

The Central Oregon Flyfisher

Vol. 30, Number 10, October 2007

GENERAL MEETING

Oct 17

6:30 - 8:30

Bend Senior Center, 1600
SE Reed Market Rd

NEXT OUTING

Oct 13

Hosmer Lake

VOLUNTEER

Oct 5-7 & Oct 23
Crooked River Study
Fish Egg Deliveries
See pages 3 & 4.

UP-STREAM EVENTS CALENDAR

See page 7.

2007 COF Board Members

Dave Semich

PRESIDENT

Yancy Lind

VICE PRESIDENT

Education

Bob Cooper

TREASURER

Joel Bailie

SECRETARY

Don Schnack

Programs

Bob Griffin

Historian

Dennis Rockwell

Raffle

Emil Seidel

Larry Godfrey

Banquet

Carl Cavallo

Dick Olson

Membership

Herb Blank

Bill Seitz

Conservation

Lee Ann Ross

Outings

Dave Dunahay

Kokanee Carnival

Delores Marsh

Wild Women of the Water

Random Cast

A couple of weeks ago, Bill Seitz loaned me a set of DVDs and VHS tape in an effort to help me learn how to use my new Spey rod. Watching the DVDs and video has helped improve my technique and the presentation of my Skagit line. This learning process brought back memories of the days when COF used to meet at the old Trap Club that was on Brosterhouse Road. What I'm getting at, in a roundabout way, is The Central Oregon Flyfishers' library. I used to help Gordon Chandler haul boxes of books from the back of his Toyota truck in and out of the Trap Club every month. It was a chore, but I loved to browse through the stacks to pick out a new "treasure" to read each month. The books that I checked out of the library during general meetings helped me to learn about flyfishing.

Times have changed. The Trap Club is gone. COF has moved its monthly meeting site twice since leaving the Trap Club. And the library has been forgotten by some of our members. I encourage you visit COF's Web site. Along the right side of the home page is a list of links, including one for the LIBRARY. Over 300 items are listed. You can search for a selection using one or more methods. If you are computer savvy, download the Excel file and sort items in the library. Or view (or print) the PDF files that have already sorted items by title and author. For example, use this method to search for all of the books by Brian Chan that are in the COF library.

Gordon brings only a small selection of books to each monthly meeting. However, once you locate an item you want, send an email message to Gordon Chandler and ask him to bring the item to the next general meeting.

During the meeting, you can find the books in the beautiful wooden case that we usually place along the south wall. Before the next general meeting begins, take a few minutes to search the Web site or browse the shelves. You may be pleasantly surprised at what you find.

Dave Semich

Newsletter

Terri Grimm

Editor & Designer

Scott & Sarah Robertson

Distribution

www.coflyfishers.org

Class schedule **2** COF Board of Directors: Time to get involved **2**
Wild Women of the Water **2** Volunteer opportunities **3** October outing – Hosmer Lake **3**
October outing – steelhead fishing **3** Kokanee Carnival – Fish Eggs to Fry **4**
East Lake's aquatic invasive weeds **4** Tyer's corner **5**
Up stream events calendar **7**

Class Schedule

Except for a few brave steelheaders who enjoy fishing and shivering in the snow, the fishing season is coming to a close. The club will not hold classes for the remainder of the year. Classes will resume in January with weekly fly tying and (possibly) indoor casting.

Yancy Lind (yancy_lind@ml.com or 312-6821)

COF Board of Directors: Time to get involved

COF is a large and vibrant club with a diverse group of members and activities. Dedicated volunteers, including a hard-working Board of Directors, make this organization great. Board elections will occur at the October general membership meeting. Terms begin the following January and last for two years.

Several terms will expire this year, and some Board members will step down. We will miss their expertise and contributions. The empty Board positions present a great opportunity for someone new to step up and help steer the direction of the club.

There are no "perks" for Board members, other than the satisfaction of helping a great club continue to operate at a high level. Since we first ran this article last month, volunteers have stepped forward, but at least one more critical role remains to be filled.

