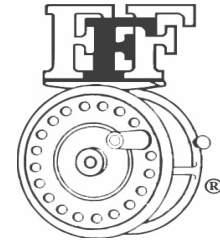


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Lee Ann's Lunker



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An Active Member Club

Volume 30

Number 7

July 2007

GENERAL MEETING

July 18
Dan Anthon
From
The Fly Fishers Place
6:30 - 8:30
Bend Senior Center
1600 SE Reed Market Rd

Next Outings

**Outing July 18
Wednesday South
Twin Lake**

See pg. 4
For details

Education Schedule

**Two-Handed
Spey Casting
Class**

See pg 3 For details

Up-Stream Events Calendar

See pg 7
For details

Random Cast

Well, by the time that you read this the gang should be back from British Columbia. I can tell you now that there are stories to tell and pictures to see (and, as I write this, we haven't left yet). It is a great way to meet some of the new members and to just go camping and fishing with my old friends. Memories are flooding my mind! I can remember how Max Johnson rowed over to me to show me his different way of retrieving his line. He promptly caught a fish right next to me. If you know Max, you too can hear his low pitched laugh right now. I can remember the time I was catching some HUGE trout on the surface of some unnamed lake with a Mikulak sedge. My yoops drew the attention of Dave Dunahay and he came over and I gave him one of my flies. He promptly caught many more fish than I did with my fly☺ I remember the first time Larry Godfrey went to BC. The storms roll in quickly sometimes up there and Larry got stuck out on the lake in one. One of his new oars kept slipping and Larry had to go with the wind and walk back to camp. Wow - if you haven't heard the story about how Joel Bailie and I limped into camp a day and a half late - well, ask, it's a good one! I had a day on (?) lake with Bill Seitz that we didn't go very long before one of us had at least one fish on (you can fish with two rods in BC). Think of it - having two fish on at the same time! Then there was the time that I hooked something big and it just swam away. I never saw the fish; it never jumped; it just ripped line off my reel - until it came unbuttoned. If you didn't go on the BC trip - ask someone who did go this year how the trip went. You will most likely get some very interesting stories. Another place to swap stories is at the Annual BBQ which is coming up August 16th. Check out the information on it in an article in this newsletter.

Dave Semich

"The science of fishing can be had from books; the art is learned by the catching and losing of fish"

W.H. Blake

Wild Women of the Water

Edmonds Wells Wildlife Sanctuary



On Friday, June 1st through Sunday June 3rd, a group of COF/WWW women spent a beautiful, warm weekend in the High Desert stalking lunker-size Redband trout at Edmonds Wells Wildlife Sanctuary. The Wild Women included Vivian Rockwell, Delores Marsh, Lee Ann Ross, Sandy Dunahay, Marty Wade, Annie Davis, Anne Hutchison, Marilyn Forrestall and Marla Nelson. The occasion was the First Annual WWWW Fundraiser Retreat for CFR. Casting For Recovery (CFR) provides fly fishing retreats at locations around the United States. Their retreats are specifically designed for women who have or have had breast cancer. The Wild Women wanted to raise the money to sponsor a participant to the CFR retreat in October that will be held at the Rock Springs Guest ranch.

We arrived at Edmonds Wells around 5 pm, and the gals jumped into their waders and went after those trout. Dennis Rockwell and Dave Dunahay were on hand to show the women where the various ponds were and offer advice on which flies to try. It was a breezy evening and the fishing was challenging, but enough fish were spotted and caught to get everyone excited about the next morning. After dark, Lee Ann and Delores coached us on some handy knots and Annie gave us some flyline to practice with.

Dawn broke clear and quiet and the gals hit the big ones at first light. We all enjoyed some success and at lunch we agreed to not break for supper until nine o'clock. Some storm clouds moved in, with thunder and a few lightning flashes, and the bite was on! By the time we all got back to the house, everyone was in high spirits, ready to unwind, share a glass of wine and a few fish stories. After supper, there were prizes for all. Anne Hutchison won the special fly display made by Jerry Criss and Marla Nelson won the special TFO CFR flyrod, with the matching pink rod case.

