OTHER NEWS

Positions available on the COF board

It's that time of year when we replace COF board members whose terms have expired, and there will be several open board positions. As a board member, you have the opportunity to meet other fly fishers, learn what makes the club tick and just have fun. If you're interested in serving your club by becoming a board member or wish to nominate someone, please contact Dick Olson (383-4412 or richardolson@bendbroadband.com) as soon as possible.

Board members serve for two years, and all members of COF are eligible to serve. The 2010 proposed Board of Directors slate will be presented for a confirming vote by all members at the November general meeting.

- Dick Olson

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COF Members get 15% off 2009 Freshwater Fishing Trips!

Lava lakes outing report

On September 22, six COF members ventured up to the Lava lakes to see if the summer doldrums had passed. One or two would probably agree they had, but some of us would definitely disagree. Playing the role of the good host, I let the others have the few fish that were participating in the bite. I didn't have a touch! Joining me in the sacrifice was Captain of the Boat, Steve Sheldon, indicating that the boat had a certain stench that seemed to grow throughout the day.

Most of the others, including Bill Raleigh, Tom Philiben, Frank McKim and newcomer Tom Gwiazdon, all landed a fish or two. At last count, Tom G. had the most at five, which was a good day, considering the conditions, which included at least two and a half hours of strong winds and whitecaps.

The day after this outing, Bob Griffin and I went to Diamond Lake and ran into several COF members; all reported sparse catching. Everyone was out on the water for lengthy periods of time with little success. I hate to admit it was another skunk for me. Two days in a row!

It could be that things are or will be picking up once the weather cools just a bit more. And I believe that if the wind hadn't been so brisk we might have done better both days. Here's to some great October fishing!

– Mark Reisinger

Secure your gear at Trout Creek

Herb and I had our trailer shuttled to Trout Creek in late September. When we picked it up, we found that the straps to our cooler and water jug had been sliced; both the jug and cooler were gone. I recommend that you store as much gear as possible in your car.

– Lee Ann Ross

It's coming

The date for the annual COF banquet and fundraiser will be Saturday, April 10, 2010. For more information, contact Eric Steele (steelefly2@msn.com or call 549-2072).

CLASSIFIED

FOR SALE: Simms G4 Guide Wading Boots with carbide studs added, size 10, worn twice. New \$219.95 + \$40 studs. Will sell for \$200 or best offer. Call Dave Semich at 382-1969.

If you catch a FLOY-tagged fish

Please report the following information:

1. FLOY tag number (5-digit number) if readable, otherwise please report the tag without number
2. Species captured
3. Location of capture
4. Approximate size of fish

Please report FLOY tag information to: Shivonne Nesbit (Shivonne.nesbit@oregonstate.edu or 541-805-530) **OR Mike Harrington** (ODFW Prineville Fish Biologist, Michael.R.Harrington@state.or.us or 541-447-5111).

CONSERVATION

Aquatic Invasive Species Legislation 2009

In 2009, the state legislature passed three bills that were subsequently signed by the governor. There will be more public information on the legislation, but I thought I'd give you a heads up. Two bills that are pertinent to members of the Central Oregon Flyfishers are HB 2220 and SB 571.

HB 2220 – Inspection of recreational or commercial watercraft for the presence of aquatic invasive species

This bill authorizes the Oregon Department of Fish and Wildlife (ODFW), the State Marine Board and the Oregon Department of Agriculture to:

1. Operate check stations to inspect recreational or commercial watercraft for the presence of aquatic invasive species
2. Decontaminate or recommend decontamination of any recreational watercraft or commercial watercraft at a check station.

Anyone who knowingly transports an invasive species on a recreational or commercial watercraft can be fined up to \$6,250. Fines increase for subsequent violations. All persons who operate a manually propelled boat 10 feet or longer or a motorboat on Oregon waters must obtain an aquatic invasive species prevention permit from the State Board of Marine. Owners of manually propelled boats can use the permit on any manually propelled boat. A biennial fee for the motorboat is \$5. An annual fee for a manually operated boat is \$5.

SB 571 – Transportation of Live Fish

Under this bill, existing Oregon law (ORS 498.222) was amended to:

1. Require persons to obtain a permit from the State Fish and Wildlife Commission to transport any live fish
2. Prohibits persons from releasing into any body of water in Oregon any live fish that was not taken from that body of water unless they have a permit.

The commission can refuse to issue a permit if it finds that the release of fish into a body of water would adversely affect existing fish populations. Violations can be classed as a Class C felony if they are committed recklessly or with criminal negligence. Violations can result in the loss of the fishing license for five years and for the recovery of costs to control or eradicate the released fish into a body of water.

