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RANDOM CAST

During the last two months volunteers have been busy with our highly successful youth programs. I would like to recognize the extra effort and steps taken by Dan Pebbles for the Kokanee Karnival Angler Education program this year. Organizing, training and supporting the Kokanee Karnival volunteers and dozens of participating schools are not easy tasks, and the work is time consuming. Dan has improved the training procedure for and preparation of Kokanee Karnival and Angler Education volunteers. And through it all, he has maintained his wonderful and sometimes strange sense of humor. He has been great to work with. Thanks Dan!

There are four outings in June that are perfect for river and lake fly fishers. Fish for crappie, largemouth bass, brook trout and our beloved rainbow trout. Head to Prineville Reservoir for the Capt' Caddis Crappie on a Fly Challenge May 31 to June 2. Join Richard Yates on the Donner und Blitzen River and Fish Lake in the beautiful and wild Steen's Mountain area on June 21 to 23, then head back to Bend and down to the Chewaucan River with Rick Sironen on June 25 to 30. Go for broke and just fish.

See you on the water.

— Eric Steele, President

(cell 541-420-8108 or home 541-549-2072)



Students from REALMS on an outing to the Crooked River in May. PHOTO: Karen Kreft

GENERAL MEETING

Jun 19 | 6:30 P.M. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Fishing the Cascades Lakes

The television and newspaper journalist Gary Lewis will be the June speaker. Gary is known for a variety of hunting as well as fishing experiences. Gary will share information on fishing the Century Loop lakes, with emphasis on helping newcomers to Central Oregon learn about fly fishing opportunities. Old salts in the club will pick up tips as well.

OUTINGS

June outing information will be available at the June general meeting.

June brings four outings opportunities. From May 31 to June 2, Betsy Brauer-Mullong will lead the annual Capt. Caddis Crappie-on-a-Fly Challenge. June 1, Dave Semich will lead anglers to Davis Lake to catch five to six pound largemouth bass. June 21 to 23, Richard Yates will introduce anglers to the beautiful Donner und Blitzen River area of Eastern Oregon. June 25 to 30, Rick Sironen will lead anglers to the Chewaucan River and other nearby waters. If you are interested in participating in any or all of these outings, carefully read the summaries provided in this newsletter, contact the leaders personally at the June general meeting or contact them via the information provided in the newsletter summary.

As always, I encourage members to participate in our outings. The leaders are knowledgeable about the waters and are personable people who are willing to share what they know with fellow anglers.

Joe Wierzba has cancelled the Antelope Flat Reservoir trip due to low, muddy water and over fishing by anglers who catch and keep the larger trout in the lake. Joe plans to reschedule the trip next year.

– John Tackmier, Outings Coordinator
(outings@coflyfishers.org or 541-549-6252)

Capt' Caddis Crappie On-a-Fly Challenge

May 31 to Jun 2 | Meet at Prineville Reservoir RESORT

“Fins Up” fisherfolk. Plan now to join us on the high seas of Central Oregon for the annual Capt' Caddis Crappie on-a-fly Challenge at the **Prineville Reservoir RESORT**, May 31 to June 2. You'll need a float tube, boat, pontoon boat, kayak or other watercraft plus fishing gear.

For more information or to RSVP, contact Betsy Brauer-Mullong (541-389-4372 or crappieonafly@gmail.com) or

OUTINGS 2013

Month	Date	Leader	Destination
May-Jun	31-2	Betsy Brauer-Mullong	Capt. Caddis Crappie Challenge
Jun	1	Dave Semich	Davis Lake
Jun	21-23	Richard Yates	Donner und Blitzen River & Fish Lake
Jun	25-30	Rick Sironen	Chewaucan River & nearby waters
Aug	8-11	Yancy Lind	Williamson River
Oct	6-9	Robert Gentry	Lower Deschutes Steelhead

Andy Smith (541-388-4346 or Andysmithbend@gmail.com).

For resort information (camp site reservations, boat rentals and all accommodations), contact Prineville Reservoir Resort (541-447-7468 or Prinevilleresort@yahoo.com).

Davis Lake (Bass)

Saturday, June 1

For details about this outing, see the May 2013 issue of the newsletter.

