

The Central Oregon Flyfisher

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RANDOM CAST

It may sound unusual for a fly fisherman, but winter is my favorite time of year. The long, cold winters are what brought me to Central Oregon. This time of year I can do the two things I love best in the outdoors: skiing (Alpine and Nordic) and fishing. Choosing between them can be tough because in some ways I like fishing in the winter even better than in the warmer months.

Winter fishing just adds to the challenge. Yes, it can be cold, but as the old Scandinavian saying goes, "there is no such thing as bad weather, only bad clothes". And winter fishing has its own magic.

In early January last year I went fishing on the Metolius on a Saturday in one of the most popular sections of the river. I put my truck into 4WD and slowly drove through a few inches of unplowed snow. It was about 20 degrees out when I waded into the much warmer water. It was a gorgeous setting. Fresh, untracked, pure white snow all around framed by a perfectly blue sky.

I didn't catch a ton of fish that day, but I did get a few. There was even a mayfly hatch in the middle of the day for about an hour or so. I didn't see anyone else all day.

This sort of fishing doesn't seem to appeal to many. Most people chuckle at me when I talk about fishing in sub-freezing conditions. But that diversity of fishing opportunities is one of the great appeals of our sport.

I look forward to being COF president in 2008. It's a great club, filled with great people. If there is any way I can help make the club better for you, please do not hesitate to ask.

Yancy Lind



GENERAL MEETING

Rivers need water

January 16, 2008, 6:30 p.m.

Bend Senior Center, 1600 SE Reed Market Road, Bend

Join Scott McCaulou, Program Director of the Deschutes River Conservancy, to learn more about the innovative river restoration tools that the DRC is employing to restore our local streams and rivers. Acquiring water to increase streamflow is perhaps the most challenging aspect of restoring a river. The DRC has successfully been navigating the confines of western water law and the 120 - year tradition of irrigation diversions to achieve watershed restoration at a scale that was not imaginable even ten years ago. Historically, the Deschutes River and its tributaries supported healthy populations of steelhead and Chinook salmon, as well as redband and bull trout. Over the past 100 years, however, these fish have suffered as a result of basin-wide habitat degradation. Scott will discuss how the DRC is working to address these issues by effectively restoring streamflow and improving water quality in the Deschutes Basin.

At the January meeting, Bill Seitz will also briefly discuss the Public Process used by the Oregon Department of Fish and Wildlife to develop Oregon Sport Fishing Regulations.

EDUCATION

COF winter fly-tying classes

It's that time again. Winter fly-tying classes will begin January 10, 2008. Classes will be held at the Bend Senior Center, every Thursday, from 6:30 p.m. to 8:30 p.m. See the tentative schedule below. The cost will be \$5.00 per class, payable at the door. Bring your own tools and thread; all other materials will be supplied. To sign up, contact Sherry Steele.

<u>Date</u>	<u>Pattern</u>	<u>Date</u>	<u>Pattern</u>
Jan 10	Clouser minnow	Feb 21	Czech nymphs
Jan 17	open	Feb 28	terrestrials
Jan 24	nymphs	Mar 6	open
Jan 31	emergers	Mar 13	dry flies
Feb 7	spey flies	Mar 20	salmon flies
Feb 14	lake flies	Mar 27	creative fly demos

Sherry Steele
steelefly@msn.com or 541-549-2072

Rod-building class with Harry Harbin

The class will be held four consecutive Tuesday evenings, beginning January 22. Time, place, and fee to be determined. The class will be limited to the first eight members who sign up. Contact Lee Ann Ross (rossleeann@yahoo.com).

OUTINGS

New Year's day outing

Jan 1, 2008. Meet at Jake's diner for breakfast at 9:00 a.m.

The club's annual New Year's day pilgrimage to the Crooked River will begin with breakfast at Jake's Diner at 9:00 a.m. After breakfast, weather conditions permitting, we'll meet at Big Bend campground (the first campground below the dam) on the river. We'll begin with an introduction to the river, then a question and answer period, and finally the opportunity to fish.

There will be an optional "bring your own food and drink" lunchtime get together at Big Bend campground. During lunch, newer members will have the opportunity to gather more information about the river before they venture out again.