Sunday was another warm, still morning, and we continued to enjoy great fishing. Big ones, and lots of 'em! We all are looking forward to next year's event. We would like to thank Carol & Don Edmonds, for making their facilities available at a discount for this event, and to the following donors who provided prizes for the raffle: Newport Market, Grocery Outlet, Sportsman's Warehouse, Patient Angler, Hot Box Betty, Diva Den, Trivia Antiques, Donner Flowers, Ranch Records, the Hen's Tooth and of course to COF for giving us the 'seed money' to organize the event.



HUGE THANKS to WWW

WOW, what a great fundraiser at Edmond Wells, and a HUGE THANKS to the Wild Women On the Water for supporting Oregon Casting For Recovery!! It is a fantastic program, and we have seen many of the women who participated in past years continue to fly fish! The retreats have also established lasting friendships and support. VERY COOL..... so you can know your donations will give Oregon women a chance to participate FREE in this joyful experience.

-Deloris

New Calendar Section for WWW

Listed in the calendar is a new section and is the tentative schedule for Wild Women outings for the remainder of 2007. Dates and locations are subject to change, depending on weather, fishing conditions, and other factors. Delores will continue to send an email notice each month with details about each outing. We hope this information helps you with your scheduling. To avoid conflicts with COF outings, which usually occur on weekends, we decided to have Wild Women outings on Tuesdays, whenever possible.

? Remember, you may still attend COF outings too. Lee Ann Ross is doing an excellent job of arranging some great outings.

? If you want to locate a fishing partner(s), contact Delores (318-0567 or ladyd@bendcable.com). She will send a group email message to help you locate fishing buddies.

July Program

DANIEL C. ANTHON BIOGRAPHY - 2007

Dan Anthon has been guiding fly fishers and white water enthusiasts since 1997, and is always excited to share his passion with his clients. Dan was raised upon the shores of North Lake Tahoe, and began fly fishing the creeks and rivers of the Tahoe National Forest at the age of eight. Under the guidance of Andre Puyans and Ned Long, Dan honed his fly-tying skills and improved his fishing abilities. Dan studied Fisheries Biology and Entomology at Humboldt State, and also taught the Introductory Fly Fishing course at the University. Dan received his certification in Casting Instruction from the Federation of Fly Fishers by master instructors Mel Krieger and Joe Liebu, and recently worked as a Fisheries Biologist on the rivers of Ventura County, CA. Dan helped to develop the fly fishing program at the Marble Mountain Ranch on the Klamath and Trinity rivers, which he returns to each fall for the arrival of the steelhead. Dan has also guided some of the most technical water in Southern California on the challenging and aesthetic Kern River. **Dan relocated to Bend, OR in the spring of 2007 to join the team at The Fly Fishers Place in Sisters, OR**, and is enjoying guiding the local waters and immersing himself in all that Central Oregon has to offer. When he's not out on a river, Dan heads for the saltwater; and has spent time fishing the surf lines of Belize, Baja California and the Yucatan Peninsula.

Education Schedule

Two-Handed Spey Casting Class

Following up on the awesome single hand spey class John Judy gave the club in April, he has graciously agreed to give us TWO two-handed spey classes. Due to the high demand, we will hold a class on both Wednesday **August 29** and Thursday **August 30** (sorry he didn't have any weekend days free).

Each class will be open to eight students, making a total of 16 club members who will be able to get a taste of this fantastic casting method. We will meet ACROSS from Farewell Bend Park, on the north bank of the river in the area where all the rafters park and launch their boats. The classes will run from 9:30 to about 3:30 so bring your lunch and a folding chair. If you have a spey rod or can borrow one, bring it. If not, John will have some available for testing. Wild Women of the Water, sign up for either date. The cost is \$25.

