

The Central Oregon Flyfisher

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RANDOM CAST

Bob Mullong (a.k.a. Captain Caddis) recently received an award from ODFW in recognition of his 1000 hours of volunteer service for the Angler Education program! Congratulations Bob on this incredible accomplishment. Bob's efforts are an outstanding example of the time and resources that so many club members contribute to our community. I am in awe of everything that club members have accomplished in the past. I know we can accomplish more in the future.

COF has some great programs lined up for general meetings in 2009. Scott Robertson did a wonderful job of teaching us about winter fishing. Within an hour of Bend, we have great fishing year around. With Scott's information we have a clearer understanding of how we can take advantage of our rivers. In February, Jason Borger will be in Bend for two days to share his knowledge and techniques at the winter seminar. (The seminar will be held Feb 18 and 19 at Aspen Hall. Seating is limited, so make your reservation now. See page two.) Jason is an accomplished fisherman and a very entertaining teacher. We scheduled the winter seminar so Jason could also give a presentation at the general meeting in February. Our June general meeting will feature Dave Hughes. Dave is the editor of *Flyfishing and Tying Journal* and the author of nearly 20 books. Needless to say, the guy is a wealth of knowledge. Don't miss the June meeting.

I had the privilege to attend the 2009 Leadership Conference of the Federation of Fly Fishers Oregon Council. We are fortunate to live in the great state of Oregon! The topic this year was conservation. There is a lot going on all across the state, from small clubs on the coast collaborating on tree planting projects to larger clubs tackling stream restoration. COF is involved in a number of conservation projects. One example is the Crooked River project. Gene McMullen, Frank McKim, Steve Williams and other volunteers have spent countless hours tracking fish movement for an OSU/ODFW study.

Let's not forget we are a fishing club. The outings committee has organized an outstanding lineup of outings this year! Look at the schedule on page two. We will be going to different places and in some cases, staying longer. We will also try new ideas to make the outings even more enjoyable. Curious? Contact one of the outings leaders and ask them what they have in store. I think you'll like what you hear.

One more thing. **DON'T FORGET THE BANQUET!** Make your reservations early to qualify for the early-bird drawing. Tight lines.

– Dennis Rockwell



GENERAL MEETING

The making of *A River Runs Through It*

February 18 | 6:30 p.m. | Bend Senior Center, 1600 S.E. Reed Market Road, Bend

Jason Borger, writer, fly-fishing educator and master caster, will talk about the making of the movie *A River Runs Through It*, in which Borger played Brad Pitt's double.

Borger will give us a behind-the-scenes view of how the movie was made, including conservation issues that were of concern during filming. If you want to know how movie makers brought a sense of realism to this movie and how Brad Pitt made all of those wonderful, graceful casts, don't miss this meeting. (Pitt didn't really make the casts; they were done by Borger.)

Borger holds a degree in Film and TV from the University of Wisconsin. His background and expertise as a fly fisherman landed him the job of Brad Pitt's double in the movie. More information about Borger is available from:

www.jasonborger.com

Borger will be in Bend for a two-day, in-depth, fly-fishing seminar, February 18 and 19. If you are interested in attending this seminar, contact Lee Ann Ross (312-2568).

EDUCATION

Fly rod-building class

Harry Harbin will teach this class, and there is still time to enroll. If you are interested, contact Lee Ann Ross (rossleeann@yahoo.com or 312-2568).

Winter fly-tying classes

every Tuesday | 6:00 to 9:00 pm | Bend Senior Center, 1600 S.E. Reed Market Road, Bend | \$5 per class | COF members only

Winter fly-tying classes are underway. Bring your own tools and thread. All other materials will be supplied. For more information, contact Sherry Steele (steelefly@msn.com or 549-2072).

Winter seminar

February 18 & 19 | 9:00 am to 4:00 pm | Aspen Hall, Bend

It's time to sign up for the COF Winter Seminar, which will be held Wednesday and Thursday, February 18 and 19 at Aspen Hall. Our speaker will be Jason Borger, writer, fly-fishing educator, master caster and the shadow caster in the movie *A River Runs Through It*. Jason's program will include seminars on nymphing, presentation, mending, casting demonstrations and instruction, as well as fly tying. The seminar will be limited to the first 60 members of COF or Sunriver Anglers whose \$60 payment is received. Non-members who are interested in participating will be put on a waiting list

and will be able to attend if the class is not filled. Lunch will be provided. Send your check, payable to Central Oregon Flyfishers, to Lee Ann Ross, 3062 NW Underhill Place, Bend OR 97701.