This year, we're going to try using a sign-in procedure to help assure that everyone gets off of the river safely at the end of the day. Please sign your name on the attendance sheet when you arrive. When you return home, contact me to let me know that you got home safely. Be sure to let me know about your success on the river. If I don't hear from you by the end of the day, I'll call you the next day.

Flows are historically low at this time of year, so wading should be easy. Bring your wading staff because there could be ice and slick rocks. Try to fish with a buddy. It's a great opportunity to share techniques and fly choice decisions.

Remember to get your 2008 license! Hope to see you all there for what should be a great day of fishing and tall tales!

I have very little personal knowledge of the Crooked River. I need a volunteer to talk about the river and lead the lunchtime get together. Please contact me ASAP to make arrangements.

Bob Evermore
619-606-7400 or bob@poesociety.com

OTHER NEWS

FFF rod building opportunity

The following rod kits are still available for purchase:

No. pieces	length (inches)	weight
2	108	9–10
4	108	12–14
3	102	14
3	108	12
3	180	10 (spey)
3	78	8

These kits are available to affiliate clubs through the Federation of Fly Fishers for rod building classes. The kit includes a blank, guides, reel seat, tip top, hook keeper, and grip. Cost for a kit is \$12.50, except for the spey kit, which is \$22.50. Contact Bob Griffin (389-2070) with a first, second, and third choice.

43rd Annual FFF International Fly Fishing Show/Conclave

Mark your calendar for the 43rd Annual FFF International Fly Fishing Show / Conclave. The dates are set for July 22 to 26, 2008, and the location is Whitefish, Montana. Whitefish is a small town located on the shore of Whitefish Lake—just a few miles from Glacier National Park and International airport. More information available from: <http://www.fedflyfishers.org/Default.aspx?tabid=4451>

Northwest Fly Tyer and Fly Fishing Expo – 20th Anniversary

March 7–8, 2008

Linn County Fair and Expo Center, Albany, OR

- 170 different tyers have registered
- 31 different vendors have registered (Seven booths are still available.)
- 3 hobbyists have registered for the entrepreneur village (Seven tables are still available.)
- 60 classes scheduled so far
- live auction items: Wasatch tools (32 wood inlaid tying tool set in a hand-carved box; issue 1 of 4); six fishing trips; 4 art pieces (One piece is from the sculptor Dave Allred.); John Shewey spey plate (Miss Jackson pattern); clas-

sic salmon fly plate by the Salmon Fly Saturday Group for Rich Youngers; Poster plate

With all of the classes and a casting tournament, this show should be exciting. Hope you can attend.

The new Web site (www.nwflytyerexpo.com) should be up and running thanks to a lot of hard work by Dan Shemik, with assistance from Garren Wood.

Jim Fisher, Chair

WILD WOMEN OF THE WATER

Programs scheduled for 2008

We have a great lineup of programs scheduled for the new year. On January 8, professional photographer, fly fisher, world traveler, and local resident, Judith O'Keefe, will share tips and techniques about fishing and photography. Be prepared for an awesome slideshow. For more information and to reserve a seat, contact Terri (sonata@teleport.com or 318-0567) or Delores (ladyd@bendcable.com or 382-7595).

Programs that you won't want to miss in February and March include European nymphing techniques and fishing in Patagonia.

Terri Grimm



CONSERVATION

Metolius redd counts

It's that time of year for redband redd counts on the Metolius River. Surveys this year will go from the headwaters to Spring Creek, and we'll survey the lower 1/2 mi of Lake Creek starting in February. On our first count, Ted and I found 21 redds and saw two redband on redds. (It's rare to see the fish.) We need 1 to 2 additional surveyors for each date. If you are interested, please try to email me in the next couple of weeks with the date(s) you would like to help. Generally, we meet at Sisters Ranger District at 9:00 a.m. You will need chest waders, warm clothes, polarized glasses, food, and water. If for some reason you cannot make it, contact the survey leader or myself.

*Nate Dachtler, 541-549-7725
Sisters Ranger District Fishery Biologist*

2009 Oregon Sport Fishing Regulation Development Process

Club members, every four years the Oregon Department of Fish and Wildlife (ODFW) develops Oregon Sport Fishing Regulations by utilizing a "Public Process". This process allows ODFW and Oregon State Police (OSP) staff and the general public an opportunity to propose new or modified sport fishing regulations. A series of Public Meetings will also be held throughout Oregon to get public input on all proposed angling regulations.