Programs: Our monthly programs are one of the primary reasons people join the club. This Board member determines who might be an interesting speaker and arranges for them to visit during a general meeting. Speakers are sometimes suggested, or contact the club on their own, but often are discovered in fishing articles and magazines. It is critical that someone from the club step forward and take on this position.

Outings: Lee Ann Ross has been the Outings chair, but she will take over Education next year. Bob Evermore has agreed to join the Board and arrange outings.

Treasurer: Bob Cooper is stepping down. This job is a critical one for the club and requires some basic accounting skills. A member has volunteered for this role, but he will step aside if someone else would like the position.

Secretary: Joel Bailie has finished his two-year term. Earl Rettig has offered to take over for Joel.

Kokanee Karnival: Mark Reisinger has finished much more than a two-year term, and Dave Dunahay has agreed to step in for Mark.

While some members have volunteered to donate their time and expertise to the club, our bylaws state that

these positions are elected. So, if you really want one of these jobs, let me or Dave Semich know.

Our most pressing need is a Programs chair. Don't assume that someone else will step up. This is your chance to get involved. There are no qualifications required, other than an ability to perform the task, a willingness to help, and a love of fly fishing. New members are more than welcome and are encouraged to volunteer. Being on the Board is the best way to learn about and influence the club.

Please contact me if you are interested or have any questions.

Yancy Lind (yancy_lind@ml.com or 312-6821)

Wild Women of the Water

The Wild Women did not meet in September because Delores and I were busy in Yellowstone. In addition to the usual elk and bison, we saw black and grizzly bears (and cubs), moose, coyotes, fox, and an occasional fish. Higher-than-normal water and air temperatures and low-water conditions placed considerable stress on the fisheries earlier this year. We did more sightseeing and hiking than fishing.

Our October outing will be the final outing for the year. Join us on the Crooked River to help launch OSU graduate student Shivonne Nesbit's study of redband trout and whitefish.

We will hold our annual potluck on November 27. Watch your email for details.

Terri Grimm



Delores and Terri enjoy a sunny day on the Firehole River.

Volunteer opportunities

Crooked River Redband Trout & Whitefish Study

October 5-7, time TBA

Crooked River, below Bowman Dam

Bring your lunch and fishing gear

Contact – Shivonne Nesbit (541-805-5320 or shivonne@eou.edu)
shivonne@nesbit.net)

Shivonne Nesbit, an OSU graduate student who is studying the redband trout and whitefish in the Crooked River below Bowman Dam, is seeking volunteers to help with her study. Her first goal is to catch 34 fish and insert radio tags in them.

ODFW and the Salmon Trout Enhancement Program are supporting Shivonne's graduate study by providing equipment, staff time, volunteer recruitment, etc. The Crooked River fishery provides a year-round fishing opportunity for wild redbands, and anyone who enjoys fishing on the Crooked should benefit from the information gathered from her study as well as John Anderson's Crooked River macroinvertebrate study.

Metolius Basin - Bull Trout Spawning Surveys

Oct 11

Contact – Ted Wise (Ted.G.Wise@state.or.us or 388-6363) or Jen Luke (388-6350 x25 or Jennifer.a.bock@state.or.us)

Meet at 8:45 am, Sisters USFS Ranger District Office parking lot.

Sample tributaries to determine time, location, and number of spawning bull trout.

Volunteers will accompany experienced surveyors from ODFW and USFS to count and record bull trout redds. Volunteers must be in good physical condition and able to hike/wade 2 to 3 miles of stream that is brushy and has downed wood/debris to climb over. Bring waders, polarized glasses, wading staff, water, and lunch.

Jen Luke

October outing – Hosmer Lake

Sat, Oct 13, Meet at the boat ramp at 9:30 am

Our last outing of the season will be at Hosmer Lake, Saturday, October 13. Meet at the boat ramp at 9:30 am. Bring a lunch, and we'll get together at the boat ramp about 12:30 to swap morning success stories and techniques. Dress in layers; the weather can change at a moment's notice!

At this time of year, the brown trout are spawning. They are very aggressive and love yellow and orange woolly buggers.

