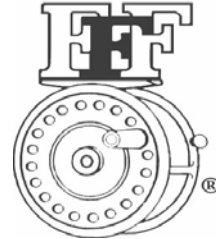


# The Central Oregon Flyfisher



[www.coflyfishers.org](http://www.coflyfishers.org)

An Active Member Club

Volume 28

Number 6

June 2005

## GENERAL MEETING

Michael Williams'  
"WILDERNESS FLY  
FISHING"

June 15  
6:30-8:30 PM  
Bend Senior Center  
1600 SE Reed Market

## LAKE FISHING SEMINAR

FREE  
June 7  
6:00 – 9:00PM

Bend Senior Center  
Conference Room  
1600 SE Reed Market Road

## BRITISH COLUMBIA OUTING

June 16-25

Leighton Lake  
British Columbia

## WILD WOMEN OF THE WATER

Beginning Fly Fishing  
June 4  
Intermediate Fly  
Fishing  
June 5

### Random Casts

A big welcome to new members and anyone thinking of joining a fly fishing club. If you did not attend the last couple of monthly meetings, you missed some great featured speakers. Scott Cook, (aka "I'm not a bass guy") and John Shewey, summer steelhead, spoke before full houses. Kudos to Dave Semich and Carl Sanders who have arranged for the speakers this year. Also a big thank you to Jeanene Stentz for bringing those great goodies, and to Len Swanzy for being the coffee brew master. It makes for a fun evening.

The Education Committee, Chairman Ron Anderson, Carl Cavallo and Steve Iverson, are doing an outstanding job for COF. Twelve classes have been given to date with 150 to 160 participants. Through their efforts, a wide range of skill improvement classes are being offered. The feedback I am getting is all positive. The instructors are knowledgeable, well prepared and enthusiastic. If you have not taken advantage of one or more of the classes, you are missing an opportunity. Contact one of the committee members if you are interested in a class or topic being offered. They are always open to suggestions.

Belated thanks to Terri Grim and all the volunteers who participated in the Kokanee Karnival Angling Clinic. The Sunriver Anglers did their usual fine job feeding everyone lunch. The thank you notes from the kids are priceless. There is nothing like catching your first fish.

Good fishing, Dave Dunahay

### Meeting Attendance Reaches a New High!

An unofficial count of the crowd at last month's meeting indicated 107 souls present! And membership is now up to 227 member families! Help us make everyone welcome and help them find what they are looking for in our fly fishing club.

## June Program

Michael Williams will present this month's program. Michael has been fly tying and fly fishing since 1955. He began selling flies at age 14. He is a Wilderness traveler, wild fish advocate and a dedicated photographer and writer. Michael serves the Oregon Chapter of the FFF as a fly tying and fly fishing instructor. He is currently the Program Chair for the Cascade Family Flyfishers in Eugene, Oregon.

Michael Williams' WILDERNESS FLY FISHING presentation is a captivating blend of high altitude fly fishing and backcountry adventure. Featuring outstanding photography coupled with inspiring and anecdotal narration, Michael highlights spectacular Wilderness areas in Oregon, Idaho, California and Wyoming. Michael's program includes demonstration fly tying and sharing of proven Wilderness fly fishing techniques.

### Upcoming Programs

In case you have not followed the calendar and recent changes, here are a few of the upcoming COF meeting programs.

In July we will have as our speaker Kevin Payne, a fly fishing guide from New Zealand. Jeff Perin and others have fished with Kevin in New Zealand and this should be an excellent program.

In August, the regular meeting will be replaced by our annual picnic at Aspen Hall in Shevlin Park. September will bring us author Jessica Maxwell "I don't Know Why I swallowed the Fly", with a Lady's Perspective on Fly Fishing, so Wild Women of the Water in particular should stay tuned.

In October we will host Hiram Li, an OSU Fisheries Biologist discussing trout biology and diversity in Oregon. December will be our annual program on fly and knot tying. And finally, on board for April 2006 is my favorite, Bob Borden, owner of Hareline Dubbin.

Mark your calendars now!

### Changes in Deschutes River Outing at Maupin

The Maupin trip, originally planned for mid-August, is being changed to Thursday, September 15 to Sunday, September 18. We believe the weather will be better (cooler), and, more important, the fish should be more active. Steelhead fishing in the mornings and evenings, with trout mid-day should be good. We will camp out at either Beavertail campground (about 20 miles

downstream of Maupin) or at the Macks Canyon campground, about 7 miles further. There are many drive-by points upstream for river access, and there is a good fishing trail into Macks Canyon. Also, pontoon boats can be put in upstream at a couple of points for a float back to the campsite.

