

The Central Oregon Flyfisher

Vol. 34, Number 1, January 2011



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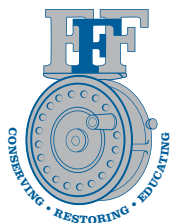
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RANDOM CAST

Crooked River outing – Happy New Year to all. I hope at least a few of you will brave the cold, the snow, and the higher flows to get out to the Crooked River for the New Year's day outing. Don't forget the breakfast at Jakes. That can be the best part.

Your Board – I want to thank Dick Olson for his outstanding service leading COF last year. Matt Paluch replaces Craig Dennis who leaves the Board after doing a marvelous job of improving the membership. Eric Steele is now vice president and Howard Olson will organize the banquet. Kristin Lambson has volunteered to handle the raffles as well as Wild Women of the Water. Dave Dunahay and Bob Griffin have volunteered to serve on the Board, bringing their years of experience.

The next big volunteer opportunity – Plan now to volunteer to help with the kid's fishing pond at the Sportsmen's Show, coming to the Deschutes County fairgrounds, March 10 to 13. COF will again manage the kid's fishing pond. We will need your help staffing this fun-filled weekend. Kathleen Schroeder (kathleen.s.schroeder@gmail.com) has agreed to organize our volunteers. If you'd like to help, please send email to Kathy.

A committee is working on changes to the way COF manages the pond. We want to increase the catch rate and make it more fun for the kids. At the end of the show, remaining fish will be taken to the kid's fishing pond in Redmond. Unfortunately, over 500 fish were killed at the end of the show last year, because the truck couldn't hold all the remaining fish. We prefer to increase the catch rate rather than have fish remaining. Look for full details on our improved fish pond management methods in the February newsletter.

If you have any creative ideas, please pass them on to a board member. Get out and enjoy the winter fishing.

– Lee Ann Ross, President



Kid's fishing pond at the Sportsmen's Show, 2010. PHOTO: Frank Turek

GENERAL MEETING

Jan 19 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Fishing the desert lakes of Washington State

On the dry side of Washington State, there are many lakes and a few spring creeks that offer spectacular fishing for a variety of trout species (rainbow, brown, Lahontan cut-throat, brook, tiger). Many of these lakes were formed when seepage from large reservoirs filtered through the basalt rock at their bottoms. The warm summertime temperatures and abundant insect and plant life in these lakes can grow some huge fish.

Matt Paluch, new member of COF and former resident of Washington State, will talk about the most famous lakes of the region, when to go, and techniques that work best. Matt will also briefly cover bass and carp fishing.

OUTINGS

Outings for 2011

The 2011 outings calendar is starting to look good. Of course, we can always use more outings. The month of July does not have a scheduled outing. Let me know if there is a trip you would like to lead. It's easy and fun to do.

We will have an outing to Diamond Lake with the Sunriver Anglers September 26 to 29 (Monday through Thursday). We need a COF leader for this outing. It shouldn't take much effort — keep track of who is going, notify people, and coordinate. **If you can volunteer to lead this trip, please contact me.**

New Year's day outing

The first outing of 2011 will be the traditional New Year's Day outing to the Crooked River. As always, meet at Jake's Diner on the east side at 9 a.m., have breakfast with fellow COF members, and decide if the trip out to the river is for you. Some of us are always crazy enough to go, regardless of weather or river flows. (We have to make sure we get full value out of our 2011 fishing licenses.) Be sure to get your 2011 license beforehand. Sometimes the fishing is even decent on New Year's day.

John Day River outing

Over the past few years, I have spent a fair amount of time on the John Day River in search of steelhead, but I'm not an expert on the river. The John Day is different from any other steelhead river I have been on. It is also nearly impossible to plan a specific date to fish it very far in advance. It is a wild river and subject to extreme fluctuations as storms move

