

The Central Oregon Flyfisher

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RANDOM CAST

It wasn't until Thursday that I found out I had the weekend off. I called Scott Robertson and let him and Sarah know that Vivian and I would join them at Diamond Lake over the weekend. I'm sure glad we went! We arrived Friday evening at the Diamond Lake Campground. Sarah had already reserved the adjacent campsite, so we just backed in and set up camp. Being the sweethearts they are, Scott and Sarah also had prepared dinner for all of us. When Scott returned to camp on Friday evening, he told us that the fishing had been slow, but he had stories of some very large fish that got away. It all sounded OK to me.

The fishing on Saturday bordered on phenomenal. I had some trouble with the motor on my small boat. We didn't have to go far to get into fish, so rowing was no problem. Joining us were: Phil Hagar, Jerry Criss, Dan Pebbles, Mark Reisinger, John Anderson, Neil Buxton and of course, Scott and Sarah Robertson. A LOT of fish were caught on Saturday, including several in the 17 to 22 plus inches range. These fish were HEALTHY! Sarah actually out-fished Scott on Saturday, but then Scott surged ahead with, not one, but two doubles. Yes, two fish to the net at a time. The afternoon wind slowed fishing a bit.

Saturday evening, Scott and Sarah provided a delicious dinner for the group (including a "to die for" Dutch oven peach cobbler!). Phil Hager, Dan Pebbles, Jerry Criss and Phil Catalano joined us for dinner. Phil Catalano is the only licensed fly-fishing guide on Diamond Lake. He's a nice fellow and has a wealth of knowledge about fishing the lake.

On Sunday the fishing slowed, but it was respectable. Fortunately, my motor started working. We motored out and fished several areas on the south end of the lake and wind drifted across a couple of areas. The best fishing was on the south end, not far from the boat ramp. Again, the wind came up in the early afternoon, so we called it a day by 1:00 p.m. I want to thank Scott, Sarah and everyone who showed up for this outing. We had a terrific time.

On the same weekend of the Diamond Lake outing, another group was steelhead fishing on the Lower Deschutes. Not many fish were caught, but everyone had a good time.

If you have not taken the time to join in on a club outing, you are missing a wonderful opportunity to connect with some awesome people and make some marvelous memories. Join in. Have fun. Get connected.

—Dennis Rockwell



Kokanee Karnival Streamside Experience at Spring Creek, September 2009. Photos: Shelly Miller

GENERAL MEETING

Controlling your fly swing for better results

Nov 18 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

John Smeraglio (Smer~au~leo), native Oregonian and owner of the Deschutes Canyon Fly Shop and Guide Service in Maupin for over 25 years, will talk about summer steelhead fishing on the Deschutes River.

John vividly recalls catching his first red side trout on the Deschutes River when he was six years old. At age ten, a friend of the family introduced John to fly fishing. His passion for the sport grew rapidly as he pored himself into building better rods, tying better flies and designing better hand-tied tapered leaders—all of which resulted in superior presentation of flies. In late summer 1973, John landed his first Deschutes summer steelhead. That experience catapulted John into a whole new area: learning about steelhead fishing with flies.

John has been quoted in books and featured in magazine articles; he has teamed up with Rick Hafele to produce a series of fly-fishing DVDs.

OUTINGS

The first planning session for the 2010 outings was held on October 21. The schedule is tentative so far. We need to add destinations and outing leaders for several of the months.

There was discussion about an outing to Diamond Lake on September 24 to 26, but we need a leader for the outing. The annual trip to British Columbia is not on the schedule yet; we need a leader for this trip too.

If you would like to lead an outing or the trip to B.C., please let me know. We'll have another planning session on November 18 at 6:00 p.m. (just before the general meeting). Please join us and help plan the COF outings for next year!

– Yancy Lind, Outings Coordinator
yancy_lind@ml.com or 788-5514

Outings 2010 - TENTATIVE			
Month	Day	Leader	Destination
Jan	1	Yancy Lind	Crooked River
Feb		TBA	TBA
Mar		Yancy Lind	Metolius River
Apr		Yancy Lind	Middle Deschutes
May		TBA	
Jun		TBA	
Jul		TBA	
Aug		Yancy Lind	Williamson River
Sep	9	Jerry Criss	Fall River
Oct	7-10	Eric Steele	Deschutes steelhead
Nov		TBA	

Third annual Crooked River cleanup and outing

Nov 21 | Big Bend Campground | 9:00 a.m.