Tentatively, the trip is being planned similar to the Canadian trip, with group breakfasts and dinners starting Friday morning and ending at breakfast on Sunday. We will use the COF trailer and equipment to set up the camp kitchen. Costs for food per day should be similar to the Canadian trip. I will provide more details as we approach September. Any volunteers, who would like to help in the planning, please give me a call. - Neal Buxton

### June Fly of the Month X-Caddis

The Elk Hair Caddis is a high floater with a great profile that seems to catch fish on just about every western stream at some point during the season. By easily changing the body color and wing color, the EHC is a master hatch matcher. Add that to the fact that it is a fairly easy fly to tie and the EHC could arguably be the most commonly used dry fly in North America.

Well, this month we are going to make the EHC even easier to tie. The X-Caddis is a cousin of the EHC, but with very different fishing characteristics. The X-Caddis does to the EHC what the parachute hackled dry did to the standard hackled dry. It places the body of the fly in the water surface as opposed to holding it above the air-water interface. This does two important things. It gives the fly a clear, low profile, and can also represent the insect at emergence. This is great for those areas of slack water found along banks and the surface of pools. In my opinion, this is where the X-Caddis out fishes the EHC.

The X-Caddis pattern drops the palmered hackle of the EHC, and adds some Antron fibers for a tail or trailing shuck. I also remove the wire ribbing to reduce weight.

#### X-Caddis

Hook: Standard dry fly  
Thread: Color to match hair wing  
Tail: Antron  
Abdomen: Any non absorbent dubbing  
Ribbing: Thread tag  
Wing: Elk or deer hair

Lay a layer of thread over the hook shank and (this is the little trick) leave the tag of the thread in place, don't trim it off. Tie in a small bunch of antron fibers extending about the length of the hook shaft. Dub a slender abdomen along the shank. Now, take the thread tag and wind it forward over the dubbing as the ribbing. Tie in a small bunch of hair on top of the hook shaft with tips to the rear just behind the hook eye. Work the tying thread through the forward fibers with a couple wraps and tie off. – Carl Sanders

*(Editors Note: Nice warm July days. The three day float from Trout Creek to Harpham Flat on the Lower Deschutes. All day, every day, dry fly fishing with the X-Caddis. I would take the whole trip with only a big box of X-Caddis. Heaven!)*



**X-Caddis – Carl Sanders Photograph**

### **Wild Women of the Water**

It's time to go fishing! Wild Women of the Water held their final indoor meeting for the season on May 12. For the next few months, you can find us somewhere on the water. Watch your email for messages and announcements.

Beginning Fly Fishing Class for Women - Saturday, June 4 on the Crooked River

Intermediate Fly Fishing Class for Women – Sunday, June 5 on the Crooked River

The Beginning Class is full. There are openings available in the Intermediate Class. Contact Delores (ladyd@bendcable.com or 382-7595) or Terri (sonata@teleport.com or 318-0567) immediately.

Fish Clinic held in conjunction with Free Fishing Day - Saturday, June 11 on the Metolius River – Volunteer to help kids learn about fish and responsible

angling. For more information, contact Terri (sonata@teleport.com or 318-0567).

### **COF CLASS FOR JUNE Free Lake Fishing Seminar**

Are you planning to go on the British Columbia Outing this month? Do you like fishing the lakes here in Central Oregon? Would you like a few fishing hints from a few COF members who may be a little further up the learning curve as lake fishermen? Would you like to learn how to fish a chironomid naked? (On second thought, skip that last one, no one might come!)

COF has created a free (to members) Seminar on Lake Fishing to be taught by some of the more experienced members of COF. Come see the show, learn some new techniques, make fun of the instructors and have a good time with fellow fly fishermen while we discuss Lake Fishing Techniques.

Topics will include “Fishing Chironimids Like a Canadian” (well, pretty close anyway!), “Using Subsurface Flies and Streamers”, “Fishing Emergers”, and a discussion of equipment for fishing lakes.

Instructors will include Harry Harbin, Dave Semich, Max Johnson, all retired n'er-do-wells. If enough people sign up, we will even have refreshments (no, not the adult kind!), but it will be fun in any event. All members, including Wild Women of the Water, are invited to participate. There will be something for everyone.

The seminar will be held in the Conference Room in the Senior Center from 6 PM to 9PM Tuesday evening, June 7<sup>th</sup>. No registration is necessary, just come on down!