– Lee Ann

rossleeann@yahoo.com or 312-2568

OUTINGS

Listed below is the tentative schedule for outings in 2009. (The schedule is subject to change, depending on weather and conditions.) We have scheduled weekday and weekend outings almost every month, on a variety of waters, including some overnight trips.

Each outing will have a designated leader/contact person. Several club members have volunteered to lead outings and share their knowledge. COF can offer additional outings if someone is willing to lead the outing. Want to lead an outing? Have questions or comments? Please contact me.

– Yancy Lind, Outings Coordinator

yancy_lind@ml.com or 788-5514

Outings 2009			
Month	Day	Leader	Destination
Feb	11	John Anderson Scott Robertson	Crooked River
Mar	14	Yancy Lind	Lower Metolius (below Bridge 99)
Mar	20-22	Lee Ann Ross	Owyhee River
Mar	26	Harry Harbin	Ana River
Apr	14	Wild Women	Metolius River
Apr	25	Dave Semich	Davis Lake
May	6	Bob Cooper	Wickiup Reservoir & Sheep's Bridge
May	9	Yancy Lind	Middle Deschutes
May	21-23	Bill Seitz	Krumbo Reservoir
Jun	5-7	Bob Mullong	Prineville Reservoir
Jun	12-14	Dave Semich	Diamond Lake
Jun	18-27	Daryl & Nancy Loveland	British Columbia
Jul	10-12	Yancy Lind	Williamson River
Jul	24-26	Bob Mullong	Upper Deschutes at Cow Camp
Aug	7-9	Don Schnack	Willamette River
Sep	8-13	Mark Reisinger	Cascades Lakes
Sep	25-27	Scott Robertson	Diamond Lake
Oct	8-11	Larry Godfrey	Lower Deschutes (steel-head)
Nov	21	Bill Seitz	Crooked R. cleanup & outing

February outing – Crooked River

Feb 11 | Meet at Lower Palisades Campground at 10:00 am. | leaders: John Anderson & Scott Robertson

This outing will focus on introducing new members to winter fishing on the Crooked River. However, ALL COF members are invited to join the outing. Leaders plan to emphasize and demonstrate variations of the Czech nymphing technique, but other nymphing techniques also will be discussed. Demonstrations will be followed by individual instruction.

Where to Meet: Lower Palisades Campground at 10:00 a.m. If necessary, we'll break into small groups for fishing at more than one reach. A map of the river campground locations and fishing pullouts will be provided.

Gear to Bring: waders, wading staff, boots, warm clothing, lunch and beverage

Flies to bring: All flies should be size 18 or 16. Prince nymph; fly formerly known as Prince; Bob's fly; Pheasant tail (regular or BH or flashback); BWO nymph patterns; Brachycentrus case caddis nymph; yellow or orange egg pattern, Zebra midge (black); Frenchie (Scott Robertson pattern); and a size 12 dark gray scud with shiny back

Who to Call: This outing is weather dependent. Call John Anderson (385-8693) or Scott Robertson (598-7983) the day BEFORE the outing to make certain the outing will be a GO.

CONSERVATION

Invasive aquatic species and felt-soled wading shoes

Past newsletter articles have discussed several aquatic invasive species, such as didymo (rock snot), the New Zealand mud snail and whirling disease. These species are or will be an eminent threat to Central Oregon's watersheds. We all have stories about how felt soles on our wading shoes have "saved our bacon" while wading in Oregon's slippery trout streams. Unfortunately, the same characteristics that allow the oldest fabric on Earth to help keep anglers safe also make streams

and rivers unsafe for trout and other species. Due to the makeup of felt – microscopic scales bind its individual fibers to each other and allow the material to grip when it's wet – felt-soled wading boots are easily impregnated with mud and other organic matter and are difficult to completely clean and disinfect. As a result, anglers can unknowingly transport aquatic nuisance species from river to river. Recently, Trout Unlimited (TU) called on fishing-gear manufacturers to eliminate production of felt-soled waders and wading boots by 2011. In fact, several state game and fish agencies have already banned the use of felt gear by their employees. Last October, New Zealand banned the use of felt-soled wading boots for fresh-water fishing throughout most of the country. A request from the Utah Division of Wildlife Resources spurred TU to make its request. The agency felt (no pun intended) there was overwhelming scientific evidence that felt can transfer invasives from river to river.