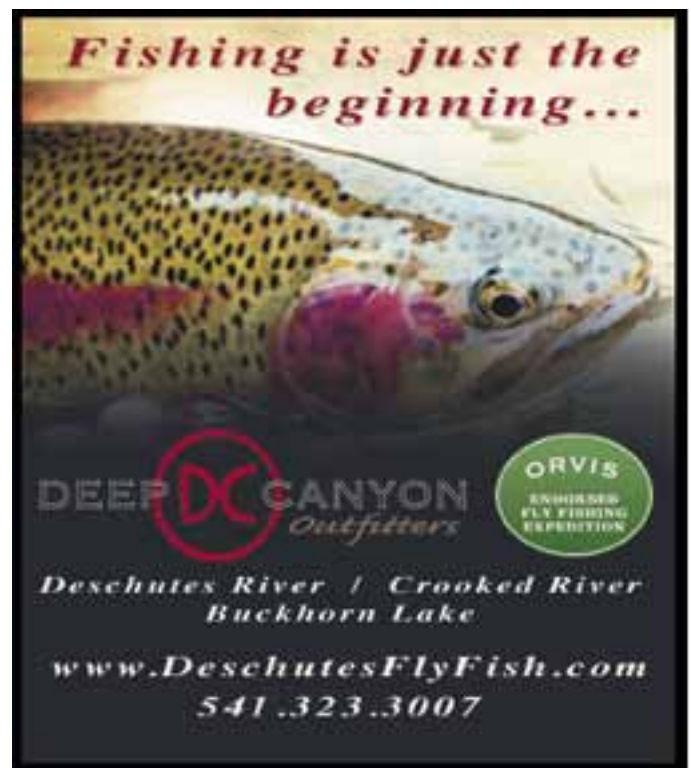
Donner und Blitzen River and Fish Lake

Jun 21 through 23 | Richard Yates

Meet at Page springs campground at 9:00 A.M. on Friday. If you want to fish the lakes sooner, contact me.

Where to Stay – Camping is available at Page Springs campground and Fish Lake campground (if it stops snow-

continued on next page



ing). Full hook ups are available at Steens Mountain Wilderness Resort (800-542-3765). Rooms are available at Frenchglen Hotel. (Call for reservation! 541-493-2825)

What to expect – Fish lake (if open) has brook and rainbow trout. Krumbo reservoir has rainbow trout and bass. Blitzen River has redband trout.

What to bring – float tube/ pontoon boat or non motorized boat for the lakes

Flies: green/black wooly buggers, damsel nymphs, hoppers, prince nymphs, zug bug, etc.

On your way out, stop by the fly shop in Hines, Steens Mountain Outdoors (541-573-2002 or <http://www.steens-mountainflyshop.com/>).

For questions or more information about this outing, contact Richard Yates (541-403-0602 or oldman58@ymail.com).

Chewaucan River

Jun 25 through 30 | Rick Sironen

Join us for some great native redband trout fishing on the Chewaucan River (only three hours from Bend) June 25 through 30. We will camp at Jones Crossing campground (free), right on the river. Stay for a few days or all. Besides the Chewaucan River, there's Withers, Slide, Campbell and Deadhorse lakes to fish.

We will have passes to the J Spear Ranch again this year. This private land has some of the better fishing spots. Flows are now at 200 cfs, and the snow is almost gone at higher elevations. This means the river should be in great shape for fishing. **To receive a pass to the J Spear Ranch, I need your name and address by June 9. Contact Rick Sironen (Rick@nwqc.com or 541-480-0010).**

EDUCATION

Techniques

Terri Grimm led the discussion on “where to fish” at our last general meeting. Thanks Terri for all the good information and great advice. We will fan out across the area in the right directions.

Casting classes

Jeff Perrin of Fly Fisher's Place in Sisters has agreed to teach casting again. Jeff is an outstanding teacher and outstanding caster, and we are lucky to get his time and expertise. Beginner classes will be held June 13 and 20. Jeff will teach advanced casting on June 27. Classes will be held at Farewell Bend Park, beginning at 6:30 P.M. Classes are \$10; payable in advance. To sign up, mail a check, made out to COF, for \$10 to: Kathleen Schroeder, 61283 Kristen St, Bend OR 97702. To check whether a class is full, send an email to: education@coflyfishers.org.

If you have questions or comments or want to volunteer to teach a session, please contact Kathleen Schroeder (education@coflyfishers.org).

MEMBERSHIP

To join, go to coflyfishers.org to print a form. Current rosters are available by request, so please contact me at the next meeting or send email to membership@coflyfishers.org with ROSTER as the subject.

– Gary Meyer, Membership Chair



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NEXT CAST FLYFISHERS

Next Cast Flyfishers is offering a summer fly-fishing camp through Bend Parks and Recreation. The camp will be held June 18, 19, and 20, from 9:00 A.M. to 1:00 P.M. each day. The curriculum will include knot tying, fly tying, bug collection and identification, casting and fishing in the ponds each day. The camp is listed in the Bend Parks and Recreation summer catalog. Once again, we will ask for COF volunteers to help us teach these classes. The daily schedule is posted on the COF calendar. Please contact me if you can help us on any of the days.