The Central Oregon Flyfishers will hold its third annual Crooked River Cleanup on Saturday, November 21. Last year's cleanup effort on the 12 miles of river below the Bowman Dam was a big success due to volunteer effort by more than 50 COF members. Like last year, we'll meet at Big Bend Campground (the campground just downstream from Bowman Dam) at 9:00 a.m. Around 1 p.m., we'll meet at the campground again for lunch. Dave Dunahay has agreed to cook hamburgers with all the fixings. After lunch, the club will have an outing on the river. Members will be available to provide instructions for nymphing. This cleanup is a good opportunity to volunteer for a club conservation activity, get a free lunch and catch a few rainbows and lots of whitefish. If you would like to help, email me (wseitz@bendbroadband.com) so we can we can get a head count for lunch.

– Bill Seitz

EDUCATION

Internet radio: AskAboutFlyfishing.com

Live show airs every other Wednesday at 6 p.m. Or listen to recorded shows at your convenience.

What do you want to know about fly fishing? Find answers to your questions at www.AskAboutFlyFishing.com.

Ask About Fly Fishing is an Internet radio show that brings together fly-fishing experts who explain, in their own words, the secrets to their success in freshwater and saltwater. The show airs every other Wednesday at 6 p.m. Pacific time. Each show is recorded, so if you're unable to tune in when the show airs live, you can visit the site and listen to the recorded

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shows at your convenience. You may also download each show to your computer or ipod.

Take advantage of this great resource and improve your fly-fishing knowledge. Here are some of the experts who have been on the show:

- Jason Borger - Casting, Mending and Presentation for Difficult Angling Situations
- Brian Okeefe - Campeche's Baby Tarpon and Fly Fishing for Bonefish in the Bahamas
- Dec Hogan - Steelhead on the Fly
- Dave Huges - Nymphs for Streams & Stillwaters
- Mike Lawson - Fly Fishing Spring Creeks
- Craig Matthews - Yellowstone - Fly-Fishing Paradise
- Phil Rowley - Yellowstone - Fly-Fishing Paradise
- Lani Waller - A Steelheader's Way

With over 75 different presenters, there are enough shows available to keep you busy during the winter months.

— Lee Ann Ross
(rossleeann@yahoo.com or 312-2568)

Winter seminar

Feb 17 and 18 | Aspen Hall

This year's winter seminar will feature Mike Lawson from Island Park, Idaho. Mike and his wife, Sheralee, started Henry's Fork Anglers in 1976. In addition to his duties with the fly shops, Mike also conducts fly-fishing seminars and writes articles for fly-fishing publications. He is currently a contributing editor for *Fly Fisherman Magazine*, and his latest book, *Spring Creeks*, is hot off the press. Mike also works as a consultant for several fly fishing companies, including Sage, Scientific Anglers and Action Optics.

COF and Sunriver Anglers will host this seminar. It will be held at Aspen Hall on Wednesday and Thursday, February 17 and 18. Look for more details in future newsletters.

— Lee Ann Ross

WILD WOMEN OF THE WATER

Wild women will hold their annual holiday get together in early December. Watch your email for date, time, location and other details.

— Terri Grimm

VOLUNTEER OPPORTUNITIES

Positions available on the COF board

It's that time of year when we replace COF board members whose terms have expired, and there will be several open board positions. As a board member, you have the opportunity to meet other fly fishers, learn what makes the club tick

and just have fun. If you're interested in serving your club by becoming a board member or wish to nominate someone, please contact Dick Olson (383-4412 or richardolson@bend-broadband.com) as soon as possible.

Board members serve for two years, and all members of COF are eligible to serve. The 2010 proposed Board of Directors slate will be presented for a confirming vote by all members at the November general meeting.

