

The Central Oregon Flyfisher

Vol. 33, Number 7, July 2010

CONTENTS

General Meeting

- 2 Fly fishing in Klamath County

Outings

- 2 Little Cultus Lake
- 2 Second annual upper Deschutes challenge
- 2 Williamson and Wood rivers
- 3 Prineville crappie challenge report

Education

- 3 Fishing for bass on a private lake
- 3 Learn to navigate your pontoon boat on a river
- 4 Beginning spey casting

Wild Women of the Water

- 4 Outing and events

Other news

- 4 Metolius R. bamboo rod fair
- 5 FFF Conclave
- 6 Deschutes basin water school

Volunteer Opportunities

- 5 Ninth annual Metolius R. fly-fishing and bamboo rod fair
- 5 Lava Lake and tui chub removal

Membership

- 5 Welcome new members

Tyers Corner

- 7 Callibaetis emerger

Conservation

- 8 How to Release a Fish

7 Up-Stream Events 2010

RANDOM CAST

Welcome new members! Our club is growing; we now have 239 memberships, including ten new members who joined in June. When you see new members at the next meeting, please introduce yourself and welcome them.

I've just returned from the annual COF eight-day trip to British Columbia. Fishing was average, but we had mostly fair weather, caught some nice Kamloops rainbows on several beautiful lakes, had a great time, and created new stories. Many thanks to Dave Dunahay, our official trip leader, and Bob Griffin, who helped organize the trip. Everyone who attended (fourteen people) pitched in with various chores, such as camp setup and breakdown, cooking, and cleanup. Gene Peressini brewed terrific coffee every morning by 6:00 a.m., and we took turns cooking breakfasts and dinners. Thank you all for helping to make the trip go smoothly. I'd like to relate two memorable stories from this trip.

Ron Sharbaugh's Labrador retriever, "Tai," decided to "help" Ron land his first fish of the morning and dived overboard to retrieve it. Witnesses remember his dog's name well because Ron yelled it at least a dozen times, coupled with various commands and pleas (all expletive-free). This story had a happy ending, as Ron managed to net both an 18-inch rainbow and his dog.

Max Johnson caught a fish with somebody else's fly still stuck in its lip. At camp that night, Max offered to return the fly to its rightful owner if the owner could identify the fly without seeing it. Dave Dunahay admitted breaking a fish off at the same lake the previous day on an extended-body mayfly (the correct answer). Max then asked what kind of unusual hook the fly was tied on. Dave didn't remember, but Max gave him the fly anyway, which was tied on a scud hook. Some who tie dry flies might consider this a grievous error, but Dave says the fish don't seem to care.

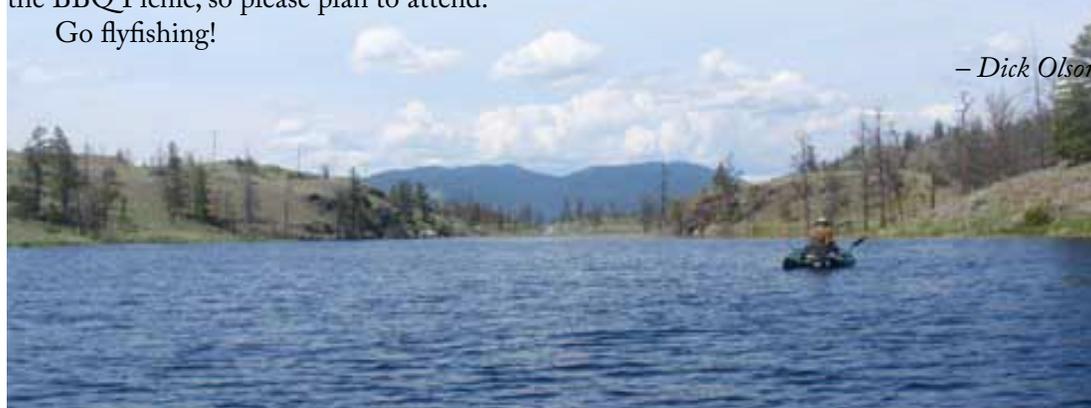
To encourage youth membership, your COF board recently decided to offer free COF Young Adult Memberships to those less than 25 years old. On the new membership form, those under 18 years of age must also get a parental consent signature.