We are finishing our last week with REALMS, the Bend middle school. Students have spent the past nine weeks in classroom sessions for bug identification, knot tying and fly tying, and have had field trips to cast at the Old Mill casting course and to fish the Crooked River and Shevlin Pond. On the Crooked River the kids put on waders and boots, spread out on the river and hooked and landed several fish! We had lots of first-time anglers. The hook-ups were a surprise, and actually landing some fish was a real treat!

The Next Cast Flyfishers also hosted a youth fly-fishing day at Bend Pine Nursery. The weather held, the pond was stocked (Thank you ODFW!), the stations were complete, well-staffed and informative, but only a dozen kids showed up to fish. Kids tried casting, but were unable to hook any fish.

Thank you in advance for COF participation in the next few months. We love having all of you out there with us, please let me know if you can help us at any of our Next Cast Flyfishers events. If you have questions, want to volunteer, or need additional information, please contact Karen Kreft (503-409-0148 or NextCast@COFlyfishers.org).

OTHER NEWS

Angler education instructors needed

We would love to have Angler Education Instructors help with the following event:

Thursday, June 27 – ODFW Fishing event, Shevlin Pond - 9:00 A.M. to noon (maybe fly-fishing in afternoon, if we have some instructors)

This event is open to the public and is for youth age 17 and under. If you think you can help, please let me know.

– Jen Luke, ODFW STEP Biologist (541-633-1113)



Little person catches a big fish at Bend Pine Nursery Pond during youth angling event in May.

Annual COF BBQ

Aug 13 | Aspen Hall in Shevlin Park

The annual BBQ is in lieu of the August general meeting. More information will be available in the July newsletter.

A large advertisement for Fly & Field Outfitters. The background is a scenic landscape with a snow-capped mountain peak, a dense forest of evergreen trees, and a person in a red kayak on a calm lake. The text is overlaid on the image.

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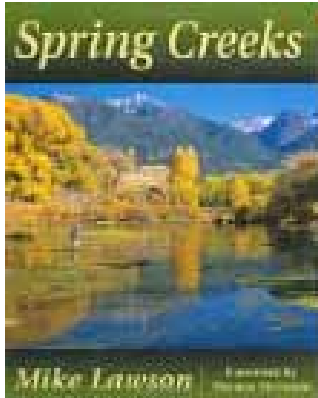
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LIBRARY NEWS

Spring Creeks

by Mike Lawson



Not sure how to fish the Metolius? This month's featured library selection provides information and strategies that should make you a more confident and successful Metolius River fly fisherman. Mike Lawson's *Spring Creeks* provides information to improve any angler's skills when fishing those special gems of the fly-fishing world known as

"spring creeks." This well-written and beautifully illustrated, with drawings and photographs, book takes you through the bug world of spring creeks, effective presentations for spring creeks and the necessary strategies to be successful when fishing spring creeks.

The introduction to the book goes as follows: "Mike Lawson grew up fishing the Henry's Fork and Idaho's trout streams, and he has stayed close to his home water all his life. One of the most revered fly fishermen in the business, Lawson in this book reveals what he has learned and experienced fishing the spring creeks and tailwaters of the West and beyond, throughout the Midwest and East, from Alaska to Mexico and the Florida Keys, and around the world.

Fishing spring creeks is difficult, as challenging and demanding as any fishing can be, but Lawson has figured it out, and he shares in his inimitable, forthright way what he has learned about finding trout, tempting them by matching hatches or not, stalking, playing, and landing them, and then letting them go. Lawson has much to teach about mayflies, caddis, midges, terrestrials, and aquatic insects, and these chapters provide entomological background for Lawson's proven tactics for fishing dry flies, streamers, wet flies, and nymphs. The chapters on casting and presentation are filled with the solid know-how of one who has refined the techniques over a lifetime. The on-stream knowledge Lawson has acquired over the years and the delight he finds each time he's on the water fill the pages of *Spring Creeks*.

Lawson's practical, straightforward instruction on every aspect of spring-creek fishing teamed with hundreds of full-color photographs of waters, hatches, and trout from around the world and Dave Hall's instructive illustrations make this the definitive and long-awaited book on the subject."

Members: thank you for library donations

The COF librarian wishes to acknowledge and thank the following members for their important contributions to our library holdings.

John Anderson: *The Best Fishing Stories Ever Told* by Nick Lyons and *Trout* by Ernest Schwiebert (2nd edition).