— Dick Olson

ODFW seeks candidates for Fish Restoration and Enhancement Program Board

SALEM, Ore. — The Oregon Department of Fish and Wildlife is seeking qualified candidates to fill two open positions on the Fish Restoration and Enhancement Program Board. Available positions include one sport fishing representative and one public-at-large representative.

Board members, who are appointed to four-year terms by the Oregon Fish and Wildlife Commission, meet three or four times each year in various communities throughout the state to review project funding applications, hear public testimony, act as liaisons between the program and the public and to conduct other program business. Board members are volunteers; however, Board-related business expenses are reimbursed.

The application deadline is Nov. 20, 2009. Final appointments will be made by the Fish and Wildlife Commission in January 2010.

The Fish Restoration and Enhancement Program was created by the Oregon Legislature in 1989 and is funded by a

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COF Members get 15% off 2009 Freshwater Fishing Trips!

surcharge on sport and commercial fishing licenses and commercial poundage fees. The program is overseen by a seven-member citizen board made up of three sport fishing representatives, three representatives from the troll, gillnet and seafood processing industries and one public-at-large representative. The Board reviews grant proposals from various organizations and agencies and recommends funding for fish restoration and enhancement projects throughout the state.

For more information or to obtain an application, contact Fish Restoration and Enhancement Program coordinator Laura Tesler at (503) 947-6259 or by e-mail at laura.tesler@state.or.us.



Fall activities

The 2009/2010 school year has commenced, and Kokanee Karnival activities are in full swing. In late September, our volunteers hosted 14 classrooms (a total of about 400 eager students) at Fall River Hatchery,

Brown's Creek, Sheep Bridge, Spring Creek/Metolius River and Cline Falls State Park.

Despite the unseasonably cold and sometimes snowy weather, students viewed large numbers of spawning kokanee at several locations. Observing the spawning process makes the children curious, and they want to learn more about what's going. Our volunteers are always ready to oblige their curiosity.

Students learned about the kokanee life cycle, essential elements of fish habitat, what fish eat and what eats them, and why we have hatcheries and how they operate. At Spring Creek and Cline Falls, students donned waders and boots and joined volunteers in the stream to test water quality and study macroinvertebrates. (We haven't lost anyone yet, although a few students have come out of the water a little wet.)

We have also delivered the first batch of fish eggs for our Fish Eggs To Fry program. Each classroom received about 200 fish eggs, which students raise in incubators from the eyed-egg to the fry stage. The students will release the fry into a local approved body of water. During the year approximately 40 classrooms will participate in this program.

Once again, these activities would be impossible to provide without the outstanding support of our volunteers and agency representatives. This year, there were mentors from five organizations: COF, Sunriver Anglers, ODF&W, U. S. Forest Service/Deschutes National Forest and WolfTree. Thanks to all we've had an outstanding early season and look forward to the rest of the year with our local school children.



Students don waders at Spring Creek. Photo: Shelly Miller

OTHER NEWS

Unforgivable omissions

I observed several large trout sipping flies off the surface of the Firehole River in Yellowstone National Park, and after a half hour of tying on the size 22 fly, I stepped up to the plate only to lose the fly in my back cast. In another adventure, I had cast madly to a million fish rising to my fly and had zero hook-ups and discovered the point of the fly was missing.

But nothing is more unforgivable than omitting from the Angler Education Program summary (September newsletter), two of the best volunteers: Mark Reisinger and Gene McMullen. These two COF members handled all the classes at Tom McCall Elementary. Great job! Thank You!

– *Capt Caddis*

My first steelhead

My life is now complete! I caught my first steelhead after losing eight in a row over the past three years. She was wild and about 24 inches long. She came to my egg pattern while I was nymphing at noontime on Saturday, October 10. It took about ten minutes to land her on my six-weight, and I gently released her. Wow! Life is good.

Central Oregon Flyfishers held their annual steelhead trip October 8 through October 11 at Beavertail campground below Maupin. Most anglers got up early to swing surface and subsurface flies before the sun came up. Some fished until dark. Other than a few "takes," not one steelhead was caught. Anglers who nymphed, however, caught about four steelhead. Eric Steele and Greg Pozovich caught their first steelhead on the Deschutes River. Some spin anglers (none of them members of COF) caught 5 to 7 steelhead a day using lures.