To sign up, contact **Carl Cavallo**
fishincarl@yahoo.com

Class: Steelhead Fishing in Oregon

Last year I took the club's steelhead fishing class taught by Amy Hazel of Deschutes Angler in Maupin. I had never been steelhead fishing and had never seen a Spey cast before that day. Well, I came away absolutely hooked.

Amy's Spey casting was spellbinding: the ease at which she was able to cast 80+ feet with no back casting left me in awe. Of course, I had to buy a Spey rod and (as the education coordinator) put together a Spey casting class which I took.

I spent many days last fall, winter, and early this spring steelhead fishing. While I can't say I've become an expert, I certainly understand why people become addicted to steelheading and could see giving up trout altogether if the trout fishing was not also so great here in Central Oregon. All the snow, numb fingers, frozen reels and guides, are quickly forgotten when a steelie runs into your backing after just a couple seconds of play.

While Amy's class got me on the path, I also quickly discovered that she has a very particular style of steelhead fishing that is suited to a particular river and a particular view of what steelhead fishing is all about. There are many other rivers and many other styles.

In one of my early trips last year, I went steelheading with Peter Bowers of the Patient Angler on the John Day and quickly saw that I had a lot to learn about other rivers and styles. (The way you read and fish the lower Deschutes does not apply at all to the John Day.) Skating a dry fly on top of the lower Deschutes while the sun is off the water is a lot of fun. So is throwing a big wet fly using a sink tip in the middle of the day. Nyphing with a single handed rod is a great way to go in some situations as well. The lower Deschutes is a fun steelhead river, but there are many others including the John Day, the North Umpqua, the Grand Ronde, and many coastal rivers.

You can steelhead pretty much year-round in Oregon, but the action starts in Central Oregon in the late summer/early fall. In preparation for that, Peter Bowers will teach a class that covers a gamut of steelhead fishing topics: equipment, techniques, rivers, timing, etc. **The class will be held on August 21 in the Senior Center from 6-8 pm. The cost is \$15.** Contact me at yancy_lind@ml.com or 312-6821 to sign up.

Also in August, John Judy will teach two-handed Spey casting. See a separate article elsewhere in this newsletter for details on that class. You don't have to Spey cast to catch steelhead, but there are some real advantages to it in many situations.

Further out, Scott Robertson has agreed to spend a half day on the Crooked River teaching European nymphing techniques on Sept. 8. I'm working on a class for July; details will have to wait for the next newsletter.

Let me know if there's another class you'd like and I'll see what I can do.

-- Yancy Lind: yancy_lind@ml.com, 312-6821 (W), 388-3315 (H)

-- Yancy Lind

Outings

Outing July 18 Wednesday South Twin Lake

South Twin was formed about 20,000 years ago when rising magma-encountered groundwater resulting in violent steam explosions. The resulting explosions formed a broad shallow crater, which later filled with water. The lake covers an area of 99 acres with average depth of 33 feet with a maximum depth of 58 feet.

The fishing at South Twin Lake has improved tremendously in the past few years after a 1987 poisoning by ODFW to eliminate rough fish. Consistent stocking of fingerlings and legal-size rainbow trout has resulted in an excellent fishery. The largest recorded rainbow to come out of South Twin was over 13.5 pounds. The trout average 10 to 14 inches, with 18-inch fish common.

Fly fishers use sinking or sink-tip lines and size 10 and 12 Hare's Ears, Twin Lakes Specials, or dark leech and streamer patterns. Nymph fishing is good all day around the edge of the lake. Make sure you try the shallows near the campground, too. The best fly hatches usually occur mid-day.

One more winning characteristic of South Twin Lake is its calm water when winds are howling over other Cascade lakes. South Twin is completely tree-lined except for the beach day-use area. Water levels vary little over the season. The lake is rich with weedbeds. No motors are allowed on the lake. Twin Lakes Resort rents row boats, canoes, and kayaks.

Twin Lakes resort is on South Twin should you want to have lunch there rather than bringing your own. Let's meet at 9:30 at the boat ramp and come in about 12:30 for lunch. You will need your Forest Service Pass to park.