July will be a busy month, with the general meeting, two outings, volunteer opportunities, and two educational classes. Please look over everything on the schedule and participate in whatever interests you.

In August, remember that we hold our annual BBQ Picnic at Shevlin Park instead of having a general meeting. We will recognize COF volunteers and present volunteer awards at the BBQ Picnic, so please plan to attend.

Go flyfishing!

— Dick Olson



British Columbia 2010. Photo: Max Johnson

GENERAL MEETING

July 21 | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Fly fishing in Klamath County

Craig Schuhman, owner/operator of Guided Waters Fly Fishing in Klamath Falls, OR will present the July program. Craig is the author of two fly-fishing books and several articles about fly fishing and fly tying that have appeared in different fly-fishing journals; he also has been featured in one of Gary Lewis' High Desert Outdoorsman TV programs. Craig has extensive experience fly fishing and guiding fly-fishing trips on many of the waters in Klamath County and adjacent areas. At our July meeting he will present information about fly fishing various rivers and streams in Klamath County.

From 6:00 to 6:45 p.m., Craig will demonstrate how to tie some of his successful fly patterns, some of which have been described in the *Guide Flies* section of fly-fishing magazines.

OUTINGS

Little Cultus Lake

July 13 | Meet at the Little Cultus Lake boat ramp at 8 a.m. | Bring your 2-way radio so we can share ideas on the water.

Directions: Take Cascade Lakes Highway to the Cultus Lake exit and follow the signs to Little Cultus. It's about an hour from Bend.

Little Cultus Lake is one of my favorite lakes in Central Oregon. There are no dumb, monster hatchery trout to go after, no big fish at all in fact. This lake is not stocked. A big fish in Little Cultus is 14 inches. Little Cultus offers wild brook trout, which can be difficult but satisfying to catch. A small lake, it is manageable in whatever floating device you like. I typically use a Jon boat here. Pontoon boats and drift boats work too.

Little Cultus has an hourglass shape. The shallow, eastern section has an average depth less than 10 feet, with a long trench that is about 15 feet in depth. This section of the lake is excellent for surface fishing (I have been in incredible mayfly hatches.), along with intermediate sinking lines. The western section of the lake is over 50 feet deep. There is an underwater cliff you can see on your depth finder as you go over it. This transition area offers good fishing, as does casting into the shore and retrieving with full sinking lines. The center of the western section can be productive using deep-water Canadian-style chronomid techniques. Like Hosmer, don't expect to catch many fish at Cultus. Instead, when you land one be happy knowing that you solved what is often a difficult problem.

Contact: Yancy Lind (yancy_lind@ml.com or 541-788-5514)

Month	Day	Leader	Destination
Jul	13	Yancy Lind	Little Cultus Lake
Jul	23-25	Bob Mullong	Cow Camp Dry Fly Challenge
Aug	TBA	Gordon Chandler	East Lake
Aug	27-29	Yancy Lind	Lower Williamson/ Wood rivers
Sep	9	Jerry Criss	Fall River
Oct	7-10	Eric Steele	Deschutes steelhead
Nov	20	Bill Seitz	Crooked River Cleanup & Outing

Second annual upper Deschutes challenge

Jul 23-25 | Cow Meadow Campground

Join in a weekend of fun and friendship, camping, and fishing on the Upper Deschutes River between Crane Prairie Reservoir and Little Lava Lake.

What: A unique opportunity to seek notorious, elusive, sometimes large rainbow trout, brook trout, and whitefish.

When: Friday, July 23 to Sunday, July 25. If you can't camp, then just attend the main event.

Who: Anyone interested in learning new tricks as well as honing old skills.