OUTINGS 2011

Month	Date	Leader	Destination
Jan	1	Yancy Lind	Crooked River
Feb	19	Yancy Lind	Metolius River
	TBD	Yancy Lind	John Day Float for Steelhead
Mar	5	Gary Meyer	Upper Middle Deschutes (above Bend)
	17-20	Lee Ann Ross	Owyhee River
	26	Bill Seitz	Crooked River Spawning Site Marking & Outing
Apr	23	Yancy Lind	Lower Middle Deschutes (Steelhead Falls)
May	14	Dave Semich	Davis Lake Bass
	13	Mike Tripp	Lower Deschutes Float (Warm Springs to Trout Creek)
	21	Yancy Lind	Beginner Outing - Crooked River
Jun	3-5	Bob Mullong	Prineville Crappie Marathon
	9-10	John Anderson	Diamond Lake
	23-26	Chuck Burley	Chewaucan River
	16-24	Rick Sironen	British Columbia
July			
Aug	13	Richard Yates	Malheur Carp Fishing
	18-21	Yancy Lind	Lower Williamson River / Wood River
Sep	6-11	Phil Hager	Cascade Lakes
	26-29		Diamond Lake (with Sunriver Anglers)
Oct	3	Frank Turek	Hosmer Lake
	9-12	Eric Steele	Lower Deschutes Steelhead
Nov	19	Bill Seitz	Crooked River Cleanup

across Oregon. As I write this, the river has gone from 1000 to 9000 CFS in just a couple of days. The river also freezes over when flows are down and a cold front comes in. The John Day is also a bit of a drive – from 2 to 3.5 hours one way, depending on the route you take. Finally, access is limited and can be difficult. I have seen guys driving with chains on their four-wheel drive trucks to avoid getting stuck in the mud on one access road.

Why bother? Because there are a lot of steelhead in this river. I have heard of people having 20-plus fish days. I've never had an experience anything close to this, but I am going to keep trying.

If you want to try with me, let me know and I'll put you on an email list for notification when the trip occurs. When we fish, where we fish, and how we fish (from a boat or wading along the bank) is completely dependent on the weather and watching the river flows. It could be January and/or February. It could be a weekend or a weekday. The temperature could be 15 or 50 degrees. We just have to keep watching the conditions.

Metolius River outing

I've lead multiple mid-winter outings to the Metolius River over the past two years and always had a good time. Winter is my favorite time to fish this wonderful river. The crowds are gone, the fish are active, some big fish have moved up from the lake, and I've seen some amazing wildlife (deer, elk, mountain lion) during long hikes in the canyon. I once saw a deer with a good rack of antlers leap into the river being chased by what I swear was a wolf. Some of these encounters were a little scary. The scariest was the rattlesnake I literally stepped over before I heard it. It was right on the bank of the river. (That was in the summer.)

Anyway, the trip is on again. As always, it is limited to a small number of people, so let me know right away if you want to reserve a spot. You need to be able to hike a few miles. And, as with the John Day trip, the weather can play a real wild card. I have had a good day even when the temperature was nine degrees (The river was still 45 degrees.), but these conditions might not be for you.



For more information about the New Year's Day, John Day River, and Metolius River outings, contact **Yancy Lind, Outings Coordinator** (yancy_lind@ml.com or 541-788-5514).

British Columbia trip

Jun 16 – 24 | Rick Sironen (541-504-6697 or Rick@NWQC.com)

Many members already know about this trip that COF has done for many years. But many new members, like me, have never experienced this great trip. We will travel to Leighton Lake in British Columbia for eight days of some of the best trout lake fishing in North America. This is a camping trip with group meals for breakfast and dinner. The COF trailer will be there, so plan to sign up for preparing meals, cleaning up, making coffee, and doing other chores. If you are interested, please contact me. For more detailed information about this trip, visit the COF web site and click British Columbia Trip (<http://www.coflyfishers.org/bc/index.php>).

EDUCATION

Winter seminar – Mastering western rivers and lakes

Feb 12 and 13 | Aspen Hall | 9:00 a.m. to 4:00 p.m. | \$65

This year's winter seminar will feature Rick Hafele and Skip Morris. This workshop brings together entomology, pattern selection, presentation, and fly tying. Skip and Rick, with their characteristic easy manner, will teach you how to fish trout rivers (day one) and trout lakes (day two). Information

will concentrate on the Pacific Northwest and will cover the following topics:

- recognizing critical hatches
- selecting and fishing patterns that match the hatches
- tying a variety of effective nymphs, emergers, and dries

This workshop is perfect for beginner to advanced fly fishers, as everyone will come away with a much deeper understanding about what patterns to use, how to fish them, and how to tie them.