– Bill Seitz, Conservation Chair

TYERS CORNER

It has been a great summer. Although fall is trying to creep in, it looks like good weather will be with us for awhile. The fishing has been a little slow, but reports so far indicate that this steelhead season could be one to remember. I am going to give it a try when I return from a trip to California. My trip will begin with my daughter's wedding on September 19. I plan to fish some of the waters that I fished in the 1980s, when I began fly fishing. I'll give you a report next month.

Kokanee Karnival season is here! All members, including new members, should volunteer for this event or at least attend one day and see what all the excitement is about. Kokanee Karnival classroom activities will go on through the remainder of this year and continue into 2010. We need your help in many areas. I hope to see you at Brown's or Spring creek.

I did some research and called guides and shops in our area before selecting this month's fly. With all the great new patterns and styles of flies now being used, it is some of the old standard hairwing patterns that still catch fish on a regular basis: Green Butted Skunk, Macks Canyon, Coal Car, Enchantress and the fly I chose for this month, the Freight Train. The Freight Train is one of Randall Kaufmann's most famous patterns. It originated in late 1970s and has evolved many times along the way. The fly I feature here includes some changes that I found interesting; I think the changes enhance this great fly. Have fun and experiment. Who knows? You might find your own great fly for catching the elusive steelhead. Good luck and happy hunting.

—Jerry Criss (541-536-3581 or tlfly44@msn.com)



Freight Train

- Hook: standard steelhead hook, #2 to #8 (The hook I chose is an Alec Jackson spey fly hook #7.)
- Thread: black
- Tail: purple hackle tips
- Body: ¼ red and orange wool, ¼ red wool, and ½ black chenille
- Rib: fine oval tinsel
- Hackle: purple hackle
- Wing: rad floss or krystal flash, with natural polar bear over the top

Start the thread and take it back to the hook barb; tie in the tail material and the ribbing. Now dub the orange wool and wrap forward; remember the portions of the materials being used. Dub the red wool and then tie the black chenille. With care and good spacing, wrap the tinsel forward. (Note: There are only five wraps of rib in most steelhead flies, so keep your spacing correct.) With the rib secure, tie in the hackle, and wind at least four wraps of hackle and tie off. Tie in the krystal flash and then the polar bear wing material. (Tip for tying hairwings: Measure and cut the wing material to the exact length you want. This removes the extra butt ends that always seem to mess up the head area. You will be amazed how much this does for creating a very small and neat head.)

Report your volunteer hours!

Your volunteer hours help COF to acquire funding and grants for additional projects. Please report your volunteer hours to Delores Marsh. Be sure to include your name, name of the event, month, number of hours and number of miles.

To report your volunteer hours, click [here](#) or send email to ladyd@bendcable.com.

Welcome New & Returning Members

New member: Jim Rowen
Returning member: Bill Day

COF currently has 238 members. Thank you to the 13 members who have elected to change their hardcopy version of the newsletter to the online version. This change will save COF about \$14.00 per month, giving the club an extra \$169.00 a year for other uses.

If your name, address, email or phone number changes, please notify the Membership chair (membership@coflyfishers.org).

Central Oregon Flyfishers Up-Stream Events 2009

Date	Time	Activity	Location	Contact
OCTOBER				
Oct 1		monthly board mtg.	Environmental Center	Dennis Rockwell (rockwell@bendcable.com)
Oct 8-11		OUTING	Beavertail CG, Deschutes R.	Larry Godfrey (382-5860 or lgodfrey@bend-broadband.com)
Oct 10-11		OUTING	Diamond Lake	Scott Robertson (598-7983 or scottrobertson@write.me.com)
Oct 14	5:30 pm	CLASS	Orvis Casting Course	Lee Ann Ross (rossleeann@yahoo.com)
Oct 21	6:30 pm	general meeting	Bend Senior Center	
IN THE FUTURE				
Nov 21	9:00 am	RIVER CLEANUP & OUTING	Bill Seitz	

2009 COF Board Members: **Dennis Rockwell** PRESIDENT **Dick Olson** VICE PRESIDENT **Susan Telford** TREASURER **Earl Rettig** SECRETARY **Dave Magaret** Programs **Eric Steele** Banquet, Fund raising **Yancy Lind** Past President/Outings **Craig Dennis** Membership **Bill Seitz** Conservation **Lee Ann Ross** Education **Dave Dunahay** Kokanee Carnival **Delores Marsh** Wild Women of the Water/Membership

Membership application available from: <http://www.coflyfishers.org>

For advertising information, call Mike Shadrach at 541-678-5717.



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active member club

For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm Editor & Designer, Scott & Sarah Robertson Distribution