We had fun, camped together, swapped fishing stories, told jokes, ate great food, borrowed equipment, tried to solve political problems and did our best to stay warm. Hope you can join us next year.

– *Larry Godfrey*

TYERS CORNER

Last month, I promised to give a report on my trip to California following my daughter's wedding. It is difficult and sad to describe what I saw and felt as I traveled north from the High Sierras. The quiet, little creeks that feed into the famed Truckee River were nothing more than long, dried out beds of river rock. It was the same throughout most of the trip—dry and just hot. I fished these same beautiful waters during the drought of the late 70s and early 80s; this time, it was far worse. The lack of water was evident in everything. The trees had no life. The charred remains that were in burned-out areas showed how hot some of these fires had been. It reminded me how precious water is and what can happen when management is poor and we ignore nature's warnings. Don't let down your guard for one minute! Don't allow this kind of devastation to befall Oregon! Stay involved! I had some luck fishing at Hat Creek, and the hikes in Lassen National Park were just great.

Now for some good news. The Diamond Lake trip was excellent, and some great fish were caught. The fish were hitting hard, and they had weight to them. Like most trips, some of the fish that got away were huge. Even the smaller fish were a handful to bring to the net. My partner for the trip was Dan Pebbles, a new member out of Washington. Dan wanted to learn more about how to fish lakes. He didn't need much help, as he out-fished me two to one. Not that I am expert on lakes. I did get some great tips from my roommates, John Anderson and Mark Reisinger. Mark was fishing the famed Kmart Special. He gave one to me; of course, a Diamond Lake trout took it for a souvenir. I want to thank Scott and Sara Robertson for hosting a great dinner and trip. I hope this trip becomes an annual COF event.

The fly this month is (of course) the Kmart Special. I admit it has been described to me by many people, and I have seen it just a few times. I am sorry I lost the one Mark gave me. It is about as simple as it gets. It works just because it does. That's how some flies work. It is a good enough imitation that it covers most colors, and its shape and action do the rest. Don't make it too beautiful. This fly fishes better as it gets used. Good luck and have fun. Happy Hunting

—Jerry Criss (541-536-3581 or tlfly44@msn.com)

Kmart Special



Start the thread back from the hook eye. Stop half way if you are going to weight the fly so that you can wrap the weight with thread to make a smooth underbody. Tie in the tail material; it should be about the length of the hook-gap. Tie in ribbing material and then the chenille or dubbing loop rope. Bring the body material forward with even wraps and tie off, leaving plenty of room for the hackle and head. Bring the rib material forward with even spacing (about five wraps work fine). Using the wet-fly style technique, tie in a hackle feather, with barbs about the same length as the body. Finish with a nice neat head and good luck. This fly works!

Note: Wet style uses only the hackle barbs on one side of the feather. Tie the feather in by the tip and use only 1/2 to 2 wraps of hackle.

Hook: Tiemco 5262 or 5263 long-shank hook in #10 to #6
Weight: .015 to .020 lead, 10 to 15 wraps (You can also use this fly unweighted.)
Thread: olive
Tail: olive marabou or the soft hackles from an olive/yellow pheasant body feather
Body: olive chenille (Olive dubbing twisted into a rope will give the same look.)
Rib: fine oval tinsel
Hackle: olive to olive/yellow pheasant body hackle

CLASSIFIED

FOR SALE: Simms G4 Guide Wading Boots with carbide studs added, size 10, worn twice. New \$219.95 + \$40 studs. Will sell for \$200 or best offer. Call Dave Semich at 382-1969.

CONSERVATION

COF members and conservation – a perfect combination

Now that the fishing season is winding down, it is a good time to think about volunteering for a fisheries conservation project. There are many opportunities to do so. Periodically, the club sends out notices requesting help on fisheries conservation projects in central Oregon. For example, the Oregon Department of Fish and Wildlife is seeking volunteers to help with their bull trout activities on the Metolius. I have talked to several club members who have participated on this project; they have learned a lot and had a great time.