Where: Cow Meadow Campground, located at the north end of Crane Prairie Reservoir. Go south on highway 97. Turn off at Sunriver. Stay on this road; it will become FS Rd 40 heading toward Cascade Lakes Highway. Turn left at the sign for Cow Meadow Campground (FS Rd 790). Proceed to the campground and locate the COF banner. We will arrive on Friday around 2 p.m.

The Main Event: Meet at 8:00 a.m. on Saturday. This year we will have two main categories: dry flies and wet flies. Each category will include each species. Bring your 2-way radio and LOTS of bug-spray.

Regulations allow flies and lures only, **catch and release on rainbow trout**. Five brook trout may be retained. There is no limit on whitefish.

If enough people contact me, we may arrange a simple meal/potluck for Saturday evening. **Contact: Bob Mullong (a.k.a. Capt Caddis) (capt@bendnet.com or 541-389-4372)**

Williamson and Wood rivers

August 27-29

Editor's Note: See the June newsletter for more information about this outing.

We will stay at the Water Wheel Campground again. Although not particularly attractive, it is a good location.

This trip requires a boat. Ideally you should have a drift boat for the Williamson and a pontoon boat for the Wood, although a pontoon boat will work for both rivers. An electric

continued on page 3

motor is helpful as there are some long, slow-moving sections on the Williamson.

I plan to leave Bend Friday morning, Aug 27, and return Sunday afternoon, Aug 29. It's about a two-hour drive from Bend. Let me know if you are interested, and I'll get lots more information to you. There are some organizational details, such as shuttling, that need to need to be taken care of. I can also try to match up people with and without RVs who might be willing to share. (I can pull and share my trailer if someone will pull my drift boat.) **Contact: Yancy Lind** (yancy_lind@ml.com or 541-788-5514)

Prineville crappie challenge report

Twelve members attended this great event, and everyone had fun! Betsy caught her first crappie on a fly with her new custom made 4-weight, and I caught brush. However, I think the best way to report the outing is to quote a few comments submitted by some of the participants:

"Thanks for putting together a fun fishing trip. Had a great time and caught a lot of crappies due to some good advice and met some nice people too. It was a nice break from trout fishing. Thanks again." *Frank Gorham*

"Enjoyed the outing...food at the resort was some of the best I've eaten in years." *Karl Lundy*

"You did a great job of putting us on fish. I think we caught 50 over the 2 days with the largest nearly 11 inches. Most were in the 8 to 9-inch range. Thanks again." *Daryl Loveland*

We will have the same outing next June. Don't miss it.

– *Capt Caddis*



Ethan Lind with carp caught at the Malheur National Wildlife Refuge. Photo: Yancy Lind

EDUCATION

Fishing for bass on a private lake

Monday, July 12 | 9:00 am. | \$50 | Buckhorn Lake | Instructor: Damien Nurre from Deep Canyon Outfitters

Damien Nurre of Deep Canyon Outfitters has made COF an offer we can't refuse: a fly fishing for bass class and a day of fishing on the private Buckhorn Lake just 10 minutes from Terrebonne.

Bring your rods, reels, floating line, poppers and bass flies, floating device, and your lunch.

Meet at the southwest corner of the Terrebonne Thriftway parking lot at 9:00 a.m., and Damien will lead us out to the lake. We'll finish by 4 p.m. If you can car pool, please do as it will ease parking at the lake.

Details: outing/class is limited to 10 people; cost is \$50; make checks payable to Damien Nurre and write "7/12/2010 Bass Fishing" in the memo field; mail checks to Gary Meyer, P.O. Box 1396, Bend, OR 97709 (education@coflyfishers.org or 514-633-0934)

Learn to navigate your pontoon boat on a river

Friday, July 30 | 4:00 p.m. | \$35 | Warm Springs | Instructor: Damien Nurre from Deep Canyon Outfitters