### **Welcome New Members!**

A special welcome to new members! Look for board members with their green and white nameplates at the next meeting if you have any questions or special interests, and look up Delores Marsh, our Member Services committee chairperson at the back of the room if you have any membership issues, and to pick up your membership packet.

Eric Davis  
Kenneth Davis  
Earl Ellsworth  
Yancy Lind  
Rich & Nao Thompson  
Marybeth Stewart  
Woody Gair  
Brian Benson

Jo Lunsford

Returning : Peter Hall

### Scott Robertson Scores the "Big Old Fish"

COF member Scott Robertson sent in these photographs of the fish he caught at Paulina Lake on opening day. It was 31" long, with a 16" girth. You never see a photograph of a fish like this when the weather is nice! Way to go Scott!



Scott and the Big Brown Trout

### Combat Fly Fishing Secrets Revealed?

As a retired bum who fly fishes, Memorial Day is usually one of those times that I carefully stay at home to avoid the maddening crowds at my favorite fishing spots. This year, however, I was in need of an outing, and it occurred to me that this might be the perfect day to check out a new potential fishing spot and gage how crowded it might get. Thus started one of my many river canyon exploration adventures, and the discovery of a pretty good fishing area.

Why, you might ask, is he about to reveal a new fishing spot in a newsletter read by several hundred

people? Quite simply because I know that most of you will never get there after you read what is involved, even though the fishing is good and the crowds non-existent.. And I would be proud to fish with those who manage it!

Crooked River Ranch (CRR), just North of Terrebonne, is fertile ground for good fly fishing close to Bend and Redmond, with both the Middle Deschutes and the Crooked Rivers flowing along it's boundaries. Most, but not all, of the river canyons are on BLM lands outside the boundaries of CRR. Since I have lived in Bend, spots like Folly Waters and Steelhead Falls have evolved from closely guarded secrets with difficult access into fairly well known spots with parking lots and trail heads. The fishing can be great, but the crowds and usage by bait and spin fishers are growing quickly.

In my ever expanding search for good fishing without the crowds, I was led to explore an unmarked access from Sundown Canyon Road in CRR into the Middle Deschutes canyon downstream from Steelhead Falls. The water looks great, the fishing was difficult but very good, and the one fishing report that I obtained was excellent.

A fairly high percentage of the people who try to find this spot will never find the road, so here is Secret Number One. The roads in Crooked River Ranch, already winding, dusty and poorly signed, are being upgraded with new signs, and the names are often being changed to avoid confusion and duplication, but right now they are in the middle of the change-over. The old signs were brown wooden signs with white letters that were often missing or turned. The new signs are typical aluminum signs with white letters on a green background, but in a lot of places the post is the only thing currently there. Your map may have old names or new names or some of both and, well, good luck buddy! The fire station and Crooked River Realty have maps that they will give you. The only hint that you get from me (this is an adventure, remember!) is that Sundown Canyon Road winds down into the Middle Deschutes Canyon from Shad Road.

If you make it this far, you will drive out onto an undeveloped and unsigned parking area that forms a cul-de-sac on a plateau above a turn in the river canyon. I am pretty sure this is BLM land, although you should judge for yourself. A trail to your left leads about 200 vertical feet down into the river canyon. If you follow the trail down, you come to a fairly long, flat pool, that I would say is well used by bait fishermen. At the bottom, if you turn and go down river, you can travel perhaps

300 yards along a fairly good stretch of water until you are blocked by a steep rock slide that I did not explore. If, instead, you turn and look upstream you will see a long series of nice looking pools and riffles, two of which are actually water falls of two or three vertical feet.

At the end of the first pool, you will come to a sloping bolder field which requires hopping from bolder to bolder for probably 300 yards as it follows some pretty good water. There are a number of good rocks to stand on at the rivers edge, but there is not much room for a back cast (I hope you took John Judy's Single Hand Spey class this winter, because that is the best way to cast across river with brush or bolders right behind you). This is where most of the survivors of the journey will go back and park beside the Crooked River below the Bowman Dam and join the crowd. (How is that for a gauntlet thrown down!)

Past the bolder field is an easy but faint trail along the river with good although brushy access for perhaps half a mile. You then come to another slope of rock, this time from brick to concrete block size, for several hundred yards further. This is followed by perhaps a quarter mile of fairly good trail. And so it goes, bolder fields seperating pretty good trails one after another. For most of the stretch, access would be better from the other side side of the river, but this would have to be later in the year when the water has gone down to a manageable level and wading across the river is possible.