Check out the web site for the local Trout Unlimited (TU) chapter (www.deschutestu.org/news.html) for other opportunities. TU is doing a good job of listing all the fisheries-related projects of all conservation organizations in central Oregon. You do not have to be a TU member or a member of any of these organizations to help out!

Remember that November 21 is the date for our annual Crooked River cleanup. (See the article on page 2.)

On November 21, let's clean up the Crooked River, eat a good lunch and (weather permitting) catch a few rainbows and whitefish.

If you have an idea for a conservation project, send me an email (wseitz@bendbroadband.com). COF does not have a big conservation budget, but I will try to get funding or fit the project into ongoing projects with other organizations. So get out and help! You will feel great and do something worthwhile for the fish.

– Bill Seitz, Conservation Chair



Volunteers gathered at the Crooked River on October 10 to assist graduate student Shivonne Nesbit with capturing fish that were tagged earlier this year. Photos: Frank Turek

Central Oregon Flyfishers Up-Stream Events 2009

Date	Time	Activity	Location	Contact
NOVEMBER				
Nov 5		monthly board mtg.	Environmental Center	Dennis Rockwell (rockwell@bendcable.com)
Nov	anytime	EDUCATION	askaboutflyfishing.com	Lee Ann Ross (rossleeann@yahoo.com)
Nov 18	6:30 pm	general meeting	Bend Senior Center	
Nov 21	9:00 am	C.R. CLEANUP & OUTING	Big Bend Campground	Bill Seitz (wseitz@bendbroadband.com)
IN THE FUTURE				
Dec	TBA	Wild Women of the Water	Delores Marsh (ladyd@bendcable.com) or Terri Grimm (tgrimm@sonatainc.com)	
Feb 17 & 18	TBA	WINTER SEMINAR	Aspen Hall, Lee Ann Ross (rossleeann@yahoo.com)	
Apr 10	Bend Senior Cntr.	ANNUAL BANQUET	Eric Steele (steelefly2@msn.com or 549-2072)	

2009 COF Board Members: Dennis Rockwell PRESIDENT Dick Olson VICE PRESIDENT Susan Telford TREASURER Earl Rettig SECRETARY Dave Magaret Programs Eric Steele Banquet, Fund raising Yancy Lind Past President/Outings Craig Dennis Membership Bill Seitz Conservation Lee Ann Ross Education Dave Dunahay Kokanee Karnival
Delores Marsh Wild Women of the Water/Membership

Welcome
New Members

New members: Alex Beattie and Bill Roberts

COF currently has 240 members.

RENEWAL NOTICES – Watch your mail the first week of November! Renewal notices have been mailed to members. **REMEMBER to SIGN and mail the notice with the appropriate dues before January 1, 2010, to qualify for the renewal rate.** Mail them as directed or turn them in at the November or December meeting. Anyone who enrolls after January 1 will pay regular dues.

Thank you members who have changed to the online version of the newsletter. This change will save COF money that we can use for other purposes.

If your name, address, email or phone number changes, please notify the Membership chair (membership@coflyfishers.org).

If you catch a FLOY-tagged fish

Please report the following information:

1. FLOY tag number (5-digit number) if readable, otherwise please report the tag without number
2. Species captured
3. Location of capture
4. Approximate size of fish

Please report FLOY tag information to: Shivonne Nesbit (Shivonne.nesbit@oregonstate.edu or 541-805-530) **OR Mike Harrington** (ODFW Prineville Fish Biologist, Michael.R.Harrington@state.or.us or 541-447-5111).

Report your volunteer hours!

Your volunteer hours help COF to acquire funding and grants for additional projects. Please report your volunteer hours to Delores Marsh. Be sure to include your name, name of the event, month, number of hours and number of miles.

To report your volunteer hours, click **here** or send email to ladyd@bendcable.com.



It's Coming

Annual COF Banquet and Fundraiser

Saturday • April 10, 2010

**For more information, contact Eric Steele
(steelefly2@msn.com or call 549-2072).**

**Membership application available from: <http://www.coflyfishers.org>
For advertising information, call Mike Shadrach at 541-678-5717.**



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active
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For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm Editor & Designer, Scott & Sarah Robertson Distribution