Damien will teach you to navigate moving water in your pontoon boat while floating the two miles of the lower Deschutes from Warm Springs to Mecca Flats. Meet at the Warm Springs Boat launch Friday, July 30 at 3:00 p.m. so we can shuttle a car or two down to Mecca Flats. Be ready to

continued on page 4

FLY FISH
CENTRAL OREGON

Full-service fly shop
with helpful
friendly staff

Lessons & schools

Guided fly-fishing trips

Trips to Chile,
Argentina, New Zealand
and Belize

541-549-FISH
151 W. Main Ave., Sisters | Open 7 days a week
caddis@outlawnet.com | www.flyfishersplace.com

launch at 4:00 p.m. Bring your boat, oars, life jacket, invasive species license (if over 10 feet), whistle, anchor, waders, boots, and boater's pass (<http://www.boaterpass.com/>).

This is NOT a fishing trip. You may fish after the lesson if you want.

Details: class limited to five participants; cost is \$35; payment due by July 21 club meeting; make checks payable to COF and write "7/30/2010 Rowing Class" in the memo field; mail checks to Gary Meyer, P.O. Box 1396, Bend, OR 97709 (education@coflyfishers.org or 514-633-0934)

Beginning spey casting

Sunday, August 8 | 8:00 a.m. | \$10 | Farewell Bend Park | Instructor: Damien Nurre from Deep Canyon Outfitters

Damien Nurre will teach spey casting using a progressive method of learning. Five rod/reel combos will be available, or bring your rod. Meet Sunday, August 8, at Farewell Bend park, from 8:00 a.m. to 10:00 a.m. The park is located just south of the Healy bridge. Parking can be difficult, so car pool if possible.

Details: class limited to five participants; cost is \$10.00; make checks payable to COF and write "6/8/2010 Spey Casting" in the memo field; mail checks to Gary Meyer, P.O. Box 1396, Bend, OR 97709 (education@coflyfishers.org or 514-633-0934)

WILD WOMEN OF THE WATER

Stay tuned to your email for details about outings in July and August.

New Wild Women of the Water hats are now available for the low cost of \$18.00. If you are interested in purchasing one, contact Kristin (wildwomen@coflyfishers.org).

Ninth Annual
METOLIUS RIVER
FLY FISHING & BAMBOO ROD FAIR
FEATURES & EVENTS



- Gary Lewis – Host of TV show "High Desert Outdoorsman"
- John Judy – Casting demo & Powerpoint presentation
- Fly Tying Demos
- Fish, River & Wildlife Art
- Free appraisal of old cane rods & tackle
- Buy, Sell, Trade
- Meet the rod makers & custom order your new rod!
- Kid Sunday: Free casting & fly tying lessons. Enter to win rod & reel combos!

PARTICIPANTS:

Bellinger Rod Company	Glen Struble Mfg. Co.
Central Oregon Fly Fishers	Willow Reels
Deschutes Land Trust	Saracione Fly Reels
Native Fish Society	Sweetgrass Rod Company
FFP Compound Rods	Hardy North America
Casting for Recovery	Frank Amato Publications
Mystic Fly Rods	Two Guys Tackle
Rogue River Canoe Co.	Rio Products
E.F. Payne	Solitude Fly Co.
Temple Fork Outfitters	Royal Wulff Products
State of Oregon Anglers Education Program	

This is a free event to share knowledge of bamboo rods, fly tying and fly fishing on the Metolius River

Date & Location: July 17 & 18 at Black Butte School in Camp Sherman 10 am to 5 pm. For More Info call Camp Sherman Store at 541-595-6711 or visit the Camp Sherman Store web site at: www.campshermanstore.com

COME ON OUT FOR A DAY OF FUN, FLIES & FOOD!

OTHER NEWS

FFF Conclave

The Federation of Fly Fishers will hold its 45th annual National Fly Fishing Fair & Conclave at West Yellowstone, Montana on August 25-28, 2010. More than 90 workshops will be offered, including casting, fly tying, on the water outings, youth fly-fishing camp, women's program, and related subjects. Numerous fly tyers will be tying their best creations, and many exhibitors will be showing their wares. Check the web page for specific information and registration at conclave@fedflyfishers.org, send email to conclave@fedflyfishers.org, or call the Federation of Fly Fishers office (406-222-9369) for more information.