Fishing was good, with fish still rising to golden stonefly patterns on top. Most of the fish were brown trout from 14-17 inches, with some good rainbows mixed in. And how was the crowd? I met only two young men in their late teens (this was Memorial Day, remember!) who reported the fishing to be excellent most of the year, And they very seldom saw anyone else in the canyon.

If you want to skip over a few of the bolder fields before you start fishing, here is [Secret Number Two](#). When you first start down into the canyon on the trail, you will come to a small rock cairn. Twenty four of my paces past this cairn, you can turn left onto a very faint trail that more or less follows a flat vertical contour and eventually opens up onto a flat plain. As you walk upriver on the plain, you can turn down almost any drainage that cuts through the canyon rim and scramble straight down into the canyon at almost any point that you want.

So there you have it. Tough access and tough fishing (what I call Combat Fishing!) with good fish and no crowds. Is it worth it to you? If it is, call me with a fishing report whern you get back. After all, you owe me! – Harry Harbin

Stay tuned for the next edition, remote Tumalo Creek.

### **For Sale**

Medical condition forces sale of Zodiac inflatable boat, 10' 2" long with 2 seats, oars, bow bag and extra stuff AND a Tohatsu 6 HP 4 stroke outboard. All new November 2003 - used twice! PRICE \$2,400. Call Bill Bancroft at 389-0993. (If out of town I will get back to you upon my return.)

### **FFF Conclave**

Think about attending the FFF's 40th Anniversary Conclave, which is being held this year in Livingston, Montana from August 8th – 13th. If you are an FFF member, you should have now received your Spring Flyfisher magazine. If you have not....you can contact Jessica at [conclave@fedflyfishers.org](mailto:conclave@fedflyfishers.org) and request that she mail you the Flyfisher with the show guide insert. OR you can pre-register on-line with a credit card at <http://www.fedflyfishers.org/conclave2005/begin.php>

### **Kamloops, British Columbia – 2005**

According to outing leader Gordon Chandler, the confirmed list for the June British Columbia outing now stands at 31! If you want to go, but are not on the confirmed list, you had better get in touch with Gordon right away.

### **Western Mayfly Hatches**

By Rick Hafele and Dave Hughes  
Frank Amato Publications, Inc., Portland, Oregon  
267 pages, softbound, color photos  
Suggested price \$39.95

OK, I admit it, Hafele and Hughes are two of my favorite authors since they are so close to where we live. And the fly pattern photos are by Jim Schollmeyer, our speaker last month.

This book started out as an update of their classic but now dated book "*The Complete book of Western Hatches*", their first big success. With all of the new information available, however, by the time they finished mayflies they had a whole book. And what a book it is!

The first five chapters, "A Philosophy for Matching Hatches", "Collecting and Observing Mayflies", "Recognizing Mayflies", "About Mayflies" and "Timing

and Importance” cover only the first 30 pages, but they are worth the price of the book. For example, I have always been an insect collector, but as I catch a dun and then a nymph at separate times, I am never sure that they are the same species, Hafele and Hughes suggest collecting an emerging dun and letting it hatch in a vial. You know that the dun and the shuck go together, and the shuck retains every characteristic of the unhatched mayfly nymph, and can be used to identify both! Pretty cool, it works.

The remaining 23 chapters cover the various specific mayflies in fine detail in an organized fashion with fly patterns for each stage. The photos and illustrations are excellent, and the index is as thorough as it should be. I have never failed to identify a mayfly using this book. You need to check it out at your local fly shop. – Harry Harbin

### **Hoover, the Fishing President**

by Hal Elliott Wert

Stackpole Books, Mechanicsburg, PA, 2005

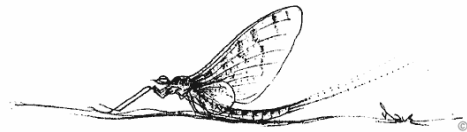
388 pages, hardbound, illustrated, B&W photographs suggested price \$29.95

Here is another excellent fishing book. Not a fly-fishing how to book, or an instructional tome, this is a story of one of the truly great Americans in our history. Most Americans today don't even know Hebert Hoover was president, or the important issues he faced and conquered in and out of the Whitehouse, let alone that he was a life long avid fisherman of great skill.