Lou Duncan: DVD *High Sticking and Reading the Water* (a program from the fishing TV series).

Steve Stevens: 1995 two-volume set *Pattern Masters*.

And a separate and special thanks to Jeff Perin of the Fly Fisher's Place in Sisters for donating 20 classic books to the COF library.

— John Tackmier, librarian, outings@coflyfishers.org

CONSERVATION

How to release a fish

Editor's Note: This article is a conservation classic. The article appeared in the July 2010 issue of this newsletter. Because of the number of new members in the club, it's a refresher on how to handle fish.

Most fly fishers in central Oregon practice catch-and-release—a good thing. Some fly fishers will work hard to refine their casting skills, match the hatch by choosing the correct fly, "read" the water, make a good presentation, get a good hook set, play the trout of a lifetime to the net, only to injure or kill the fish when it is released. Recently, Phil Monahan addressed the topic of good trout release practices in the Midcurrent.com web site. With summer finally here and many of us out on our local lakes and streams, I thought a summary of his advice on releasing fish would help all of us do a better job of taking care of the fish.

There are two things we, as catch-and-release anglers, can do before we release the fish: (1) land it as quickly as possible and (2) leave it in the water as much as possible during the unhooking and photography stages. To achieve #1, use the largest tippet you can get away with and use your rod to tire the fish. As for #2, cradle the fish in the water, pointed upstream, while the camera person gets

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everything ready. Then lift the fish out of the water just long enough to get the shot, and return it.

Phil posed the question to some experts that live and fish in big-fish country. The advice of all could be summarized as follows:

Catching

- Use the largest tippet size you can get away with.
- Use a net with rubber or fish-friendly netting.
- Fight them hard and fast.

Releasing

- Keep the fish in the water.
- Take your time reviving it.
- Do not move the fish rigorously forward and back (oxygen going backward through the gills is not so good).
- Bleeding does not mean dead.
- Photos should be prepped so the fish is not out of the water for long.
- Learn how to hold a big fish (dropping is a no-no!).

Here is what I do to minimize the risk to “big” fish: I use a 5 or 6 weight rod (leave the 3 and 4 weights at home), 6 lb. fluorocarbon tippet, barbless hooks, and a net with friendly netting.

– Bill Seitz, *Conservation chair*

LEGISLATIVE UPDATE

The current session in the Oregon legislature is just over half complete. After a few years dominated by other areas, a number of bills are progressing that should be of interest to Central Oregon anglers. In addition, the ODFW budget contains a number of proposals that relate to improved fish habitat, property acquisitions, integrated water use strategies, mitigation programs, streamline invasive species activities, continuing fish research, etc.

We live in a small state, and our opinions as voters really do count. It is easy to send an email and make yourself be heard if you so desire. Find your representative by following this link: <http://www.leg.state.or.us/findlegsltr/home.htm>.

For those living in Bend:

OR Senate: Sen. Tim R. Knopp, Sen.TimKnopp@state.or.us

OR House: Rep. Jason Conger, Rep.JasonConger@state.or.us

Here are a few bills that would impact Central Oregon:

- SB 838, moratorium on suction dredge mining in waterways important to fish and their habitat
- HB 2396, regulation of large woody debris
- HB 2697, allows for placement fish carcasses back into waterways
- HB 5013, ODFW budget

The Central Oregon Flyfisher

- SB 186, OSP GPS use for major fish and wildlife investigations
 - SB 199, continues program of split season water leasing, leaves water in streams when fish need it
 - SB 837, Governor’s compromise for fish passage changes in small in-conduit hydro projects
 - HB 2039, regulates the fishing guide and outfitter professions under the Marine Board
 - HB 2252, ODFW multi-year license option
- Other bills of importance:
- SB 830, implementation and funding for Columbia River fisheries reform (gillnet removal, etc.)
 - HB 3476, targets problems of genetically engineered fish
 - HJR 2, seeks cormorant management support from the Feds
 - SB 606, requires owners of wave energy equipment to be responsible and provide removal plans, etc.
 - HB 3441, restructuring of hatchery research center

SB = Senate Bill, HB = House Bill, HJR = House Joint Resolution

If you want to know more about any of these proposed bills, go to http://www.leg.state.or.us/bills_laws/, click “search the bills and laws” link and enter the ID (e.g., “SB 838”).