The last Public Process occurred in 2004 and was intended to cover angling regulations from 2005 through and including the year 2008. The current public involvement process will be used to shape Oregon Sport Fishing Regulations from 2009 through and including 2012. The 2009 Oregon Sport Fishing Regulation development process was initiated in September of 2007 with development of ODFW and OSP staff proposals and will conclude in September 2008 when the Commission adopts the 2009 Oregon Sport Fishing Regulations. During "Interim Years" (between major Public Review years), the Fish and Wildlife Commission has directed that angling regulation changes be limited to conservation needs, inadvertent restrictions, clarifications and noncontroversial opportunities.

I will briefly discuss the process at the January 2008 general meeting. I encourage you to go to the ODFW website (http://www.dfw.state.or.us/resources/fishing/docs/2009_Public_Process_Packet.pdf) to check out the ODFW document outlining

the process. The document discusses the role of the Angling Regulation Review Board, Review Board screening criteria, the regulation process and meeting schedule, how to participate in the public process, a summary and complete list of ODFW and OSP proposals for the 2009 angling regulations, and an application to submit an angling regulation proposal. The 2008 public meeting for Bend is tentatively scheduled for May 14 from 7 to 10 pm. There is a summary of ODFW proposals statewide and by region. I've included the Central region summary for your review.

Central Zone

Staff have proposed a reduction in the daily catch limit for kokanee from the bonus bag limit of 25 kokanee per day to the general trout bag limit of 5 trout/kokanee per day. This proposal is in response to decreasing trend in kokanee spawner abundance and concern that future changes in reservoir dynamics could affect kokanee productivity. Models indicate that reducing the kokanee bag limit to 5 fish per day could increase kokanee escapement by 14%.

For Crane Prairie Reservoir, staff have proposed to eliminate the trout length restriction of only one trout over 16 inches and revert back to the Central Zone trout regulations which allow 5 trout per day, only 1 over 20 inches. ODFW fish inventories have shown an increase abundance of hatchery trout escaping the fishery and moving into tributaries to spawn. This proposal will allow additional harvest of these mature fish and reduce numbers of hatchery fish escaping to spawn.

Bill Seitz

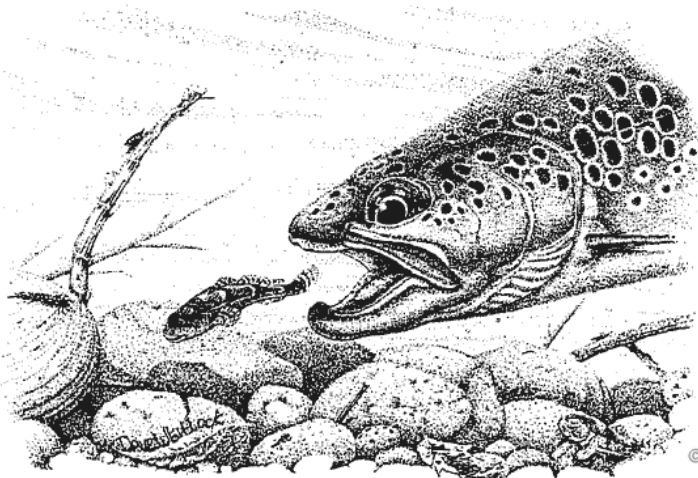


Illustration: Dave Whitlock. www.davewhitlock.com

MEET THE MEMBERS

Earl Rettig



Earl started his fly-fishing adventures 57 years ago at Piru Creek in Southern California. After graduating from college in upstate New York, he joined a major Wall Street bank, married his wife, Judy, and got busy raising three fine children and working hard to succeed in his banking career, leaving only occasional

time for fly fishing. After almost eleven years on Wall street, Earl and family moved back to the Los Angeles area where he accepted a position with what was then First Interstate Bank. He managed the bank's business in a 13-state area and also headed the bank's Trust Division.

Opportunities opened in Texas, and Earl and Judy moved to Houston. He was then transferred to San Antonio as Executive Vice President in charge of Trust and Professional and Executive Banking. While in San Antonio, Earl discovered that fly fishing was not restricted to trout fishing and that bass, red fish, and speckled trout were most fun when taken on a fly rod. Earl took up fly tying, founded the Alamo Fly Fishers (a Federation of Fly Fishers (FFF) affiliate club), and served as the club's first President. When his bank was acquired by another Texas bank, Earl joined the First National Bank of Boston as Regional Trust Manager for Cape Cod and the Islands. Living on Cape Cod, a fly fisher's paradise, he spent many happy hours fishing for striped bass, sea run brown trout, large and smallmouth bass, and other sports fish.