One of the biggest challenges to eliminating felt-soled wading boots will be to convince anglers to make the switch amid a widespread belief that felt is the best option for safe wading. Several fishing industries have responded with newly-developed technologies to meet the challenge. Simms has announced that it will voluntarily eliminate its line of felt-soled wading boots and bootfoot waders by 2010. In 2005, Patagonia introduced a line of wading boot featuring a sticky rubber sole. In spring 2009, L.L. Bean will introduce a new line of wading shoes designed to ensure that nearly every element built into the shoe in some way helps to reduce the spread of invasive species. The folks at Patient Angler have been using the Simms rubber sole/steel cleat boot this winter and they have worked great. When I lived in Alaska, I resoled a pair of boots with the Aqua Stealth rubber soles and they worked great.

But, here is the take home message for COF members: Even with the introduction of new sole technology, anglers should still take steps to clean, disinfect and dry their boots. While felt soles are one of the materials most susceptible to aquatic nuisance species, invasives can also stow away in eyelets, tongues and even the seams of boots and waders. If you are in the market for new wading boots, do the fish a favor and try out some of the new models featuring rubber soles.

– Bill Seitz, Conservation Chair

WILD WOMEN OF THE WATER

During February, Wild Women will combine their monthly outing with COF. Join us on the Crooked River to learn about nymphing techniques from the masters – John Anderson and Scott Robertson. We'll also gather for a Wild Women and Wine Tasting event. Watch your e-mail for more details.

– Terri Grimm



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rodger@carbonesflyfishing.com

www.carbonesflyfishing.com

OTHER NEWS

E. F. Payne Rod Company comes to Bend

The E. F. Payne Rod Company has relocated their workshop and small store front to Bend, according to head rod-smith Dave Holloman. Some blanks and components from E.F. Payne, as well as other major manufacturers, are available for sale. The store is located at 490 NE Butler Market Rd, Suite 100, Bend.

– *Jeremy Sackett*

Thank you COF

For more than 12 years, Central Oregon Flyfishers have supported WaterWatch of Oregon and its important mission to protect and restore Oregon's rivers and streams. All of us at WaterWatch appreciate your dedicated and generous support. As many of you may already know, WaterWatch works to ensure that enough water is left in the rivers to sustain the fish, wildlife and people who depend on healthy rivers.

We'd like to invite all COF members to visit our Web site and learn more about our work across the state. You can also sign up for our electronic member newsletter and action alerts. We send out a quarterly member updates and occasional action alerts about water issues that may affect you directly. We promise not to swamp you with too much e-mail! Visit us at www.waterwatch.org.

– *Stacy Webb, Development Director
WaterWatch of Oregon (503.295.4039 x 4)*

American Fisheries Society annual meeting

The Oregon Chapter of the American Fisheries Society will hold their annual meeting and conference in Bend, February 25 to 27. More information available from: www.orafs.org/meeting2009/Annual09.htm

Shivonne Nesbit will give a presentation on her Crooked River research on February 25.

– *Jen Luke*

Sending COF e-mail notices to members

If you would like to send an e-mail notice to all members of COF, mail your request to one of the members listed below. If you receive a "vacation notice" message, forward a copy of your e-mail request to another member on the list. To avoid duplicate messages, make sure you "cc" the first member that you contacted so that person knows that someone else sent the message.

When making a request by e-mail, please attach your notice as a Microsoft Word document. (If you include your notice as part of your e-mail, sentences are sometimes garbled, and the member who distributes the notice needs to do extra work to correct the notice.)