VOLUNTEER OPPORTUNITIES

Ninth annual Metolius River fly-fishing and bamboo rod fair

July 17-18 | Black Butte School in Camp Sherman

COF will again host a booth at this event. A large, scale model of a river, which is designed to teach children about fish habitat and fly casting, will be available.

Saturday shifts will be 10:00 to 2:00 and 1:00 to 5:00.

Sunday shifts will be 10:00 to 12:30 and 12:00 to 3:00.

We need two volunteers per shift. If you are interested in participating in this fun-filled and informative event, contact Capt Caddis (capt@bendnet.com or 541-389-4372).

Lava Lake and tui chub removal

We need volunteers to help remove tui chub from traps at Lava Lake and transport the fish to a predetermined dump site in the forest not far from the Deschutes bridge. A boat and truck are available for use. Volunteers are needed for a couple hours every other day.

Jim and JoAnn Frazee, Lake Lodge owners, have been removing the chub for a number of years. However, they can no longer handle the job alone. If you can help, contact Jerry Criss (541-604-5302 or 541 536-3581 or tlffy44@msn.com) or Lava Lake Lodge (541-382-9443).

If you plan to fish Lava Lake or Little Lava Lake, please consider volunteering for a couple of hours while you are at the lake and help keep the chub from overtaking one of our Central Oregon treasures.

—Jerry Criss

MEMBERSHIP

Welcome new members

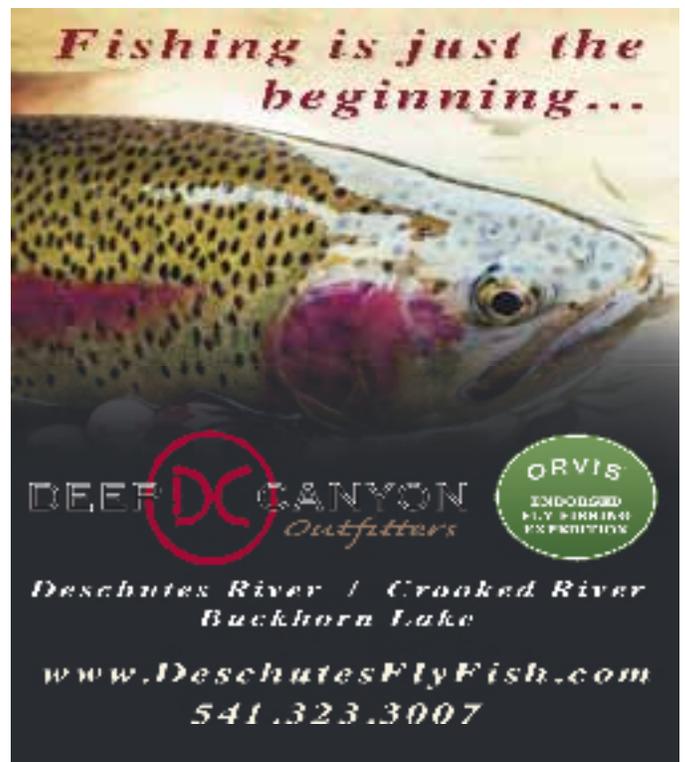
Welcome to new members Larry & Gail Ward, Kelly Renfro, Rich Thompson, Barbara & Daniel Hess, Thomas & Susan Walker, Daniel & Kari Anthon, Mike Whitney, Don & Derrick Stelle, Alan & Kathleen Stout, Kathleen Schroeder, and John & Karen Kreft! The June meeting saw three guests we hope will join.

We now have 239 members and hope to reconnect with 55 non renewals from last year. If you wish to rejoin, go to coflyfishers.org to fill in a form. Or contact membership@coflyfishers.org, and I will mail a pre-filled form for you to edit and sign.