COF and Sunriver Anglers will host this seminar at Aspen Hall in Shevlin Park on February 12 and 13, 9:00 a.m. to 4:00 p.m. Cost for the two days is \$65 for Central Oregon Flyfishers and Sunriver Angler members. Cost is \$75 for non-members. Lunch, coffee/drinks, and snacks are included in the price. **To register, mail your check to: Gary Meyer, P.O. Box 1396, Bend, OR 97709.**

For more information, contact Gary (541-633-0934 or education@coflyfishers.org).

Register early! Reserve your spot. Space is limited, and we anticipate this seminar will be very popular.

– Gary Meyer (education@coflyfishers.org 514-633-0934)

Tuesday night fly-tying

Tuesday night fly-tying classes will begin January 4, 2011, (6:00 p.m. to 9:00 p.m. at the Bend Senior Center) and will be held every Tuesday night for 13 weeks. I will teach the first class. The tyers' schedule is just about set, and I'll talk about the schedule during the first class. We'll also discuss what you want to see presented this year. This year will be an expansion of the last two, with old and new techniques. I'll try to keep

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materials to items you are likely to already have, rather than use materials that are good for only one pattern. Classes are set up for intermediate to advanced tyers, but beginners will find there is plenty of help in the class. So plan to attend even if you have only a little tying experience. These classes are a bargain at \$5 per class.

– Jerry Criss (541-536-3581 or tlfly44@msn.com)

WILD WOMEN OF THE WATER

The Wild Women of the Water would like to thank all the members, guides, and fly shop owners who assisted us in 2010. We look forward to another great year of fishing and camaraderie.

To all the COF members, we wish a very prosperous and happy New Year.

– Kristin Lambson

OTHER NEWS

Angler and aquatic education instructor certification class

Would you like to become a volunteer instructor for the Oregon Department of Fish and Wildlife's Angler and Aquatic Education Program? As a certified Angler and Aquatic Education Instructor, you will be joining a team of volunteers committed to teaching youngsters the skills needed to enjoy a lifetime of fishing. This is a core elective in our Kokanee Karnival program.

An instructor training class will be held Saturday, February 19, 2011 from 8:30 a.m. until 4:00 p.m. at the Oregon Department of Fish and Wildlife Deschutes Watershed District Office located at 61374 Parrell Road, Bend.

The class will cover the background of the Angler Education Program, core curriculum of our course, and several hands-on activities that are available to instructors. Most of the class will be held indoors. Weather permitting, a brief portion of the class will be held outdoors for a casting activity.

For pre-registration, contact Bob "Capt Caddis" Mul-long (541-389-4372 or capt@bendnet.com).

Calling all crafters, woodworkers, quilters, artists, and home hobbyists!

The annual COF banquet and fund raiser will be held April 2, 2011. We are now accepting donations for the raffle and auction. This is the club's biggest fund raiser of the year. If you are a crafter or home hobbyist, please consider sharing your art with the club. We would love to have some items that have been crafted by our own members. We hope that our early request will give you plenty of time to create a masterpiece. If you would like to donate or have questions, please

contact Kristin Lambson (wildwomen@coflyfishers.org or 623-570-6446).

COF Fly of the Month CD

Fish Central Oregon waters with confidence knowing that you have the flies made especially for our waters. A compact disc (CD), with pictures and tying instructions for more than 75 COF flies of the month, is now available. If you missed purchasing your CD at the December meeting, don't panic. Here's how to get one:

- Purchase a CD at the January meeting.
- For a version that you can download, mail a check (payable to COF) for \$5.
- For a CD, mail a check (payable to COF) for \$6.

Contact Lee Ann Ross (rossleeann@yahoo.com).