For 2009, the following members may distribute e-mail notices to COF members:

Dick Olson	richardolson@bendbroadband.com	383-4412
Dennis Rockwell	rockwell@bendcable.com	788-1099
Sherry Steele	steelefly@msn.com	549-2072
Craig Dennis	denniscb@bendnet.com	548-1689

COF Web site changes

The COF Web site (www.coflyfishers.org) site has undergone some changes. Here are new things you will find on the site:

- Send e-mail directly to some board members – Click **Contact** to display a list of board members who have direct e-mail.
- Information about current club activities on the **Home** page – Currently, the Home page includes information about the upcoming annual banquet and winter seminar.
- Calendar of events – Click the menu item **Calendars** to display a calendar of events for every month.
- Two versions of the newsletter – One version has photos and the other version has placeholders for the photos; the text is identical. Both versions are printable. If you have a slow Internet connection, try opening the version with no photos.

In the coming months, there will be additional changes to help you keep in touch with COF events and activities. Visit the Web site often.

Custom Fly Tying Desks



Custom made from most lumbers (all solid wood). Solid maple dovetail cubbies. Stained and lacquered finish. Call for a custom quote.

Gordon Pennock Custom Woodworking
541-410-9734

Big Horn youth adventure

Press release, December 11, 2008

A great opportunity for young people to expand their knowledge of fly fishing is on the horizon. The Big Horn Youth Adventure is currently taking applications for this year's program in Fort Smith, MT on the banks of the world famous Big Horn River. Twelve youth, ages 14 to 18, will be selected by the Big Horn River Alliance for a four-day fly-tying and fly-fishing adventure! All meals, lodging, airport shuttles and guides will be provided free of charge. The participant's parents or guardian must secure air transportation to Billings. The program will run June 24 to 29.

Guiding will be provided by mature, licensed, insured professional guides who have logged thousands of days on the Big Horn. There will be a total of 24 guide days at NO COST to the kids. Tackle and fly tying tools will be provided if necessary.

Anyone who is interested must fill out an application form. The form contains general information including contact information, questions regarding angler experience, health and diet questions and more. There are also three essay questions at the conclusion of the application that can be attached.

If you have questions or would like to apply, contact Frank Johnson (307-672-5164 or bghrnhkl@wavecom.net).

Applications must be received by March 31, 2009. Those selected will be notified by April 15.

If Frank is not available, contact Matt Wilhelm (406-222-9369 ext 103).

Northwest Fly Tyers & Fly Fishing Expo 2009

March 13 & 14, 2009 | Albany, OR

This expo is the main fund-raising event for the Federation of Fly Fishers Oregon Council and an outstanding educational opportunity for all fly-fishing enthusiasts. To register for any of 45 classes, purchase banquet tickets, view the tyers' schedule, see the list of vendors and learn more about the expo, visit the Web site: www.orcff.org

Bob Mullong receives award for volunteer service

Shahab Farzanegan, ODFW Statewide Aquatic and Angler Education Coordinator, presented Bob Mullong with an award in recognition of Bob's 1000 hours of volunteer service for the Angler Education program. The award was presented during Angler Education training at the ODFW Bend office on January 24, 2009.



Shahab Farzanegan (left) presents Bob Mullong (right) with an award in recognition of Bob's many hours of volunteer service. Photo: Delores Marsh

VOLUNTEER OPPORTUNITIES

Kid's fishing pond

Vivian Rockwell is organizing volunteers for the kid's fishing pond at the Central Oregon Sportsmen's Show, March 5 through 8. Volunteers are still needed for several four-hour shifts. For more information, contact Vivian (541-788-1105 or vivianrockwell@hotmail.com).

Bend Parks and Rec youth fly-fishing camp

June 15 to 17 | Shevlin Park | 9 am to noon | ages 9 to 14

This is your chance to have your children or your grand-kids learn fly-fishing basics with kids their own age. Kids will learn various casts, fishing techniques and strategies, fly tying, safe wading and basic insects that fish like to eat. Bend Parks and Rec will charge a fee of \$60 and enrollment will be through Bend Parks and Rec. COF member Warren Snyder will coordinate this camp. To volunteer to assist or for more information, contact Warren (541-548-6520 or drifterwds@yahoo.com).

COF Annual Banquet & Fundraiser

Saturday, March 28, 2009
5:30 p.m., Bend Senior Center

You're invited to attend COF's primary fundraising event to support the Kokanee Karnival Youth Education Program, club activities, membership services, our conservation program, and habitat restoration efforts. Join the fun, share stories, and dine on fine, delicious food. Have an exciting time with the raffle, pick up some high-quality flies or unique family items in the silent auction, and bid on great opportunities at the live auction.