Current rosters are available by request, so please contact me at the next meeting, or send email to membership@coflyfishers.org with ROSTER as the subject, or mail me a card at Membership Services, PO Box 1126, Bend, OR 97709. (Please indicate if you want a PDF file or printed copy.) Printed copies will be available at the next meeting for those who request them by July 19.

If you are interested in learning about keeping the membership records, please contact me (membership@coflyfishers.org). My term ends in December, and I would like to thoroughly train my replacement.

—Craig Dennis, Membership Chair



August Barbeque

August 17

Aspen Hall in Shevlin Park



Bring a dish to share, libations, and your summer fish stories. The barbeque will replace the usual monthly meeting and will honor volunteers. More details will be in the August newsletter.

We're looking for volunteers to help plan the barbeque, set up, serve,

and clean up. Contact Herb Blank (541-312-2568) to volunteer.



British Columbia 2010. Photos: Max Johnson

Deschutes Basin Water School

August 20-21, Pre-registration due by August 6

Classroom Sessions • Field opportunities • Volunteer Expo • Evening Presentation

What is Water School?

The Deschutes Basin Water School is a two day mini-college focused on local watershed and water resource topics, with a special session track on how to engage youth in meaningful natural resource lessons.

Course and field topics will include:

- Geology and Water Resources of the Deschutes Basin
- Cultural History of the Deschutes Basin
- Steelhead Reintroduction: Pelton Round Butte Dams
- Groundwater Hydrology and well ownership
- Invasive Species: Identification, and Prevention
- Watershed Based Service Learning with Students
- New Tools for Student Engagement
- Water Management and Conservation
- Improving Riparian Area Function and Management

Who should attend?

Formal Educators, Informal Educators, Interested Citizens, OCC/OSU Students, Natural Resource Professionals

Benefits of attending:

- Receive "tricks of the trade" from local experts in water conservation and restoration, and working with youth.
- Receive credit toward Master Watershed Steward (MWS) certification
- Receive CEUs (Continuing Education Units)

Friday, August 20

Classroom Sessions: 8:00 a.m. – 4:30 p.m.
Volunteer Expo: 12:00 p.m. – 1:30 p.m.
Evening Presentation: 7:00 p.m. – 8:30 p.m.

Saturday, August 21

Field Trips, 8:00 a.m. – 4:00 p.m.

Location: OSU Cascades Campus
2600 NW College Way, Bend OR 97030

Registration: \$50 Fee, Limited Scholarships Available!

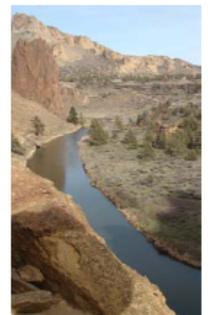
Fee includes Friday and Saturday courses, class materials, lunches, and field trip transportation

Pre-registration required by Friday, August 6th.

For registration information visit:

<http://extension.oregonstate.edu/watershed/>

Or Contact: Megan Kleibacker at 541-737-8715
Megan.Kleibacker@oregonstate.edu



TYERS CORNER

I haven't had the chance to field test this fly, but I plan on fishing it on a long leader while wind drifting during a callibaetis hatch.

– Mike Telford



Callibaetis emerger

Hook: Partridge Klinkhamer extreme size 18/20

Thread: tan, 8/0

Tail: emerger yarn, tan

Body: Nature's Spirit stripped wild turkey biots (color: Callibaetis)

Post: natural teal, light blue dun

Hackle: sandy dun

Thorax: Arizona Microsheen (color: Callebaetis)

Make a thread base to where the thread hangs even with the point of the barb and bring the thread back to where the flat spot begins.

Wrap a piece of the emerger yarn around the thread and then wrap the yarn along the sides of the hook down to where the thread base ends near the barb. (The wrapping gives the body some bulk.) Cut the shuck off a little past the bend of the hook.

Tie in one biot, convex side up, by the tip. Put some cement on the body area and wrap the biot forward creating a striped body.

Tie in the teal with tips out over the eye and the light blue dun on top. Post the parachute and tie in the hackle.