With the move East, Earl stayed active in fly-fishing organizations and served in several positions, including President of the Cape Cod Chapter of Trout Unlimited. He also became active in the North Eastern Council of the Federation of Fly Fishers, serving as Membership Chair, Treasurer, and President of the Council, which encompassed New York, New Jersey, and the New England states. As Council President, he served on the Board of Directors of the Federation and also was elected to the position of President of the Board of Trustees of the Federation of Fly Fishers Foundation, a post he currently holds.

After thirteen years on Cape Cod and having retired from business, Earl and Judy decided to move to the Pacific Northwest to be closer to their children and grand children, all of whom live in the Seattle area. After searching for a new home site, Earl and Judy relocated to Bend in July 2001. Earl joined the Central Oregon Fly Fishers four months prior to the actual move. Earl was elected to the COF Board a few months later and served as a Director for several years. During the past six years, he has devoted numerous hours to COF and Kokanee Karnival events and activities. In October of this year Earl, was elected as a Director and member of the Executive Committee of the Oregon Council of the FFF. He was recently re-elected to the COF Board and serves as Secretary.

Earl enjoys fishing anywhere. He has fished throughout Canada, the South, the Pacific states, the Northeast and North Central states, the Rocky Mountain states, Belize, the Bahamas, Ascension Bay, Ireland, and more. While all fly fishing is a blast, Earl says that there is nothing as exciting to him as stalking and hooking into a good sized bonefish. He would like to fish for that freshwater bonefish called a carp!



TYERS CORNER

Fly of the month

SNOWWWWW!!! The Christmas holiday brought snow to my part of the country, and it has filled the local mountaintops, at least for a while. Let's hope it continues.

This year's COF fly-tying meeting was fun and interesting. Members watched all of the tyers all evening. John Anderson spoke briefly about the insect counts from his study of the Crooked River; one of the insects he mentioned was a sowbug (cressbug).

I have never used or tied a sowbug. I decided to create a pattern for one because there aren't many patterns available for this insect. You may be wondering how I can create a pattern. It's easy; just look at the real thing.

Any fly needs to have the following characteristics to be successful: it must be roughly the same size, it must have the correct proportions, and the fly must have one or more trigger features that the actual insect has.

I decided to use a curved hook for the basic shape. I then used lead to build the rounded body shape and give the fly some weight in order for it to get below the surface film. I chose a mixture of gray and black fine dubbing for the underbody color. Next, I needed legs. At first, I chose a stiff hackle, which looked O.K., but it did not have much movement, so I switched to ostrich herl, which moves well. For the shellback, I chose black Swiss straw. (Any scud back will work; you just have to color it with black marker pen.) For a rib, I used clear mono (old tippet material), colored black. I then coated the back with head cement, and something else which I have discovered and will share with those who want to work on this project.

Now comes the fun part. Because of the weather, I have not fished this creation yet. You tie this one and others, with your variations, and give it a try. Then we'll talk about what happened on the water. Puyans' and his advanced class used this approach; that's how flies are discovered. When we have tested and refined our creation, we will call it the "COF sowbug". For those who are really interested, contact me so we can discuss the results.

GOOD LUCK. Let's keep in touch on this one.

Jerry Criss

541-536-3581 or tlfly44@msn.com

Happy hunting and have a great NEW YEAR.

COF Sowbug



Hook: any heavy wire scud hook, #12 to #16

Thread: black, 8/0

Body: Use lead wire to create shape; then dub a mixture of black and gray fine dubbing.