Hosmer, a "fly fishing only" lake, is well known for its breathtaking views of Mt. Bachelor, South Sister, and Broken Top. The big Atlantic salmon (16 to 22 inches), brook trout (average 14 inches), and rainbows are quite visible in this shallow, clear lake—giving you a clear view of one denial after another. Hosmer Lake has two major pools connected by a 1-mile long channel. The lake has a rich and abundant aquatic life.

To reach the best fishing areas, you need a boat (electric motors only), float tube, or canoe. No angling is allowed from motor-propelled craft while the motor is operating. Bank fishing is not feasible due to the vegetation.

For the most scenic route from Bend, take Century Drive (FS Road 46) to about mile post 35. Turn left onto 4625 (watch for the Elk Lake/Hosmer Lake sign).

Hosmer Lake Facts: 160 surface acres, average depth of 3.2 feet, maximum depth of 12 feet, elevation of 4,966 feet

Hatch chart available from: [//www.fs.fed.us/r6/centraloregon/recreation/fishing/lake-reservoir/hosmer.shtml](http://www.fs.fed.us/r6/centraloregon/recreation/fishing/lake-reservoir/hosmer.shtml)

Lee Ann Ross

October outing – steelhead fishing on the Deschutes

Contact – Larry Godfrey (382-5860 or lgodfrey@bendbroadband.com)

Thu through Sun, Oct 4–7, Beaver Tail Campground or Mack's Canyon on the Deschutes River

Pay \$25 to Bob Cooper by Oct 1.

Bring a boat permit and steelhead/salmon stamp.

If you enjoy camping and want to try for a steelhead, come along with us. Two years ago, no one caught a steelhead. Last year, 3 steelhead were caught; others were hooked and lost.

Neil Buxton and I will arrive at the campground on October 3 to reserve a large, group camp. For the past two years, we have camped at the Beaver Tail campground. If we can't find a suitable campsite, we will try to camp at Mack's Canyon. These campgrounds are about 20 miles downstream from Maupin on the east side of the Deschutes river.

You will need a boating permit (available at most local fly shops). Bank fishing is possible, but a drift or pontoon boat is needed to reach the good holes (Remember, you cannot fish from a floating device on the Deschutes).

Continued on page 4.

Camping will be similar to the B.C. trip. Volunteers will set up camp, cook, wash dishes, and break down camp. Everyone helps with some job. Sign up ahead of time at the next general meeting. The total cost of \$25 includes two meals on Friday and Saturday and breakfast on Sunday morning. We need to know in advance if you plan to join us; shopping for food is very important.

Pay your \$25 fee by October 1. (Write a check to COF and mail it to Bob Cooper, 64621 McGrath Rd., Bend, 97701). If you can't get the money to Bob by October 1, call Bob (389-9214).

Look forward to seeing you on the Deschutes.

Larry Godfrey
382-5860 or lgodfrey@bendbroadband.com



Fish Eggs to Fry Trout Egg Deliveries

October 23, ODFW office, 8:30 am

Contact Jen Luke (Jennifer.luke@state.or.us or 541-388-6350 x225)

Every year, students in Central Oregon elementary and middle school classrooms use Kokanee Karnival sponsored incubators to raise 200 rainbow trout eggs to the fry stage. Students release the fry into local fishing ponds. This hands-on educational experience helps students learn important facts about trout and their habitat.

We need volunteers to contact teachers and deliver eggs on October 23. Volunteers may give a brief presentation (optional). Seventeen classes will participate. We would like to assign one volunteer to two to three classrooms.

Jen Luke

East Lake's Aquatic Invasive Weeds

If you fished at East Lake this year, it is likely that you're familiar with the aquatic "weeds" that clog the east shore. These weeds are the invasive aquatic plant, Eurasian milfoil (*Myriophyllum spicatum*).

Eurasian milfoil, a popular aquarium plant for many years, is native to Europe, Asia, Northern Africa, and Greenland. The plant entered the United States sometime between the late 1800s and mid 1900s. By 1985, milfoil had made its way to 33 states in the United States and several Canadian provinces. Eurasian milfoil is widespread in Oregon, however, there are still some waterways that have not been infested with it.