Dub the thorax area and create the parachute hackle.

Central Oregon Flyfishers Upstream Events 2010

Date	Time	Activity	Location	Contact
JULY				
Jul 1	6:30 pm	monthly board mtg.	Environmental Center	Dick Olson (president@coflyfishers.org)
Jul 12	9:00 am	CLASS - Fishing for bass	Buckhorn Lake	Gary Meyer (education@coflyfishers.org)
Jul 13	8:00 am	OUTING	Little Cultus Lake	Yancy Lind (yancy_lind@ml.com)
Jul 17-18		Metolius R. Bamboo Rod Festival	Camp Sherman	Bob Mullong (capt@bendnet.com)
Jul 21	6:30 pm	general meeting	Bend Senior Center	
Jul 24-25	8:00 am	OUTING	Cow Meadow Campground	Bob Mullong (capt@bendnet.com)
Jul 30	4:00 pm	CLASS - Navigate pontoon boat	Warm Springs	Gary Meyer (education@coflyfishers.org)
IN THE FUTURE				
Aug 8		Beginning Spey casting class	Gary Meyer (education@coflyfishers.org)	
Aug 17		Annual BBQ (Aspen Hall at Shevlin Pond)		
Aug 27-29		Williamson & Wood rivers	Yancy Lind (yancy_lind@ml.com)	
TBA		Tui chub control & Sampling Mann Lake		
NON-CLUB ACTIVITIES & FYI				
Aug 13-15, Orvis casting tournament and Central Oregon trout festival				

2010 COF Board Members: Dick Olson PRESIDENT Lee Ann Ross VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Eric Steele Banquet, Fund raising Yancy Lind Outings Dennis Rockwell Past President Craig Dennis Membership Bill Seitz Conservation Gary Meyer Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water

CONSERVATION

How to Release a Fish

Most fly fishers in central Oregon practice catch and release, which is a good thing. Some fly fishers will work hard to refine their casting skills, match the hatch by choosing the correct fly, “read” the water, make a good presentation, get a good hook set, and play the trout of a lifetime to the net, only to injure or kill the fish when it is released. Recently, Phil Monahan addressed the topic of good trout release practices on the midcurrent.com website. With summer finally here and many of us out on our local lakes and streams, I thought a summary of his advice on releasing fish would help all of us do a better job of taking care of the fish.

There are two things catch-and-release anglers can do before releasing the fish:

1. Land it as quickly as possible.
2. Leave it in the water as much as possible during the unhooking and photography stages.

To achieve #1, use the largest tippet you can get away with and use your rod to tire the fish. As for #2, cradle the fish in the water, pointed upstream, while the camera person gets everything ready. Then lift the fish out of the water just long enough to get the shot, and return the fish.

Phil posed the question to some experts that live and fish in big-fish country. Here’s a summary of the advice:

Catching

- Use the largest tippet size you can get away with.
- Use a net with rubber or fish-friendly netting.
- Fight them hard and fast.

Releasing

- Keep the fish in the water.
- Take your time reviving it.
- Do not move the fish rigorously forward and back (oxygen going backward through the gills is not so good).
- Bleeding does not mean the fish is dead.
- Photos should be prepped so the fish is not out of the water for long.
- Learn how to hold a big fish (dropping it is a no-no!).

To minimize the risk to “big” fish: I use a 5 or 6-weight rod (leave the 3 and 4-weights at home), 6-pound fluoro-carbon tippet, barbless hooks, and a net with fish-friendly netting.

Bottomline – Fish do not breath air; they get their air from the oxygen in the water. The next time you take a fish out of the water, try holding your breath for the time you have the fish out of water. If you need to breathe, so does the fish. Get in the habit of keeping the fish in the water. Warmer water only accelerates the fish’s need for air.

– Bill Seitz, *Conservation Chair*

Membership application available from: <http://www.coflyfishers.org>

For advertising information, call Mike Shadrach at 541-678-5717.



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active
member club

For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm Editor & Designer