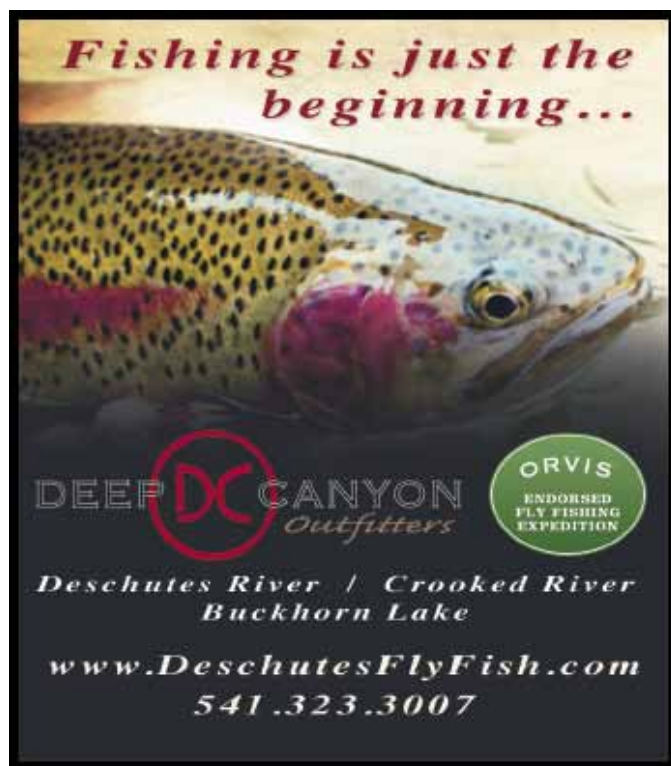
MEMBERSHIP

Welcome new members

Welcome to new December members Frank Pride, Stacy and Dennis LaBare, Bruce Cody, Mike Smith, and Joe Wierza! We now have 262 members.

REMEMBER: If you renew your membership after January 1, 2011, regular dues will be \$36 and associate dues will be \$18. Membership forms are available on the COF website (<http://www.coflyfishers.org>).

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To join as a new member, go to <http://www.coflyfishers.org> and click **Join**.

Current rosters are available by request. Please contact the membership chairman at the next meeting, or send email to membership@coflyfishers.org with ROSTER as the subject, or mail a card to Membership Services, PO BOX 1126, Bend, OR 97709. (Please indicate if you want a PDF file or printed copy.)

As of January 1, Matt Paluch will be the new Membership chair. Volunteer opportunities in membership services are available. Contact membership@coflyfishers.org if you are interested in helping with small tasks.

– *Craig Dennis, Membership Chair*
541-548-1689 or 503-577-1179

VOLUNTEER OPPORTUNITIES

Youth rod-building class

Seven Peaks Middle School has asked COF to help with a rod-building class that is held Friday mornings from 10:45 to 11:50 a.m. If you can help, please contact Delores Marsh (ladyd@bendcable.com) or Bob Griffin (bgriffin@bendcable.com).

COF youth fly-fishing program in 2011

In late 2010, the Board of the Central Oregon Flyfishers voted to develop and implement a program to enhance youth fly-fishing opportunities within the club in 2011. All sorts of ideas were discussed: monthly youth activities in fly tying, fly fishing skills, and conservation; youth-oriented outings and educational classes; developing a group of club mentors for middle and high school fly-fishing clubs, Boy Scout merit badge programs and Girl Scout activities; and a Youth Fly Fishing Day at the Bend Pine Nursery pond. Bill Seitz, our Conservation Chair, agreed to jump start the program. He needs help in this endeavor! Bill would like to form a small advisory committee to help formulate the program. If you want to be on the committee or want to volunteer for some of the youth activities in 2011 and beyond, contact Bill (conservation@coflyfishers.org or 541-330-8186). The leadership of the club is excited about this new effort and hope you will “catch” the excitement and volunteer to help.



Sportsmen's Show

Plan now to volunteer to help with the kid's fishing pond at the Sportsmen's Show, coming to the Deschutes County fairgrounds, March 10 to 13. We need your help staffing this fun-filled weekend. For more information and to volunteer, contact Kathleen Schroeder (kathleen.s.schroeder@gmail.com).

Metolius redd counts

If you want to walk the beautiful upper Metolius and help survey for redband redds, here's your chance. Meet at the Sisters Ranger District at 9:00 a.m. the day of the survey. Surveyors should be back at the district no later than 2:00 p.m. Bring chest waders, backpack, lunch, water, polarized glasses, and warm clothes.

Please contact me if you would like to volunteer. See the December 2010 newsletter for the survey schedule.