This plant is hardy, and it can adapt to various conditions. It can thrive in still or moving water, grow in

water that is 3 to 30 feet deep, survive under ice, and tolerate a range of pH (5.4 to 11). Eurasian milfoil usually spreads and reproduces through fragments. When wind, waves, or boating activities break off pieces of the plant, the fragments can develop into a new plant. Once it has been introduced, Eurasian milfoil can spread rapidly.

In the United States, there are no known native plants or animals that control Eurasian milfoil. It is difficult to eradicate without herbicides or biological control, and each method has disadvantages.

Dense mats of Eurasian milfoil block out native vegetation; provide poor habitat for birds, fish, and other wildlife; and alter water quality by changing the pH, decreasing oxygen, increasing temperature, and adding phosphorus and nitrogen to the water. The dense mats also interfere with boating, fishing, and swimming. (Have you tried rowing through this stuff? If you get a fly tangled in the mats, it's gone forever.)

Here's how you can help prevent the spread of Eurasian milfoil:

- Before leaving the area, remove all plant material from ALL of your gear (boat, pontoon boat, kayak, oars, prop, trailers, waders, wading shoes, etc.).
- When you get home, wash ALL of your gear with hot water to kill any hitchhikers.
- Never dump an aquarium into a lake or stream.
- Help "spread the word" and develop awareness among lake users. Organize a lake clean-up weekend and post signs that encourage people to clean their gear and boats.

Terri Grimm

Text adapted from West Coast Aquatic Invasive Species Education (in progress). Sample identified by Dr. Samuel Chan, West Coast Aquatic Invasive Species Specialist, OSU Sea Grant Extension. Samples collected by Tom Walker, Fisheries Biologist, Deschutes National Forest.



Eurasian milfoil

Cool Facts about Eurasian milfoil

Several stands of Eurasian milfoil found in Oklahoma were introduced by earthworm farmers who packed their product in this aquatic invader.

In Currituck Sound, North Carolina, Eurasian watermilfoil was first reported in 1965 when approximately 100 acres were densely infested and 500 to 1,000 acres were lightly infested. A year later 8,000 acres were heavily infested and 67,000 acres had some milfoil plants.

The tyer's corner

It's that time of year when the hearty members of COF venture out for the mighty steelhead. I haven't tried for a steelhead since I moved to Bend, but that will change this year. I plan to hunt steelhead and land at least one this year.

The fly this month is an old Klamath River fly. Arnold Arana, of Dunsmuir, California, designed *The Burlap* in 1945. I have talked to some of the steelheaders in the valley; they say *The Burlap* is still a good pattern that produces well. Variations have different tails, such as bright orange hackle fibers, light tan, or gray natural deer. The version described below has ostrich or peacock herl tied in at the head. I added these materials. Those who fish this fly claim that the extra herl adds something to the fly. You may also weight the fly with lead wraps around the hook shank. Fish this fly on the swing, like a wet fly or nymph.

The latest edition of *Fly Tyer* magazine has a great article that describes how to tie the *Waterwisp Flies*— this method is much easier and less deadly to your fingers than the method described on the Internet. I had great luck with these flies on the Fall River the other day. They are too difficult to describe in this column. If you want to learn how to tie one, I will bring the material to the next general meeting. I will also demonstrate how to tie one at the winter fly-tying classes. The hatches on the Fall River are improving with the cooler weather.

If you would like to share a pattern, or if you have any problems tying this fly, please give me a call. Happy hunting.

Jerry Criss (541-536-3581 or tlfly44@msn.com)

The Burlap



Hook: #8 to #4 steamer hook

Thread: gray or black

Tail: grizzly hackle fibers or natural deer hair

Body: burlap fiber tied full and roughened to look shaggy

Collar: slightly oversized, soft, grizzly hackle

Head: gray or black depending on the thread used (Add optional ostrich or peacock herl, and then tie a neat head.)

Start the collar with the tip of the feather and force the fibers back as you tie in the collar so that the fly will work correctly in the water. The burlap is just fibers from an old burlap sack. Most fly shops have pieces available for purchase.



The following information is used in the roster: Include all contact data and other interests that you wish to have appear in the roster. Print legibly using BLOCK LETTERS, ALL CAPS..