– Yancy Lind

CLASSIFIEDS

FOR Sale: Minn Kota trolling motor. 38 lbs. Used a total of six hours. \$100. Contact Tom Philiben (541-390-8179)

FOR SALE: extended handle for Minn Kota trolling motor. \$10. Contact Tom Philiben (541-390-8179)

FOR SALE: Humminbird fishfinder 150. Used a total of six hours. \$40. Contact Tom Philiben (541-390-8179)



Student from REALMS on the Crooked River. PHOTO: Karen Kreft

TYER'S CORNER

On May 17, I was on the Crooked River getting ready to help REALMS students on the fishing outing when I met COF member John Anderson and his son, Steve (visiting from California). Steve is a budding fly tyer (John keeps him busy with fly requests.) and a good flyfisher. Steve related that he had had good success on redbands with a black RS-2. I tied some that evening and used them during the COF beginners outing the next day. There was a hatch of Blue-Winged Olives (BWOs) and the RS-2 accounted for some fat mountain whitefish and nice redbands.

The RS-2 is a mayfly emerger that was developed in the 1970s by Rim Chung (the RS-2 comes from Rim's Semblance, second version). It is a "go-to" fly for many anglers that fish on the heavily-fished tailwaters of the Front Range of Colorado. It is a versatile mayfly emerger pattern with application on all Central Oregon streams. Dave Hughes, in his book *Nymphs for Streams and Stillwaters*, recommends fishing this fly in the upper water column (12 inches to 2 feet) in combination with a slightly larger fly about 12 inches from the RS-2 using an indicator or a dropper from a dry fly. I fished the fly as my top fly on a Czech nymph rig with good results.

The RS-2 is tied in a number of colors and sizes based upon mayflies in the drift. For the Crooked River, I use a size 16 black (black UV Ice Dub) for the BWO hatch. Dark olive would have worked as well. I will provide the Crooked River recipe that should work for all BWO hatches. As for tying instructions, Charlie's Fly Box (<http://www.charliesflyboxinc.com/flybox/detail.cfm>) has great directions and tips on how to tie the tails and wings. You can Google the pattern and YouTube videos of various tiers. Rim Chung has a web site that is informative (<http://www.rs2fly.com/>).

I have tied RS-2s in size 16 and 18 in black, olive, brown, and tan. Let me know how you do with this pattern; it's been a real winner for 40 years.

– Bill Seitz

RS-2



Hook: Size 16 to 22 standard dry fly hook (Dai-Riki 300) or a standard nymph hook (Dai-Riki 060)

Thread: 8/0 to match dubbing color

Tail: two dark dun Microfibetts (Patient Angler has them.) (I prefer moose mane – see photo.)

Dubbing: UV2 caddis black (Fin and Fire has it.) or black UV Ice Dub (both shops) (For size 18 and smaller, I use Superfine dubbing.)

Wing: white or gray antron or Zelon or gray CDC or pearl Krystal Flash



COF members on the Crooked River outing in May. PHOTO: Yancy Lind

Central Oregon Flyfishers Upstream Events 2013

Date	Time	Activity	Location	Contact
JUNE				
Jun 1		OUTING	Prineville Resort	Betsy Brauer-Mullong (541-389-4372)
June 1		OUTING	Davis Lake	Dave Semich (flyshndave@gmail.com)
Jun 6	6:30 pm	monthly board mtg.	Environmental Center	Eric Steele (president@coflyfishers.org)
Jun 13, 20		Casting class - beginner		Kathleen Schroeder (education@coflyfishers.org)
Jun 18, 19, 20	9:00 am	Youth Fly-Fishing Camp	Shevlin Park	Karen Kreft (nextcast@coflyfishers.org)
Jun 19	6:30 pm	general meeting	Bend Senior Center	
Jun 21-23		OUTING	Blitzen River	Richard Yates (oldman58@ymail.com)
Jun 25-30		OUTING	Chewaucan River	Rick Sironen (Rick@nwqc.com)
Jun 27		Casting class - advanced		Kathleen Schroeder (education@coflyfishers.org)
May 31 - Jun 2		OUTING	Prineville Reservoir RESORT	Betsy Brauer-Mullong (541-389-4372)
IN THE FUTURE				
Aug 8		OUTING	Williamson River	Yancy Lind (yancy_lind@ml.com)
Aug 13		Annual BBQ	Aspen Hall	Herb Blank
NON-CLUB ACTIVITIES & FYI				
Jun 27	9:00 am	Youth Fishing Event	Shevlin Pond	Jen Luke (541-633-1113)

2013 COF Board Members: Eric Steele PRESIDENT Vacant VICE PRESIDENT Joe Wierzba TREASURER Cliff Price SECRETARY Mike Tripp Programs
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Membership application available from: <http://www.coflyfishers.org>

For advertising information, call Mike Shadrach at 541-678-5717.



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NEWSLETTER - Terri Grimm