Directions: Take Hgw 97 south past Sunriver. Take the Vanderveld (sp) exit to the right. Go to the end of the road. Turn left. Turn right onto Cascade Lakes highway Forest Road 42.

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Stay on this road until you turn left at the sign for Twin Lakes. If you have any questions, please email Lee Ann at rossleeann@yahoo.com.

August Barbeque

Mark your calendars for COF's traditional August barbeque. The date is **Thursday** August 16 and the barbeque will be held at beautiful Aspen Hall in Shevlin Place. Bring a dish to share, libations and your summer fish stories. The barbeque will replace the usual monthly meeting. Next month's notice will contain additional details. In the meantime we're looking for help in planning the barbeque as well as volunteers to help in set up, serving, and clean up. Please contact Herb Blank at 312-2568 to volunteer.

Welcome New Members

Marilyn Forestell
Richard Larson
Ryan Shaffer

2007 Who's Who & Who Does What

Officers:

President	Dave Semich
Vice President	Yancy Lind - Education
Treasurer	Bob Cooper
Secretary	Joel Bailie

Board Members:

Don Schnack - Programs
Bob Griffin- Historian
Dennis Rockwell – Raffle
Larry Godfrey -Banquet
Dick Olson – Membership
Bill Seitz-Conservation
Lee Ann Ross – Outings
Mark Reisinger – Koknee Karnival
Deloris Marsh – Wild Women of the Water
Emil Seidel
Carl Cavallo
Herb Blank

Other Volunteers:

Newsletter Editor – Sherry Steele

SPECIAL THANKS

Merrill Hummer recently closed the Numb-Butt Fly Shop. He generously donated two very large bags of equipment and materials for our auctions. This type of gift generates excitement and profits at our meetings. A big thanks to Merrill, if you know him give him a call and say thanks.

THE TYERS CORNER

Welcome to the "Tyers Corner", I am asking other tyers in the club to send me some of their favorite flies so that they can be shared with others in the Club.

I hope you enjoyed the "Czech Nymph", and have been able to fish it using the Polish or Czech style nymphing; it is one of the most efficient methods I know for fishing small deep pocket water.

The fly this month, (The Foampy) comes from, Ed Morphis. I don't know him except for seeing him at the tyer shows. I watched him tie this and it is an easy version of a Humpy which are difficult to tie. There is a tyer in California Jack Johnson that ties a #28 Humpy and it is perfect, don't know how he does it, just doesn't seem possible even when you see it done. Humpies are a great searching dry fly and they are easily seen, even in rough fast riffles. I haven't fished this fly yet but I know it will be very effective on the Upper Deschutes below Lava Lake, this piece of water is a great place to take someone dry fly fishing for the first time, there a lots of little fish that will bite on almost anything, and once and awhile you will be taken by surprise at the size of fish that will take your dry fly and in very shallow water to boot.



Pattern: "Foampy"

Hook: Any good dry fly hook, #10 to #16.

Thread: 8/0 color to match the floss, or just stay with yellow.

Tail: 6-10 Moose hair, mane works the best if you have it.

Overbody: 3/16 width of 2mm foam, tan.

Body: Floss, anyone of the following, yellow, red, green, black, or orange

Wing: White or Cream Z-Ion or white kid or calf tail.

Hackle: Grizzly, furnace or Cream, good dry fly hackle.

Head: Use the same color as the floss or yellow.

Tying the fly:

Start with the tail, 6 to 10 moose hair fibers, tail length same as the hook shank, but remember to leave enough room at the butt end to tie in the foam, the wing and the hackle. Tie in the piece of foam so when pulled forward it will cover the floss body, now tie in the floss and bring the tying thread forward, tying the foam the same length as the butt ends of the tail. Wind the floss forward; be sure to cover all the foam. Bring the rest of the foam forward, over the top of the floss be sure to pull on the foam just a little and tie it down this will make the foam hump just a little. Tie in the wing material, and divide the wing with figure 8 wraps, then cut to length about 1 1/2 times the hood gap. Now tie in the hackle, I like to use two hackle feathers with one always a Grizzly, I believe it gives the fly more life. Make at least 3 wraps with each hackle feather, two it back of the wing and one in front. Whip a nice neat head. You will be challenged on leaving yourself enough room for a head; this is a real good fly for mastering that process.