Menu: tender tri-tip, fresh vegetables, dessert, two bottles of wine for each table, soft drinks – all included in the ticket price

BEFORE March 1 - \$25 per person & **Automatic entry in the early bird fly rod drawing** (This year's prize will be a TFO 4-piece, 5-wieght, 9-foot rod that retails for \$210.)

March 1 to 25 - \$30 per person

After March 25 - \$35 per person

Questions? Contact Eric Steele (549 -2072 or banquet@coflyfishers.org).

Remember
the thrill
of YOUR
first fish?



Mail the completed form and your check (\$25/person BEFORE March 1 or \$30/person March 1 to 25) to COF, P.O. Box 1126, Bend, OR 97709.

PRINT CLEARLY

Name _____

Spouse/Guest(s) _____

Mailing Address _____

City/State/Zip _____

Telephone _____

Amount enclosed (circle one): \$25 or \$30/person _____



Volunteers assemble egg displays

Thanks to COF volunteers, Kokanee Karnival classrooms will receive their very own egg to fry display. The display shows specimens of trout green eggs, eyed eggs, alevin and fry stages. Classrooms that receive the display will raise live rainbow and steelhead trout in their classroom this spring. Emil Seidel donated materials and made the wooden racks. Gene McMullen, Frank Turek, Bob Griffin and Delores Marsh carefully filled bottles with specimens from the Oak Spring's hatchery. Most of the materials and equipment, including these displays, for raising trout in the classroom are provided by COF and SRA member donations.

–Jen Luke



Photos: Delores Marsh and Frank Turek



TYERS CORNER

Now that winter has settled in and the fishing opportunities have dwindled, it's time to think ahead and plan your fly boxes for next year. Now is a good time to clean up the boxes, decide what worked and what didn't, remove flies that have no resemblance to their former self and sort everything in some order that only you know! It's OK to strip the hooks and tie a new fly on them. (With the increase in hook prices, this practice could help you save a few dollars.)

February kicks off the season for fly tying and sportsmen's shows throughout Oregon and the country. Don't miss the FFF Fly Tyers Expo in Albany on March 13 and 14. This show is the largest fly tyer's show in the country; some great vendors are scheduled to have a display again this year. The Central Oregon Sportsmen's Show will be held March

5 through 8. Once again, I will be tying at both shows. Don't forget the COF tying classes each Tuesday night at the Senior Center on Reed Market Road.

This month's pattern, the March Brown, is an old standard. I decided to bring it back before March arrives so you can have a few ready before the hatches start. This fly is patterned after the great Catskill flies of the Northeast. My sources have told me that this fly still produces today, although the shade of color has been changed slightly. The March Brown is the first fly I ever saw tied at the original Fly Tyers Expo, which was then held in Eugene; so this one holds great memories for me. Good luck and happy hunting.

— Jerry Criss

(541-536-3581 or tlfly44@msn.com)

March Brown



Hook: standard dry-fly hook, size 10 to 16

Thread: 8/0, light or dark brown/tan (depending on how dark you want the fly to be)

Tail: mallard or woodduck flank, light to dark, 8 to 10 barbs

Body: dry fly dubbing, light to dark brown/tan

Rib: pale yellow thread

Thorax: same dubbing as the body

Wing: bunch of mallard flank in dark brown/tan (Make the wing darker than the rest of the fly for good contrast.)

Hackle: one dark grizzly hackle and one light to dark ginger Cree hackle, depending on the color of pattern

Head: tying thread

Lock on the tying thread one-quarter of the way behind the hook eye and tie in the mallard flank wing, with the tips forward; the length should be at least 1½ times the hook gap. Make several wraps in front of the wing material to make the wing stand up, then split the wing with figure-eight wraps. Trim the excess wing material and cover with some good,

tight wraps. Take the thread back to the bend of the hook and tie in the tail along the way; keep the tail longer than the body. Tie in the rib material. Dub just enough of the thread to cover it and wrap forward toward the wing, stopping just behind the trimmed wing. Now bring the rib forward and tie off at the thread stopping point. Tie in the hackles one by one (their length should be as long as the wing), on top of the trimmed wing material. Dub about one-half inch of the thread for the thorax and wrap it in over the trimmed hackle stems. You should have just thread showing when you have finished; continue the thread on to the front of wing. Wind in the hackles one by one, with about four wraps each and ending up in front of the wing. Complete the fly with a nice clean head.