Legs: ostrich herl, black, fairly long barbs

Shell Back: any scud back material colored black, or black Swiss straw

Rib: monofilament (old tippet), 6x or 7x is fine, colored black

Head: same color as the thread

Start by tying the lead in the middle of the hook to create the basic shape and size of the insect. Next, tie in the shell back and work the thread up and back to cover the lead and shell back material; stop at the rear of the fly. Tie in the monofilament and the herl at the rear of the fly. Stretch and color the monofilament. Dub the thread and wrap the body forward; stop at the front of the lead. Bring the herl forward, wrapping it over the dubbed body like a rib and tying it off. Bring the shell back material forward over the back, and tie it off with two wraps of thread. Bring the monofilament forward; wrap it in close, even spacing. When you get to the tying thread, take two wraps over the thread, lift up the backing material, and put two half hitches with monofilament behind the hook eye. Cut off the shell back material and the monofilament as close as you can and finish with a nice, neat head. Carefully coat the shell back material; take care not to get any on the herl. Turn the fly upside down and trim down the middle of the fly so legs are on the sides only.

Central Oregon Flyfishers Up-Stream Events 2008

Date	Time	Activity/Meeting	Location	Contact
JANUARY				
Jan 1	9:00 am	outing – Crooked River	Jake's Diner, Big Bend Campground	Bob Evermore
Jan 3	6:30 pm	monthly Board meeting	Environmental Center, Bend	Yancy Lind
Jan 8	6:00 pm	Wild Women of the Water	Environmental Center, Bend	Delores Marsh
Jan 9, 23	9:00 am	redd counts	Sisters Ranger District	Ted Wise, Nate Dachtler
Jan 10, 16, 24, 31	6:30 pm	weekly fly tying	Bend Senior Center	Sherry Steele
Jan 16	6:30 pm	general meeting	Bend Senior Center	

IN THE FUTURE

Feb 6, 20	9:00 am	redd counts	Sisters Ranger District	Ted Wise, Nate Dachtler
Mar 29		Annual Banquet	Bend Senior Center	Larry Godfrey
May		riparian planting, habitat restoration	tributaries to the John Day River	Scott Cotter
Jun 22		Hermann Fischer	Leighton Lakes, BC	

Non-Club Activities and FYI

Mar 7-8		Northwest tyers and fly-fishing expo	Albany, OR	Jim Fisher
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Ted Wise
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It's coming

Annual Banquet & Fundraiser

Great fun Great time Great food Great people Great deals Great cause

Now accepting donations for the bucket raffle, silent auction, and 52-card raffle. Will accept rods, reels, fly-tying vices, lanyards, fly-tying materials, flies, fly boxes, float tubes, multi-night stays in beautiful places, hand-crafted items, and all things fishing. Get the creative juices flowing and make something for the auction! For all of the great anglers in COF, how about donating a "guided" trip to your favorite fishing hole?

Dennis Rockwell (rockwell@bendcable.com or 788-1099)

March 29, 2008 **Donations are tax deductible!**

2007 COF Board Members: Yancy Lind PRESIDENT Dennis Rockwell VICE PRESIDENT, Raffle Susan Telford TREASURER Earl Rettig SECRETARY Dave Magaret Programs
Bob Griffin Historian Emil Seidel Larry Godfrey Banquet Dave Semich Past President Dick Olson Membership Bill Seitz Conservation Lee Ann Ross Education
Bob Evermore Outings Dave Dunahay Kokanee Carnival Delores Marsh Wild Women of the Water

Fishy DeFINitions*: Match the salmon words on the left with the definitions on the right. There are more definitions than there are words, so watch out for fishy definitions!

- | | |
|---|--|
| <ol style="list-style-type: none"> 1. brackish water 2. cobble 3. ecosystem 4. fingerling 5. fry 6. gill 7. imprinting 8. predator 9. prey 10. riprap | <ol style="list-style-type: none"> A. interaction of living creatures with each other and the world around them B. a salmon with a damaged tail fin C. word describing how a salmon stores up information about its home stream D. water polluted by factory waste E. young salmon that has left the gravel and is starting to feed F. water-worn stones, between 10 and 30 cm across G. a natural sonar device by which fish find their way in the dark H. animal (including humans) that hunts and eats other animals I. young fish, about 10 cm long J. rocks used to keep streambeds from eroding K. animal that is hunted and eaten L. slightly salty water M. organ used by fish to breathe |
|---|--|

10. J
9. K
8. H
7. C
6. M
4. E
4. I
3. A
2. F
1. L

*Source: Department of Fisheries and Oceans, British Columbia, Canada

**Membership application available from: <http://www.coflyfishers.org>
Mail all newsworthy items to cof@sonatainc.com**



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active member club