– *Nate Dachtler*

Sisters Ranger District Fishery Biologist
541-549-7725 or ndachtler@fs.fed.us

It's Coming

Annual Banquet
& Fundraiser
2011

Saturday • April 2, 2011
Seventh Mountain Resort

For more information, contact:

Chairman – Howard Olson (541-279-0982 or banquet@coflyfishers.org)

Donations/Raffle/Auction – Kristin Lambson (623-570-6446 or donations@coflyfishers.org)

CONSERVATION

Mann Lake restoration

Mann Lake is located about 65 miles southeast of Burns on the east side of the Fields-Denio Road in sagebrush country managed by the Bureau of Land Management. Mann Lake has long been known to anglers as a premier Lahontan cutthroat trout fishery, where 12-inch fish were common and 20-inchers always a possibility. A naturally formed lake, it averages about 275 acres and six feet deep at full pool. Nutrient rich, plankton and macrophytes grow prolifically. Under normal conditions, visibility is about three feet. The lake is fed by intermittent streams from the east side of the Steens Mountains and has no natural outlet. It loses its water from evaporation in the summer and fall. From the late 1990s to present, Mann Lake was stocked with Lahontan cutthroat trout from Omak, Washington that originated from Marlette Lake, Nevada and contain some rainbow genes. Mann Lake is managed as a trophy trout fishery and is (or was until recently) very popular with anglers, who provide a significant economic benefit to the local economy.

In 2001, an angler caught a goldfish in the lake. An ODFW survey of the lake found goldfish along with two other invasive species – bluntnose minnow and fathead minnow. A 2010 survey found significant numbers of goldfish and very few trout. The goldfish were illegally introduced to the lake. The goldfish in Mann Lake competed with the cutthroat trout, and because they feed on aquatic vegetation at the lake bottom, roil up the water causing significant turbidity, which negatively affects water quality. Water visibility in Mann Lake went from the normal three feet to about three-eighths inch due to the impacts of goldfish. Because of this decline in water quality, proliferation of goldfish, and decline in trout numbers, angling activity at the lake dropped dramatically.

In the summer of 2010, the ODFW Fish Restoration and Enhancement (R&E) Program provided a \$41,947 grant to help restore the trout fishery by treating the lake with

rotenone. Prior to treatment, ODFW and about 30 volunteers from eastern and western Oregon and members of the Burns Paiute tribe gathered at the lake to do some pre-removal sampling including assessing the macroinvertebrate population, improving a barrier between the lake and a connected pond, electrofishing Mann Creek, and netting fish in the lake. COF member John Anderson coordinated the macrovertebrate sampling.

They found virtually no vegetation or aquatic insects on the lake bottom and some invasive minnows in the creek. Volunteers netted 172 goldfish and 7 trout – a ratio of 25:1. The stomachs of several goldfish and trout were examined – all stomachs were empty and the female goldfish were carrying eggs. The Salmon and Trout Enhancement Program (STEP) Advisory Committee provided \$2,000 to feed the volunteers and for some camping and cooking gear. (COF member Dave Dunahay is a member of the STEP Advisory Committee.)

On September 13-15, 2010, ODFW staff applied rotenone to the lake and removed about 197,000 goldfish. (Raven Wing, former COF President, took some pictures of the removal result and provided them to the club for the newsletter). John Anderson and Steve Williams helped survey the macroinvertebrate populations after the goldfish removal. Unfortunately, a post-treatment survey discovered two goldfish. While initial treatment removed the juvenile fish, some larger fish appeared to have survived. The lake was treated again in November.

The lake will be stocked with six to eight-inch Lahontan cutthroat trout fingerlings to jump start the fishery. The pre-treatment survey found lots of macroinvertebrates in the vegetation along the lake shore, which are expected to provide a good initial food source for the new trout population.

Article excerpted from Oregon Fish Works, fall 2010, a publication from the Oregon Department of Fish and Wildlife's Fish Restoration and Enhancement and Salmon and Trout Enhancement Programs.



PHOTOS: Raven Wing, <http://picasaweb.google.com/alvordwings/MannLakeFishKill9192010#>

TYERS CORNER

Winter has taken over Central Oregon. In my neck of the woods there is still a good 12 inches of snow on the ground. The fishing has slowed on the Fall River — just too many storm fronts have come in back to back. The Crooked River is running high and fast with the latest release of water from Prineville Reservoir. Both were fishing well until the latest batch of storms.

The COF Winter Fly Tying classes will begin January 4, 2011. (See details on page 3.) The classes are for intermediate to advanced tyers. For beginners, if you have tied some flies, we will try and help you get through the class. Remember, no one else is giving classes like these for \$5, so please join us for the fun.