Again if you have any questions or comments, contact me at tlfly44@msn.com. Happy hunting everyone, Jerry

A note from Jerry!

Mirror Pond Gallery downtown is having a showing of Angling Art again this year, the show runs until early July, Jerry has some of his art in the show!

Central Oregon Flyfishers Up-Stream Events 2007 Send Updates to Sherry Steele

Date	Time	Club Activities/Meetings	Loaction	Contact
July 5, 2007	6:30PM	Board Meeting (1st Thurs of the mo.)	Env cntr Bend	Dave Semich
July 18, 2007	6:30PM	Gen Mem Meeting (3rd Wed of the Month.)	Bend Sr. Cntr.	
July 18, 2007	6:20PM	Gen Mem Meeting (Dan Athon)	Bend Sr. Cntr.	
August 16th		Annual BBQ	Aspen Hall in Shevlin Place	Herb Blank

Club Classes

August 21,2007	6PM-8PM	Class-Steelhead Fishing the Deschutes (Peter Bowers)	Bend Sr. Cntr.	Yancy Lind
August 29, 2007	9:30AM-3:30PM	Class-Spey Casting for Steelhead (John Judy) (\$25.00)	Across from Farewell Bend Park, North bank of the river	Carl Cavallo
August 30, 2007	9:30AM-3:30PM	Class-Spey Casting for Steelhead (John Judy) (\$25.00)	Across from Farewell Bend Park, North bank of the river	Carl Cavallo
Sept 8,2007		Class-European Nymphing (Scott Robertson)	TBD	Yancy Lind

Club Outings/Fundraisers/Volunteers

July 18,2007	9:30AM	Outing-South Twin Lake	Boat Ramp	Lee Ann Ross
October 4-7 2007		Outing-Lower Deschutes Steelhead	Neal Buxton and Larry Godfrey	

Wild Women of the Water

24-Jul-07		East Lake		Deloris Marsh
7-Aug-07		Upper Deschutes, Three-Creeks Lake, or Little Cultus (depending on conditions)		Deloris Marsh
September,2007		Delores and Terri will be out of town for 1-3 weeks in early September. The Kokanee Karnival Streamside Experience occurs during the final week of September. Let us know if you would like to volunteer to arrange and host an outing in early September.		Deloris Marsh
October, 2007		Date to be announced. Possibly Gold Lake or the Crooked River with Bill Seitz. Cast for Recovery will be held at Rock Creek Ranch Oct 19-21. Let us know if you can volunteer to help.		Deloris Marsh
November, 2007		Annual potluck and get-together. Let us know if you would like to host the potluck.		Deloris Marsh

Non-Club Activities & FYT's

July 31-Aug 4, 2007		FFF National Conclave	Livingston, MT	
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*Contacts for Up Stream Events, Outings, Classes
etc.*

COF	Dave Semich (President)	flyfishdave@webformixair.com
	Yancy Lind (VP, Education Chair)	yancy_lind@ml.com
	Carl Cavallo	fishincarl@yahoo.com
	Neal Buxton	NealAB@aol.com
	Larry Godfrey	lgodfrey@bendbroadband.com
	Grodon Chandler	gchandler52-bc@yahoo.com
	Lee Ann Ross (Outings Chair)	rossleeann@yahoo.com
	Sherry Steele (fly -tying + Newsletter)	steelefly@msn.com
	Vivian Rockwell	vivianrockwell@hotmail.com
Others	FFF National Conclave	http://fedflyfishers.org
	The Fly fishers Place (Jeff Perin) 541-549-3474	http://www.flyfishersplace.com/
	The Patient Angler (Peter Bowers) 541-389-6208	http://www.patientangler.com/
	Fly & Field (Scott Cook) 541-318-1616	http://www.flyandfield.com/

What happens in Kamloops Stays in Kamloops BC?