This well written, easy to read book will help to change all of that. In addition it will provide today's world with a look at a man that surmounted some of the most devastating events of the last century. Through it all, fishing was one of the glues that held this great man's life together. If you found "A River Runs Through It" a good read, you will find this book even better. In addition, this is the story of some of the truly pioneering fishing and fishermen of the American fresh and saltwater scene. Hoover was one of the first anglers to fish for billfish, bonefish, tarpon, and permit. He fished for steelhead in Oregon, and trout throughout the country. He did this as a fisherman of great ability and great good humor. For those who enjoy the history of our sport, this is a must have book. (From the FFF Clubwire)

### **Casting Instructors Needed**

Nate Dachtler is looking for COF club members who might be interested in helping teach fly casting to kids at the Crescent Free Fishing Day. It is on Friday, June 10<sup>th</sup>, at Odell Lake Shelter Cove Lodge. Contact Nate Dachtler, Deschutes National Forest Fishery Biologist, 541-383-5720, cell 815-8545



## **KOKANEE KORNER**

### **Angling Clinic Experience 2005**

Thanks to the many volunteers from COF, Sunriver Anglers (SRA), Central Oregon Llama Association, ODF&W and the U. S. Forest Service who generously donated their time, experience, and expertise, the 2005 Angling Clinic was a success. This year's volunteer list also included 15 eager students from Joe Padilla's class at Mountain View High School, and we are grateful for their support and participation.

By the end of the second day, I lost track of the number of hotdogs prepared by volunteers from SRA. One student said to me "This is the best lunch ever. I wish you could come to our school and make lunch every day." Keep up the good work SRA!

Students, parent chaperones, and teachers had a great time visiting each station, and many students enjoyed a successful afternoon of angling. By the third day, we needed more Polaroid film for those "first fish" photos.

As usual, the fish jumped out of the three-tiered aquarium on Monday night. No fish in an aquarium has a tendency to spoil the display. Thanks to a solution engineered by two volunteers, we should have the problem solved next year.

The Parks and Recreation Department has scheduled some remodeling for Aspen Hall during part of April next year, and Aspen Hall has already been reserved for the remainder of April 2006. If anyone knows of a potential location for next year's Angling Clinic, contact Mark Reisinger. – Terri Grimm

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME	FIRST NAME	OCCUPATION (PAST OR CURRENT)	
SPOUSE'S FIRST NAME	SPOUSE'S LAST NAME IF DIFFERENT	HOME PHONE	
HOUSE NUMBER	STREET	WORK PHONE	EXT
CITY	STATE	ZIP CODE	
EMAIL ADDRESS			

How do you want to receive the COF monthly newsletter? E-mail saves big \$\$ (Check one.)  Email  US Postal Service  
Why did you join COF? (Check all that apply. List other interests on reverse.)

Acquire more knowledge  Find fishing partner  Volunteer for projects  Improve technique  Social functions

You must sign this release EACH year when you renew to attend or participate in club activities.

## LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence.

I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

**X** \_\_\_\_\_  
SIGNED BY PRINT NAME MONTH DAY YEAR

**X** \_\_\_\_\_  
SIGNED BY PRINT NAME MONTH DAY YEAR

## DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes County shall pay \$12.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

**RETURN THIS FORM** Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers  
Membership Chairman  
PO Box 1126  
Bend, OR 97709

## UPSTREAM EVENTS – 2005

<b>June:</b>	2	COF Board of Directors Meeting, Dave Dunahay
	4	Class, Women's Fly Fishing School – Basic, Steve Light
	7	Class, Lake Fishing Seminar, Harry Harbin, Dave Semich, Max Johnson, Ron Anderson
	4-12	National Fly Fishing Week
	5	Class, Women's Fly Fishing School – Advanced, Steve Light
	15	COF General Membership Meeting, Wilderness Fly Fishing, Dave Dunahay
	16-25	Outing, British Columbia, Gordon Chandler, Bob Griffin
<b>July:</b>	7	COF Board of Directors Meeting, Dave Dunahay
	9	Fish Stocking with Llamas, Jeri Welbourn
	20	COF General Membership Meeting, Kevin Payne, New Zealand, Dave Dunahay
	22-24	Outing, Chewaucan River
<b>August:</b>	4	COF Board of Directors Meeting, Dave Dunahay
	17	COF Picnic in Lieu of Meeting, Dick Stentz
<b>September:</b>	1	COF Board of Directors Meeting, Dave Dunahay
	1	Class, Two Handed Spey Casting by John Judy, Ron Anderson
	15-18	Outing, Lower Deschutes, Steelhead and Trout, Neal Buxton
	20-23	Kokanee Karnival Fall Streamside
	21	COF General Membership Meeting, Jessica Maxwell, Author, Dave Dunahay
	24	Outing, Gold Lake, Rainbows and Brookes, Bob Cooper

Note: For a complete calendar for the year, see Upstream Events on [www.coflyfishers.org](http://www.coflyfishers.org)