This month's fly, the Two Feather Mayfly, is a very old pattern. I demonstrated this pattern at the December COF meeting. According to a good source, it can be a good producer on the Metolius as a Green Drake. A story going around claims that this fly accounted for a very nice fish at Hosmer this past summer. It can be tied in many colors: dark olive (Green Drake), light tan (Light Cahill), and with the original feather teal, which makes a good match for the Steel Gray Mayfly that appears on Hosmer in the summer. The tricky part is the tail and body; they are one feather, tied in wonder-wing style with just a couple of barbs left on the tip of the feather for the tail. It forms a very nice extended body with a natural "V" in the tail. Add a hackle to match and you are done. It can be a little fragile, so good material is a must.

Good luck and good hunting.

—Jerry Criss (541-536-3581 or tlfly44@msn.com)

Two Feather Mayfly



Thread: black or color to match the hatch

Hook: TMC 103BL #16 to #10 or try the Partridge Klinkhamer #16 (The way the bend drops off from under the extended body and tail creates a great look for this fly.)

Body & Tail: teal feather or similar hackle feather to match the hatch

Hackle: good dry fly hackle, black, grizzly, or color to match the hatch

1. Wrap a short thread base at the tie-in point of the tail just before the hook point.

2. Prepare a single feather. Hold it upside-down and stroke it backward, making a little extended body, with the complete tip facing the rear of the fly. (After the fly is completely tied, trim the tip, leaving just two barbs on side of the V.)
3. Hold the feather tight and use the pinch move to tie the feather on top of the short thread base. (The thread base will keep the body and tail section from spinning on the hook.)
4. With the first feather in place, trim the excess. Or if the length is right, trim only the piece with the main stem and use the remainder as part an upright wing like the original.
5. Wind the thread toward the hook eye and stop, leaving enough space to stand up the rest of the body feather. (If there is too little of the body feather to make a wing or it is just too long or short, add to it or cut it off and add barbs from another feather of the same material to make the upright wing).
6. With the wing upright, stop the thread at the rear of wing and tie in the hackle. Make three wraps in back of the wing and at least two wraps in front.
7. Finish with a nice neat head. Cut the tip of the body feather, leaving two barbs on each side to create a good imitation of an extended body mayfly.

Central Oregon Flyfishers Upstream Events 2011

Date	Time	Activity	Location	Contact
JANUARY				
Jan 1	9:00 am	OUTING	Crooked R.	Meet at Jake's Diner before going to river.
Jan 4, 11, 18, 25	6:00 pm	Fly tying	Bend Senior Center	Jerry Criss (tfly44@msn.com)
Jan 6	6:30 pm	monthly board mtg.	Environmental Center	Lee Ann Ross (president@coflyfishers.org)
Jan 19	6:30 pm	general meeting	Bend Senior Center	

IN THE FUTURE

Feb 1, 8, 15, 22	Fly tying , Bend Senior Center, Jerry Criss (tfly44@msn.com)			
Feb 12	Winter seminar (See details on page 3.)			
Feb 19	Angler and aquatic education instructor certification class. Contact Bob "Capt Caddis" Mullong (541-389-4372 or capt@bend-net.com).			
Mar 10-13	kid's fishing pond at the Sportsmen's Show, Deschutes County fairgrounds, Kathleen Schroeder (kathleen.s.schroeder@gmail.com)			
Apr 2	Annual Banquet, Howard Olson (541-279-0982 or banquet@coflyfishers.org)			

NON-CLUB ACTIVITIES & FYI

Mar 11-12	NW Fly Tying & Fly Fishing Expo, Linn County Expo Center, Albany, OR			
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2011 COF Board Members: Lee Ann Ross PRESIDENT Eric Steele VICE PRESIDENT Susan Telford TREASURER Bill Raleigh SECRETARY John Anderson Programs Howard Olson Banquet, Fund raising Yancy Lind Outings Dick Olson Past President Matt Paluch Membership Bill Seitz Conservation Gary Meyer Education Frank Turek Kokanee Karnival Kristin Lambson Wild Women of the Water, Banquet fund raising

Membership application available from: <http://www.coflyfishers.org>
 For advertising information, call Mike Shadrach at 541-678-5717.



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active member club



For advertising information, call Mike Shadrach (541-678-5717).

NEWSLETTER - Terri Grimm *Editor & Designer*