(Well.... At least until the next newsletter)



The August newsletter will have all the pictures and pillow talk details.
Ask Vivian and Dave S. about the pillow talk stuff.
-Sherry

Special Reminder to those who went to BC

Clean your gear!

This is a great habit to get into as a preventative measure.

For your reference New Zealand Mud Snail-Gear cleaning

The only sure way to prevent spread by anglers, or researchers is to make sure that waders, boots, tackle, sampling gear, etc. are thoroughly washed, and soaked in a solution of 50% water and 50% Formula 409[®] for 5 to 10 minutes before the boots, waders, equipment are used in another stream. Freezing overnight will also kill the snails.

Any reports should be called in the ANS coordinator at Ph. 303-291-7362; or e-mailed to robin.knox@state.co.us.

The Central Oregon Flyfishers

NEW MEMBERSHIP

The following information is used in the roster. Include all contact data and other interests that you wish to have appear in the roster. Print legibly using block letters, all caps.

LAST NAME		FIRST NAME	OCCUPATION (PAST OR CURRENT)	
SPOUSE'S FIRST NAME		SPOUSE'S LAST NAME IF DIFFERENT		HOME PHONE
HOUSE NUMBER	STREET		WORK PHONE	EXT
CITY			STATE	ZIP CODE
EMAIL ADDRESS				
How do you want to receive the COF monthly newsletter? (Check one.) <input type="checkbox"/> Email <input type="checkbox"/> US Postal Service				
Why did you join COF? (Check all that apply. List other interests on reverse.) <input type="checkbox"/> Wild Women of the Water				
<input type="checkbox"/> Acquire more knowledge <input type="checkbox"/> Find fishing partner <input type="checkbox"/> Volunteer for projects <input type="checkbox"/> Improve technique <input type="checkbox"/> Social functions				

You must sign this release EACH year when you renew to attend or participate in club activities.

LIABILITY RELEASE AND HOLD HARMLESS AGREEMENT

As a condition of membership or of participation in any activity encouraged or publicized by The Central Oregon Flyfishers, I voluntarily assume all risks of my participation. In acknowledgement that I am doing so entirely upon my own initiative, risk and responsibility, I do hereby for myself, heirs, executors, and administrators agree to remise, fully release, hold harmless, and forever discharge The Central Oregon Flyfishers, all its officers, board members and volunteers, acting officially or otherwise, from any and all claims, demands, actions or causes of actions, on account of my death or on account of any injury to me or my property that may occur from any cause whatsoever while participating in any such COF activity.

I acknowledge that I have carefully read this hold harmless and release agreement, and fully understand that it is a release of liability. I further acknowledge that I am waiving any right I may have to bring legal action to assert a claim against The Central Oregon Flyfishers for its negligence.

I have read the above statement and agree to its terms as a condition of my membership in The Central Oregon Flyfishers.

X	_____	_____	_____
SIGNED BY	PRINT NAME	MONTH	DAY YEAR
X	_____	_____	_____
SIGNED BY	PRINT NAME	MONTH	DAY YEAR

DUES SCHEDULE

Memberships are renewable on January 1 of each year. New members joining prior to June 1 shall pay a full year's dues of \$36. New members joining after June 1 shall pay a prorated amount according to the chart below. New members who reside outside Deschutes, Crook and Jefferson County shall pay \$12.50.

THE MONTH YOU ARE JOINING	JUN	JUL	AUG	SEP	OCT	NOV
THE DUES YOU PAY (\$)	18	15	12	9	6	3

RETURN THIS FORM Mail or deliver this form and your check payable to The Central Oregon Flyfishers to the membership chairman. Forms unaccompanied by dues payment or that lack signature, name, or date on the liability release statement are considered invalid and will be returned to sender.

The Central Oregon Flyfishers
Membership Chairman PO Box 1126, Bend, OR. 97709