LAST NAME FIRST NAME OCCUPATION (PAST OR CURRENT)

SPOUSE'S FIRST NAME SPOUSE'S LAST NAME IF DIFFERENT HOME PHONE

MAILING ADDRESS WORK PHONE EXT

CITY STATE ZIP CODE

EMAIL ADDRESS

How do you want to receive the COF monthly newsletter? (Check one.) Email US Postal Service

Why did you join COF? (Check all that apply. List other interests on reverse.)

Acquire more knowledge Find fishing partner Volunteer for projects Improve technique Social functions

You must sign this release EACH year when you renew to attend or participate in club activities.

LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence.

I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

X _____
SIGNED BY PRINT NAME MONTH DAY YEAR

X _____
SIGNED BY PRINT NAME MONTH DAY YEAR

DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes, Jefferson, and Crook county shall pay \$18.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

RETURN THIS FORM Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. *Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.*

**The Central Oregon Flyfishers
Membership Chairman
PO Box 1126
Bend, OR 97709**

Central Oregon Flyfishers Up-Stream Events 2007

Date	Time	Activity/Meeting	Location	Contact
OCTOBER				
Oct 4	6:30 pm	Board Meeting (1st Thu of the month)	Environmental Center, Bend	Dave Semich
Oct 4-7		OUTING – Steelhead fishing	Deschutes River	Larry Godfrey
Oct 5-7	TBA	Crooked R. trout/whitefish study & Wild Women outing	Crooked River below Bowman Dam	Jen Luke or Shivonne Nesbit
Oct 11	8:45 am	STEP bull trout spawning survey	Sisters Ranger District USFS Office	Jen Luke or Ted Wise
Oct 13	9:30 am	Outing	Hosmer Lake	Lee Ann Ross
Oct 16-18		STEP bull trout spawning survey	Logan Valley	Jen Luke
Oct 17	6:30 pm	Gen. membership mtg.	Bend Senior Center	
Oct 23	TBA	Fish Eggs to Fry egg deliveries	ODFW office	Jen Luke
Non-Club Activities and FYI				
Oct 19-21		Festival of fly fishing	Redding, CA	www.nccfff.org
Mar 7-8 (2008)	10:00 am	Northwest tyers and fly-fishing expo	Albany, OR	

Dave Semich, President flyfishndave@webformixair.com • Yancy Lind, VP, Education Chair yancy_lind@ml.com • Neal Buxton NealAB@aol.com • Larry Godfrey lgodfrey@bendbroadband.com • Mark Reisinger mreisinger@bendcable.com • Gordon Chandler gchandler52-bc@yahoo.com • Lee Ann Ross, Outings Chair rossleeann@yahoo.com • FFF National Conclave <http://fedflyfishers.org> • Jean Nelson-Dean 383-5576 • Alice Elshoff calice@highdesertair.com • Ted Wise (Ted.G.Wise@state.or.us or 388-6363) • Jen Luke (388-6350 x25 or Jennifer.a.bock@state.or.us) • Shivonne Nesbit (541-805-5320 or snesbit@eou.edu shivonne@nesbit.net)



Clubs, organizations, businesses, and destinations

Rogue Flyfishers Medford OR
<http://rogueflyfishers.org/>

Rainland Fly Casters, Astoria, OR
<http://www.rainlandflycasters.homestead.com/>

Lower Umpqua Flycasters Reedsport, OR
<http://borg.uci.net/~lufc/>

Santiam Flycasters, Salem, OR
<http://www.santiamflycasters.com/>

Reel Recovery, Needham, MA
<http://www.reelrecovery.org/>

The Patient Angler (Peter Bowers), Bend, OR
<http://www.patientangler.com/>

The Fly Fishers Place, (Jeff Perin) Sisters, OR
<http://www.flyfishersplace.com/>

Fly Craft Angling (Phil Rowley)
<http://www.flycraftangling.com/>

Jack Dennis Sports (Jack Dennis)
<http://www.jackdennis.com/>



“Rivers and the inhabitants of the watery elements are made for wise men to contemplate and for fools to pass by without consideration.”

– Izaak Walton

Membership application available from: <http://www.coflyfishers.org>



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active member club