For advertising information, call Mike Shadrach at 541-678-5717.

BRAD HANSON
*Custom Fishing
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Central Oregon Flyfishers Up-Stream Events 2009

Date	Time	Activity	Location	Contact
FEBRUARY				
Feb 5		monthly board mtg.	Environmental Center	Dennis Rockwell (rockwell@bendcable.com)
Feb 11	10:00 am	OUTING – Crooked R.	Lower Palisades Campground	John Anderson (385-8693) or Scott Robertson (598-7983)
Feb 11		Wild Women		Terri Grimm (tgrimm@sonatainc.com)
Feb 18	6:30 pm	general meeting	Bend Senior Center	
Feb 18-19	9:00 am	winter seminar	Aspen Hall	Lee Ann Ross (rossleeann@yahoo.com)

IN THE FUTURE

Feb 18 & 19	TBA	winter seminar	Aspen Hall	Lee Ann Ross (rossleeann@yahoo.com)
Mar 28	TBA	annual banquet/fund-raiser for KK	Bend Senior Center	Eric Steele (549-2072 or steelefly2@msn.com)

Non-Club Activities & FYI

ongoing	Metolius redd counts. For more information, contact Nate Dachtler (549-7725 or ndachtler@fs.fed.us).			
Feb 14, 15	The Fly Fishing Show, Portland, OR, flyfishingshow.com			
Feb 21-23	Central Oregon Symphony performs, Terri Grimm (tgrimm@sonatainc.com)			
Feb 25, 26	American Fisheries Society Annual Meeting, http://www.orafs.org/meeting2009/Annual09.htm			
Mar 13, 14	NW Fly Tyer & Fly Fishing Expo, Albany, OR. Contact Sherry Steele (steelefly@msn.com).			
May 15	Sandy River Spey Clave, ladies day, Oxbow State Park, http://www.flyfishusa.com/spey-clave.htm			
Jul 28 - Aug 1	FFF International Show and Conclave, Loveland, CO			

Welcome New Members

Jerry Schmitt
 Rick & Karen Atwood
 Donna Hatheway & Don Morgan
 Don Wayne
 Larry Weinberg
 Bruce Willhite



Vials of eggs and fry ready for assembling in an egg display. Photo: Delores Marsh

2009 COF Board Members: Dennis Rockwell PRESIDENT Dick Olson VICE PRESIDENT Susan Telford TREASURER Earl Rettig SECRETARY Dave Magaret Programs Eric Steele
 Banquet, Fund raising Yancy Lind Past President/Outings Craig Dennis Membership Bill Seitz Conservation Lee Ann Ross Education Dave Dunahay Kokanee Karnival
 Delores Marsh Wild Women of the Water/Membership

seeking Banquet Donations

COF is seeking contributions of gift certificates for merchandise or services, outdoor equipment, meals, golf outings, or any other items. In the past, individuals have also donated hand-crafted items.

The success of the annual banquet depends on donations from generous individuals and businesses like you. Your contribution will be greatly appreciated, and all contributions are fully tax deductible.

Thank you for your kind consideration. If you have questions or would like to donate items, please contact Frank Turek at 541-318-7507 (home) or 602-819-3079 (cell) as soon as possible.



Winter Seminar

February 18 and 19 • Aspen Hall

**\$60 (includes lunch)
sign-up now**

A few seats are still available for the winter seminar, which features Jason Borger. Jason's program will include seminars on nymphing, presentation, mending, casting demonstrations and instruction, as well as fly tying.

Seating will be limited to the first 60 members of COF or Sunriver Anglers whose \$60 payment is received. Non-members will be placed on a waiting list and will be able to attend if the class is not filled.

Mail your check, payable to Central Oregon Flyfishers, to Lee Ann Ross, 3062 NW Underhill Place, Bend OR 97701.

**Membership application available from: <http://www.coflyfishers.org>
Mail all newsworthy items to cof@sonatainc.com by the 22nd of the month.**



Central Oregon Flyfishers

PO Box 1126 Bend, Oregon 97709



An active
member club

www.coflyfishers.org

For advertising information, call Mike Shadrach at 541-678-5717.